

NOVEMBER ISSUE



CRANLEIGH MAGAZINE

A photograph of firefighters at night, silhouetted against a large fire. One firefighter in the foreground has hands on hips, looking towards the fire. Another firefighter is visible in the background. The fire is bright orange and yellow, with thick smoke rising.

On Fire For Cranleigh

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November 2015

CRANLEIGH MAGAZINE

WELCOME to Cranleigh Magazine, a new magazine for people living, working and socialising in Cranleigh and Surrey.

It's a different kind of publication to those already out there, and is linked to its sister website www.cranleighcontacts.co.uk, allowing people to communicate and connect through their work and social networks. Take a look, register your business and enjoy reading some of our exclusive articles!

Why not submit your local news to the Cranleigh Magazine or advertise your business, keeping Cranleigh and neighbouring villages informed and on fire with a heat of communication!

Contact 01483 275054 or email: paul@cranleighmagazine.co.uk

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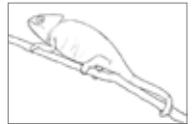
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Colin the Chameleon, from Cranleigh, is hidden somewhere in the magazine. Can you spot him?



Cover Photo © Steven Owen
Cranleigh Bonfire

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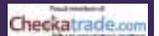
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The way we were ^{The} Joy of Cranleigh

Joy Horn brings some anecdotes of 100 years ago

What was happening in Cranleigh in November 1915?

The Great War was grinding on, with news coming regularly of young men killed and wounded. It was announced that 'Oaklands' in Knowle Lane would shortly be opened as a hospital for convalescent soldiers, to be run by the Voluntary Aid Detachment of the Red Cross, thanks to the generosity of Sir George Bonham of Knowle who owned the house.

In the Village, the War was increasingly affecting all aspects of life. The organist of the parish church had enlisted in the Army Service Corps, so at Harvest Festival it was possible to sing only the simplest chants and hymns. The women of the Liberal Association had been busy with their knitting needles, and in November they sent their third parcel to the Front. It consisted of 12 pairs of knitted socks and 3 pairs of knitted slippers. Presumably every little helped.

Hardly any cricket matches had been played in the summer, or were likely to be arranged for next year, so the Cranleigh Cricket Club asked the Parish Council for its rent for the cricket ground on the Common to be reduced from £3 a year to one shilling (5 pence) for the duration of the War. Amazingly, the Parish Council agreed! ■

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People Profile



Who's who?

**Some people work under the radar
and you never knew they existed, until now!**

Peter Symonds

Landscape Artist, Ewhurst.

Peter Symonds was born in 1964 in Surrey and continues to live in the countryside of that same county with his wife and two children in Ewhurst. He started painting full time having graduated from Leicester University in 1986. He is self-taught, though in the early days of his career, Peter enjoyed help and guidance from the wildlife artist David Shepherd.

He paints exclusively in oils on canvas. His work has been exhibited widely, and hangs in many collections both at home and throughout the world. Many of Peter's paintings have been reproduced by the Fine Art publishers Solomon and Whitehead, and since 1998 he has published many of his own prints, predominantly of the English Lake District.

In 2001 he received an award for two prints of the Mediterranean. His work has also been reproduced as greeting cards and calendars. Peter travels widely, both at home and abroad, in search of subjects – but it is to wild and remote places that he is particularly drawn. His paintings are fundamentally born out of a deep love for the great outdoors – and he is passionate about the landscapes that he interprets in his work.

Although he has to be moved by the scenery itself, it is normally the play of light on it that most excites him. His aim is for his paintings to grab the attention of the viewer, often through the use of strong tonal variations and an interesting play of light and colour.

He loves to paint a wide variety of scenery throughout each of the seasons, as he believes it is all too easy to stagnate by limiting one's subject matter. He particularly enjoys painting, walking and camping in wild mountainous places, whether it be the Himalayas, Alps, Scottish Highlands or the English Lake District.

These expeditions provide him with a wealth of subject matter and are intrinsically entwined with his ethos of being a landscape painter.

Exhibitions

W H Patterson Gallery, London W1

Clifton Gallery, Bristol

Bourne Gallery, Reigate

Beckstones Gallery, Lake District

Cromwell Coffee Shop





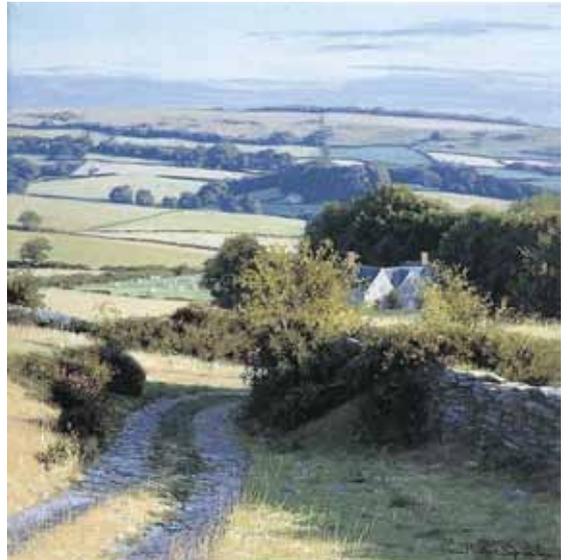
Shere. Oil on canvas.



Tarn-Lake District. Oil on canvas.



Snowdon. Oil on canvas.



Dorset. Oil on canvas.



Newlands Corner. Oil on canvas.



Cranleigh Landscape. Oil on canvas.

To contact Peter and chat about his work or a commissioned piece please call him or visit his web site. ■

01483 548763

www.petersymondsartist.co.uk

email: pvsymonds@talktalk.net



Crane Spotter:

tales from a Cranleigh birder



Siskin

November – fireworks have arrived

The boys are back in town! Or village, if that's what you prefer to call it. And the girls too. I'm talking of Siskins, those tiny finches that brighten many a dull winter day in and around the Surrey Hills.

So far it has been something of a mini invasion. Scores of these yellow, green and black-striped birds have irrupted from north and east Europe to feast on Autumn's conifer, alder, and birch seed harvest.

They are currently roaming the forests around the Greensand Way. You will hear them first – chattering, squeaking and wheezing as flocks of a score or more skip just above tree level to raid the next larder.

Often these little bounders don't seem to know where they are going. Excited groups can unpredictably explode like fireworks in all directions before agreeing the best route.

But they are brilliant navigators. Some have made it down from Scotland to join small but increasing numbers of this species who are now breeding locally. But others have flown much further, from Scandinavia, the Baltic countries, Russia, and the Ukraine.

When food supplies in Winterfold and Pitch Hill run out then you can attract them down into your garden with sunflower hearts and see

these goldfinch-sized birds close up. They rarely arrive in my garden until well into January.

Last winter was a very poor year for siskins in much of the south of England as there were plentiful food supplies further north. But this year they started arriving as early as July. So do enjoy these agile avian tigers while you can. Next year will be different. ■

On fire for Cranleigh

As the warmth of the autumn colours gives way to winter bleakness lets be 'on fire' celebrating our locality this month. Make a date to come to Bonfire night, enjoy a walk in the woods kicking the leaves as you go, and embrace the Fayres that herald the Christmas season.

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News

from Cranleigh Scout Group October 2015

Pitched tents on a recent camp outing.



Bob a job week, Scout jumble sales and old newspaper collections are distant memories and you are now more likely to find Scouts honing their axe and outdoor cooking skills on Cranleigh Showground. They still raise money for good causes, both local, such as Cranleigh's Riding for the Disabled and international, with Guildford Scouts Nepalese Disaster appeal, but safety issues mean you will not find them knocking on your door at the weekend.

In recent years Scouts may have had a lower profile than in the past, but Cranleigh Scouts along with the Guides next door, remain one of the most popular child and youth organisations in our village. Indeed most will only have noticed the stirring sight of our parade and procession to the War Memorial on Remembrance Day, which is fully supported by parents and siblings. You may not realise that you were parked by Scouts at the Cranleigh Show or on Fireworks night, but I hope you enjoyed our prize winning floats in Cranleigh carnivals, or have seen our Surrey Scouts promotion trailer at village events.

Let me tell you about where we are today. We have over 160 uniformed members of Beavers (aged 6 to 8 years), Cubs (aged 8 to 10.5 years) and Scouts (aged 10.5 to 14 years). There are three Beaver Colonies of 18, three cub packs of over 20 and two Scout Troops of 20 plus. To run and organise such a Group within the Scout Association umbrella we have a gifted team of over 30 uniformed leaders and devoted helpers.

Also in May 2014 we re-started Scouting in Ewhurst Sports Pavilion with Wednesday evening meetings for Beavers and Cubs. This took some 42 children off our waiting lists but we need more adult volunteers before we can take on more recruits. We are indebted to Cranleigh Parish Council, Ewhurst Parish Council, Cranleigh Lions and Masons and the British Legion for their support in bringing adventure to local youngsters.

In 2015 we have held many successful events and our youngsters have been on some truly spectacular camps. But it is not over yet, and we have more exciting ventures lined up for the rest of the year! To read about this year's activities you will have to get next month's issue.

For more information on meeting times and dates please visit our website <http://cranleighscoutgroup.org>. Thank you - **Dave Saunders AGSL** ■



Girl Scout just having fun and marshmallows!

■ A very special mention of thanks to Jeff Mitchell of 'Mitchell and Sons' who has supported the group by giving his time and work free of charge.



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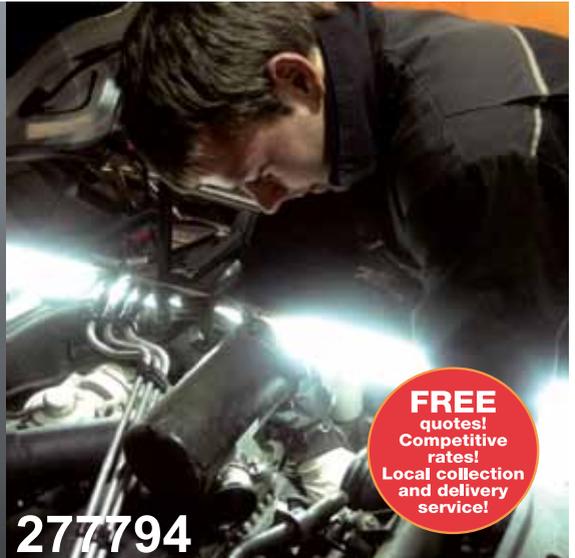
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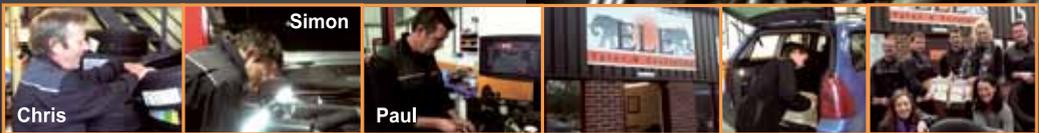
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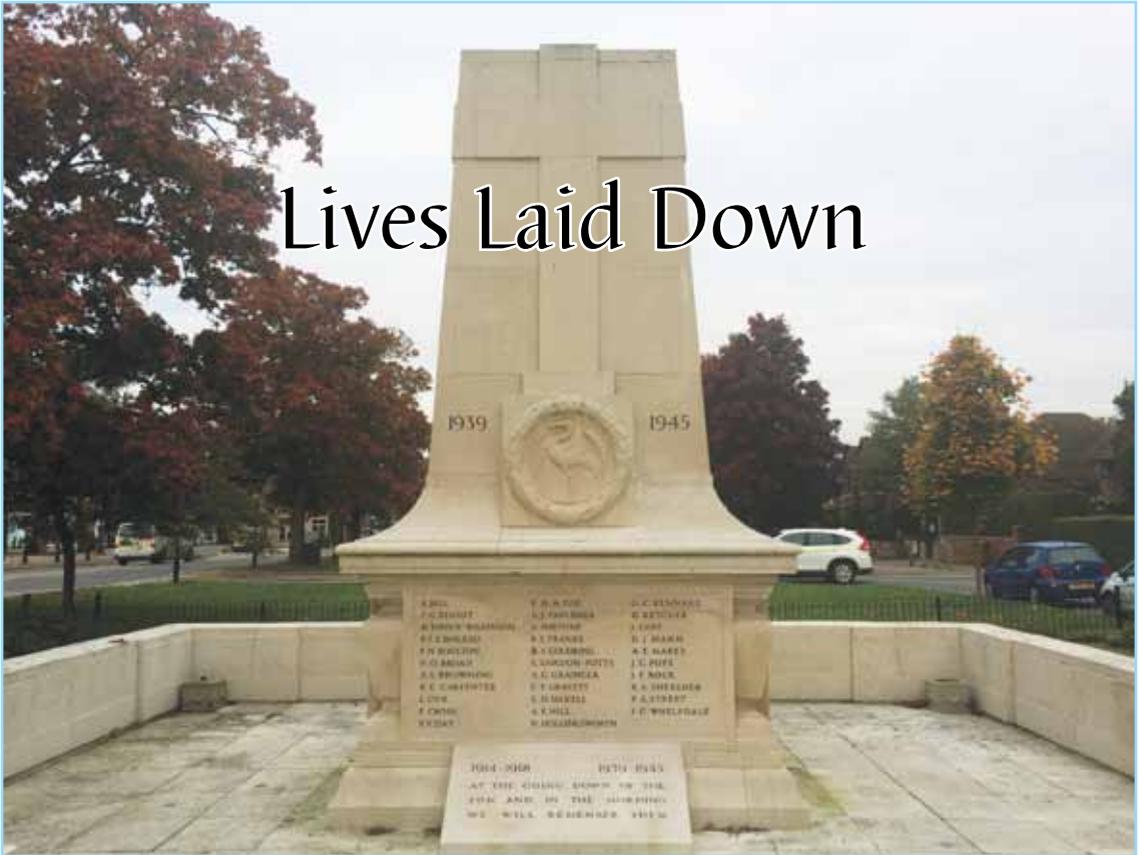


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Lives Laid Down

These are some of the 112 named in ‘Cranleigh’s Roll of Honour’ compiled by P. Wilkins & I. Stedman. Names of casualties who fell in the First World War. A sacrifice that STILL continues today in our ‘war torn world’ and troubled times.

So many local people who gave everything that we might live and be free. Read the names carefully, quietly, and reflect perhaps, on the people you knew, are related to, or just want to pay silent respect to. Perhaps Jesus’ words are helpful, ‘Greater love has no one than this, that one lay down his life for his friends.’ (John15: 13) What a cost! ■

See if you can read and remember all the names from the photo shown above.

R. Bell, F.G. Bennet, M. Berdoe-Wilkinson . . .

The Remembrance Sunday Service will take place at the War Memorial in Cranleigh High Street on Sunday 8 November at 10.45am.

Remembrance Day

In many parts of the world, people observe a two-minute silence at 11am on 11 November.

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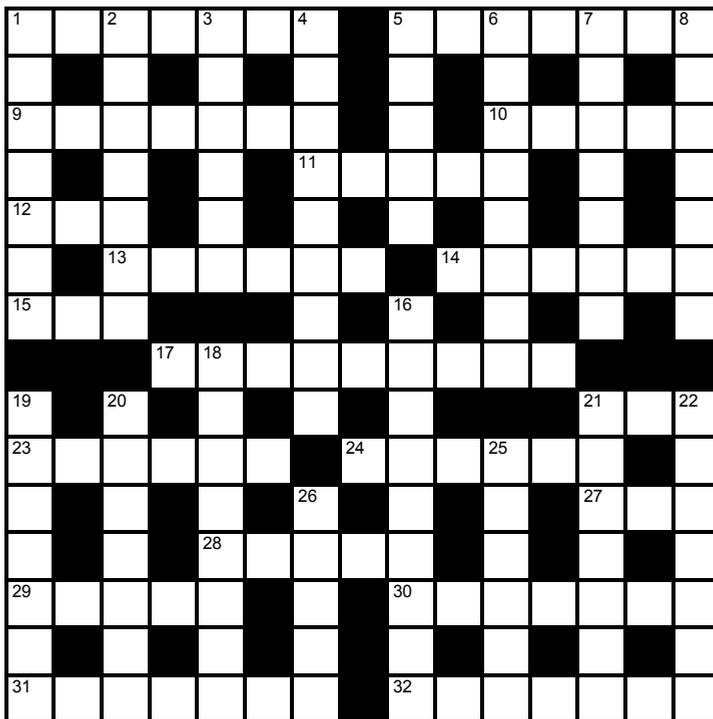
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November Crossword Puzzle 1 - Medium Level



Across

1. Writ (7)
5. Cheat (7)
9. Pertaining to the palate (7)
10. Roofing stone (5)
11. At that place (5)
12. Single unit (3)
13. Darkening of the skin by sunlight (6)
14. Self-defence (6)
15. Definite article (3)
17. Sugar (9)
21. Deranged (3)
23. Person who reads (6)
24. Spanish fleet (6)
27. Revolution (3)
28. Door handles (5)
29. Porcelain tableware (5)
30. Distinctive (7)
31. Intellectual (7)
32. Time between sunrise and sunset (7)

Down

1. Sustain (7)
2. Inhabitant of Malta (7)
3. Choice (6)
4. Seawater (4,5)
5. Outmoded (5)
6. Body of aeroplane (8)
7. Native of Arabia (7)
8. Unrealistic person (7)
16. Downcast (9)
18. Remains of anything ruined (8)
19. Item (7)
20. Support (7)
21. Cocktail (7)
22. Communicate (7)
25. Blood vessel (6)
26. Pierced with horns (5)

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Youth Group Wednesday and Sundays - you will need to contact **Dan and Martha** about their contacts and times.

Food Bank 1st, 3rd and 5th Friday mornings
 10am to 12noon with Drop in Café.

November Sudoku Puzzle 1 - Easy

2				7				5	
			8			5	4		1
	7	3						6	2
		4	2				6		
			7		1				
		2			4	8			
1	9						2	4	
3		5	1				7		
	8			6					3

November Sudoku Puzzle 2 - Hard

		8					3	2	5
	7				3				
2		6	5						8
	4	7			5				6
			4	9	3				
9				7			8	3	
7					5	6			9
				6				5	
5	6	4					1		



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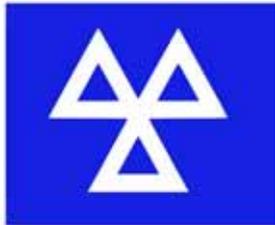
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Mechanical Engineering Services work with all makes and models of car and commercial vehicles, and also boast a staff of highly qualified Main Dealer Master Technicians who specialise in various particular makes - Meet the team on the new company website www.mescranleigh.co.uk.

If your car is under three years old, and still covered by dealership warranty, any work undertaken by Mechanical Engineering Services will preserve that warranty, so you needn't worry about going back to the dealership direct.

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There are now 9 courtesy cars and 2 courtesy vans available for customers use. Keeping customers mobile has always been a keen focus for the team. Another ever-popular reason to choose MES as your local vehicle care centre.

MES has recently invested in its very own purpose built MOT testing facility on site. Should your vehicle fail its MOT, then a Service Advisor will always contact you before letting the workshop carry out any work at all, and don't forget - any retest required is done free of charge! There are quite often service and MOT deals on offer, so keep an eye out to find a deal to suit you.

As a homegrown local business, Mechanical Engineering Services is a proud example of local Cranleigh ingenuity. Always striving to be top of their game, the team at MES are dedicated to providing local Cranleigh and Guildford customers the most advanced technology available. This, as well as keeping any repairs cost efficient and optimally effective, whilst offering unparalleled customer service. ■



Honey producing bees at work.

Bee Alive: Keep Britain's Bee Population Buzzing!

The Royal Society of Biology recently held a survey to find Britain's favourite insect. The winner, with a whopping 40.5% of the vote, was the buff-tailed bumblebee. Yes, the humble bumbler beat both the ladybird and the dragonfly for the top spot, highlighting our nation's love for bees.

Many of Britain's crops and wildflowers depend on the presence of bees for pollination, which affects everything from the beauty of our countryside, to our economy, and even the food we eat.

As much as we love a bumblebee, it is not the only type of bee that deserves our care and affection. Most of us are aware of the challenges facing bee populations worldwide, and that's just one reason why keeping honeybees is a hobby worth considering.

Why Keep Bees?

Beekeeping is a peaceful and rewarding hobby. By taking care of these creatures, you attain a greater understanding of our environment, of the interdependence of plants and insects to the very survival of our natural ecosystem.

There's also a strong and lively beekeeping community, both locally and across the UK. You can start by joining a beekeeping association, such as the British Beekeepers Associa-

tion, which has its own Surrey association – with a Guildford branch you can join.

As a member of a beekeeping association, you can learn from and interact with other fellow beekeepers, as well as gain information about where to buy the necessary equipment, and tips for how to care for your bees from more experienced beekeepers.

Almost all beekeeping associations have their own apiary, which gives you a golden opportunity to see and understand how bees live, how they are cared for, and how to deal with any problems that might arise with your hive. This is all excellent knowledge to arm yourself with before you get started at home!

Beekeeping Throughout the Year

Beekeeping is a seasonal hobby, requiring different levels of input throughout the year. For example, during the winter, your tasks will be minor. Bees are naturally well-equipped to control the temperature within the nest, using the heat-storing properties of the honey itself. You'll need to occasionally check the hive for physical damage, or for snow blocking the entrances, but that's about it.

The best time to get started with your new hobby is in springtime, particularly between April and June. This is the time of year at which





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bees are actively building their colonies, having awoken from their winter hibernation. If you start with a nucleus of bees during these months, they'll have enough time to build a new cone and stock it sufficiently for the following winter.

The busiest time for a beekeeper is during the early summer months, when your hive should be checked weekly in order to prevent swarming, and to manage supers (the box that holds the frames where the bees store their honey).

Where Shall I Put My Hive?

Bees can be kept in many different places. There are beehives in towns and cities as much as in the countryside, with a recent boom in the hobby in such places as New York City, where apiarists tend to place their hives on the roofs of buildings. However, you can site your hive in any corner of the garden.

They do best when placed in a sheltered and warm position. If you have neighbours or public footpaths nearby, you may wish to consider placing your hive with its entrance facing a hedge or fence. Doing this encourages the bees to fly higher, so they won't be a nuisance to other people.

Cromwell Coffee Shop

Though bees will travel for up to three miles to find pollen and nectar, bee-friendly plants in your garden will, of course, help. Bees love dandelion, blackberry flowers and ivy, as well as lavender, single camellia, honeysuckle and foxglove.

If you don't have the space at home, why not get together with a bee-loving friend, and work together on a hive in their garden?

Cost

It's not an inexpensive hobby, unfortunately, but it is certainly one that pays dividends. Not only will you be helping to keep one of our most valuable insects thriving in the UK, but you'll also earn yourself a nice supply of nutrient-rich local honey.

Complete beekeeping starter kits are available from about £250, which will include most of what you need to get started. The most expensive piece of equipment is your honey extractor, which will set you back £175 for your own. However, your local association is likely to have honey extraction equipment for hire to members.

In Conclusion

These fascinating insects have so much from which we can learn, as well as providing a rewarding hobby that allows you to contribute to improving the UK's environment from your own home. Enjoy your hives in peace, and master the patience and attention to detail required to create a thriving community for your bees. Now is the best time to start learning more about this engaging hobby, ready to begin your beekeeping adventure when spring comes around.

The Natural Life Shop are stockists of local honey supplies produced by beekeepers in the Cranleigh and Ewhurst areas. www.thenaturallifeshop.co.uk



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Local stockists of Organic Wholefoods and
Natural Remedies

Cranleigh Bonfire 2015

On Saturday 7th November, the famous Cranleigh Bonfire celebrations return to The Common. The Cranleigh and District Lions Club once again host the event, which brings crowds from near and far, to enjoy the fun and spectacle of this exciting occasion.

It takes three whole weeks in the build-up to the event to prepare the bonfire. If you'd like to volunteer to help out with the tough work involved in getting this centrepiece of the event ready, get in touch with the Cranleigh and District Lions Club in good time.

Cranleigh's annual celebrations have been going now since the late 1940s. It began with a few local boys and girls building a bonfire on Parkhouse Green, pulling their firewood from the copse on Park Mead where the bus stop now stands. Back then, Park Mead was little more than a field with a track across it for horses and carts!

One year, someone set light to the fire before the big day, and subsequently the Council banned The Bonfire Boys (as they'd come to be known) from holding their bonfire party. Luckily, local business owner, Charlie Beadell, stepped in, and after some discussion, the bonfire was moved to The Common. There it joined the local funfair which came to the village each year, run by Tommy Benson, in 1951. Both the funfair and bonfire remain at The Common to this day.

Charlie Beadell and Tommy Benson were also behind the first Cranleigh fireworks display, adding to what has become a central part of the annual celebrations. There was even a barbecue, provided by Collins, the local butchers. The Collins sausages, known as 'Joe's', were famous in their day, and can still be bought, with the same

secret recipe, from Rawlings Butchers on Cranleigh High Street.

The Cranleigh and District Lions Club took over Cranleigh Bonfire in 1974, bringing back all the fun and frolics with which Beadell and Benson began the event two decades previously. Even after Tommy Benson passed away, his family continue to bring the funfair back to the village every November. It is a village legacy that we all hope will continue for years to come.

This year, the fun begins from 1pm, with the ever-popular fun fair. Much enjoyed by Cranleigh's children and adults alike, the fun fair features all the usual festive forays, including thrilling rides, stalls and, of course, candyfloss!

Then, there's the Make a Guy competition, sponsored by Burns & Webber Estate Agents for its 20th consecutive year. Entrants vie for the coveted prize... of having their creation hoisted aloft onto the bonfire and burned to a crisp! Judging takes place in Stocklund Square at 3pm.

One of the most exciting parts of the Cranleigh Bonfire event is the torchlight procession, which starts at 6.30pm at the original bonfire location in Park Mead. Participants, holding aloft their burning torches, march through the closed high street and up to The Common, where they light the bonfire. Then the all-important fireworks begin lighting the sky at 8pm.

With so much to enjoy, and the popularity of the event itself, it's always wise to head to Cranleigh nice and early on the day.

Parking is available behind Stocklund Square shops, but this is likely to fill up early. Fingers crossed for optimum weather this year, and may it be a Cranleigh Bonfire party to remember! ■



BOOK REVIEW

Angel by Elizabeth Taylor



No, not that Elizabeth Taylor. This Elizabeth Taylor, if you don't already know about her, is a magnificent mid-20th century English author, who is both well-known and highly regarded in literary circles. All her novels, without exception, are spectacular. However, this review focuses upon *Angel*, written in 1957.

Shortly, the novel concerns a young woman named Angelica Deverell, who is convinced, despite her humble beginnings, that she is destined to become a fêted novelist and the owner of great riches.

Though her feverishly penned stories are comically over-written, her first manuscript catches the attention of one London publisher. Whilst *Angel* is painfully earnest about her writing, not in the slightest bit aware of the ironic charm of her novels (she believes each one to be a literary masterpiece), and with scarcely a sense of humour whatsoever, her novels become a hit, and her dreams come to fruition.

Angel is a book which is simply un-put-down-able. The protagonist, as all great protagonists should be, is loveable because of her flaws as much as in spite of them. The rags-to-riches-to-rags story of *Angel's* life, as a novelist and a woman, is both humorous and deeply poignant.

To quote Hilary Mantel, from the 2005 introduction to *Angel*: "Angel is a book in which an accomplished, deft and somewhat underrated writer has a great deal of fun at the expense of a crass, graceless and wildly overpaid one. Taylor is a writer of impeccable taste, while Angelica Deverell is a high priestess of schlock."

The novel is a study of a young woman in rebellion against the mundane, against the crushingly low expectations of her background. She is determined to paint the world in a rainbow of opulence and grandeur, which exists as a kind of wall against the grey paste of the everyday, working class life she was born into. In this way, it's hard not to feel a surge of empathy towards the arrogant *Angel*.

The crisply honed prose with which Taylor writes keeps the story moving fluidly, carrying your attention weightlessly through each blessed page. For those new to Elizabeth Taylor, you are in for a wonderful treat.

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10 Facts About Cranleigh

That Every Proud Resident Should Know

Whether you've recently moved to England's largest village, or have lived here all your life, you cannot help but be fascinated by the history of Cranleigh. It's intriguing for anybody with even the vaguest interest in our country's roots, but even more so for those of us who love Cranleigh so well. So how much do you know about our treasured village? Here's some interesting facts that might surprise you:

1. Until the mid-1860s, Cranleigh was spelt 'Cranley'. However, it was changed by the post office to avoid confusion with nearby Crawley... as if anyone these days could make such a mistake!

2. St Nicholas' Church is the oldest building in the village, having been erected by the Norman knights of William the Conqueror. The church as it stands today dates back to the mid-14th century, with the first building on the site recorded from about 1170.

3. Speaking of St Nicholas' Church, did you know that a gargoyle on a pillar inside the church was the inspiration for Lewis Carroll to create the Cheshire Cat?

4. During World War II, two separate bombings hit Cranleigh. The first was dropped on the infant school, but luckily it was on a Sunday morning when no children were present. The Rector, however, in his garden nearby, suffered some injuries from the blast. The second bomb hit the Common, destroying a nearby cottage and killing its occupant.

5. Cranleigh School was originally called 'The Surrey County School', and was opened in 1865.

6. Cranleigh appears in Douglas Adams and John Lloyd's novel 'The Meaning of Liff'. In the book, experiences that do not yet have a word associated with them are given the names of places. Cranleigh, in the novel, means "a mood of irrational irritation with everyone and everything". Make of that what you will...

7. In prehistoric times, the area we now know as Cranleigh was the bed of an inland freshwater lake, and part of the vast Wealden forest, an uninhabit-

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able, inhospitable environment for human life. How things change!

8. Cranleigh was once a small and isolated agricultural community, until the early 1800s when a turnpike road was built to allow the Prince Regent to travel easily from Windsor to his beloved pavilion in Brighton.

9. Though there's no supporting evidence, many believe that the prefix 'Cran' in 'Cranleigh' originated after the Norman conquest. It is believed that, in those days, cranes were bred on farms in the district, to be served as delicacies for Kings.

10. The Cranleigh railway line was erected in 1865, overtaking the once-prosperous canal as the main transport link with neighbouring Horsham and Guildford. The canal closed in 1870, having lost all its business to the railway. The railway was sadly demolished in 1965, with the station giving way to Stocklund Square. If you look behind the shops, however, you can still see some of the old platform levels.

How many of these did you know already? And how many are news to you? Why not drop us an email and let us know! ■





Leaves are falling rapidly, and wind and rain are on the increase. Tender plants (such as bananas) will need protecting from frost, gales and freezing rains. Move plants into the greenhouse, or into a sheltered spot, but if you can't, it is worth wrapping plants or pots in situ. Remember winter can be a tough time for birds in terms of water and food, so keep supplies well topped up.

Winter protection Top 10 jobs this month

- 1 Clear up fallen leaves - especially from lawns, ponds and beds
- 2 Raise containers onto pot feet to prevent waterlogging
- 3 Plant tulip bulbs for a spring display next year
- 4 Prune roses to prevent wind-rock
- 5 Plant out winter bedding
- 6 Cover brassicas with netting if pigeons are a problem
- 7 Insulate outdoor containers from frost - bubblewrap works well
- 8 Stop winter moth damage to fruit trees using grease bands around the trunks
- 9 Put out bird food to encourage winter birds into the garden
- 10 Use a seasonal bonfire - where this is allowed - to dispose of excess debris unfit for composting

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The way we were 50 years ago

Cranleigh Railway Station 1965

From a railway line to a car park!

The Cranleigh Railway line was officially closed in 1965 following 'The Reshaping of British Railways' report of 1963. Cranleigh station was later knocked down and replaced by the "Stocklund Square" housing and shopping development. In 2004 part of this development was itself demolished and a Sainsbury supermarket was built on the site. The station's old platform levels still exist behind the shops where car parking is available. ■

Previously known as Cranley

Opening in 1865 as "Cranley", its name was changed in 1867 to "Cranleigh" at the request of the Postmaster General as imperfectly addressed letters to "Cranley" were often mistaken for "Crawley" and vice versa.

A passing loop and second platform were installed at the station in 1880. Cranleigh was the busiest station on the line with regular commuter traffic to and from London via Guildford. It also handled regular custom for nearby Cranleigh School, and Southern Railway Class V 4-4-0 "Schools Class" express passenger locomotive no. 936 was named after the school in 1935.

Cranleigh had a substantial goods yard equipped with a large loading gantry. Inward freight consisted mainly of coal which was required, in particular, by the local gas-works, whilst goods outward was mainly timber.



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Historically Speaking

In 1657, Oliver Cromwell visited the village with his staff, and whilst he himself stayed at Knowle, some of his staff were billeted at the house known as Oliver House, and the fine old 15th century cottage adjoining known as Cromwell Cottage.

Tea with Oliver Cromwell

A warm welcome awaits you at historic Cromwell Coffee House situated in the centre of Cranleigh High Street. In a delightful beamed building dating from the 1560s, we offer an extensive menu from breakfasts and lunches to delicious homemade cakes and cream teas, which you can enjoy around our cosy inglenook fireplace. New this Autumn are our speciality coffees, including gingerbread and vanilla, and hot chocolate melts, as well as hearty cottage pie. From December, we will be offering our ever popular Christmas lunches and if you would like a festive drink to accompany your meal, we also have beer and wine available.



Cranleigh Bridal, (formerly known as 'Love Brides at Maureen's'), and 'Janet Kent Dressmaking', (formerly known as 'Maureen's Alterations'), would like to welcome all customers past and future to our newly refurbished shops.

We recently took part in filming for Mary Portas' 'Secret Shopper' and they have modernised our wedding shop. They introduced a mirror from which you can Skype important family members to share your experience and help you to enjoy the day.

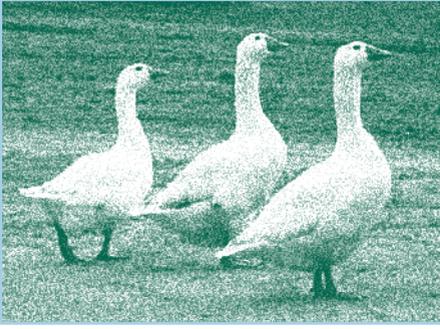
We sell gowns by Eddy K, Victoria Kay, Eternity, Benjamin Roberts and LQ Designs. Our bridesmaid dresses are by Alexia and Mark Lesley.

We also sell Rainbow shoes, tiaras by Twilight and Richard Designs and veils by Richard Designs.

In our 'Janet Kent' dressmaking shop we carry out alterations to all garments from Daywear through to Prom and Evening wear as well as Wedding gowns. Janet is a Saville Row trained tailoress and an accomplished dressmaker who can advise on materials and design in order to customise and make a dress to your own requirements.

For all Prom, Evening and Wedding dress enquiries, we require you to telephone 01483 274853 for an appointment.

For our alteration shop please telephone 01483 276721 though usually no appointment is necessary. ■



A Poultry Tale

If you grew up in the countryside, you probably have your own goose story. Chased, attacked, intimidated - most of us have been there, and some even have the scars to prove it. Geese are the thugs of the farmyard, beating any prize-winning bull, grumpy ram or bunny with a vendetta, hands down.

I grew up on a smallholding just outside Cranleigh, a place where the air was rich with manure and the apple trees blown sideways by the wind, like claws. It was beautiful, in a kind of Bronte meets Thomas Hardy meets Ted Hughes way. It was also, unsurprisingly, hard work.

We'd be awoken by the cock crow at dawn, hustled out of bed by our windswept parents and into our wellies to go feed the animals as the sun was rising. Needless to say, neither myself nor my brother relished this morning routine. This was particularly true during the winter, when our wellies were apt to become stuck in deep muddy puddles and our pyjamas lightly dashed with mud and animal faeces before we'd had time to brush our teeth. I heard tell that the kids in the village just got up, had breakfast and headed straight for school. What luxury.

On our smallholding, we had three geese. Two females, Betty and Wilma, and a younger male, Barney. When we first brought them home, the girls were already pretty much fully grown. Barney was still working out his baby down, so was that weird combination of baby-sweet and downright ugly.

Though he grew out of his adolescent case of the uglies, he never grew out of that teenage temperament that we had all hoped would leave him. If anything, as he grew into the big macho gander on the farm, he got worse. Much worse.

There was the time he catapulted himself across the orchard to bite my brother in the one place no boy wishes to be bitten. For this, Barney was awarded a sharp plank to the head, much to my mother's chagrin, who rushed the injured bird to the coop to recover, while little bro staggered back to the house, clutching his boyhood in agony.

There were numerous occasions, both prior to the or-

chard incident and since, where Barney would attack the car (ours or those of our guests) as it made its way up the drive. He was particularly fond of windscreen wipers, which he seemed to view as prey, or a threat to be annihilated at all costs. Come to think of it, Barney seemed to view anyone and anything that was not his two girls as a threat to be annihilated at all costs.

Yes, everybody, including the chickens, sheep, turkeys, bullock calves, dogs and any unsuspecting wildlife in the area, had a run-in with Barney at some point.

I generally got off lightly, knowing from day one the importance of standing one's ground and spreading one's arms out whilst shouting loudly. But one morning, during the dawn feeding ritual, my time came.

Trudging through the barn, sleep still crusting my eyes, I made my way to the feed bins and scooped the goose feed into the tin bucket at my feet. It was a wet, dark morning, the sky thick as paste. I just wanted to get back indoors and warm up by the Aga as quickly as possible, so I didn't bother to turn off the electric fence around the poultry runs. I just squelched my way through the farmyard, lugging my tin bucket, stopping at the chicken wire gate to the goose coop. Barney had spotted me before I even made it to the coop, and was already starting up:

Guh-guh-guh Guh-guh-guh
Guh-guh-guh-guh-hsssssssst

Behind him, Wilma and Betty, as usual, were trying to calm him down.

Guh-guh-guh-just-leave-it-barney-it-ain't-worth-it-guh-guh-guh

I was used to Barney's warning 'guh's, and knew what I had to do to ward him off, so I paid him no heed, and slid back the bolt on the goose coop gate. I stepped over the low electric wires by my feet, and entered the coop.

I had barely got halfway through the gate when a blaze of white came at me like a lightning flash. I fell backwards, tangling my feet in the electric wire as I went. Zzzzap...

Now, I don't know if you've ever been simultaneously electrocuted whilst struggling with a rogue fowl, but I can assure you that it's not something worth experiencing. I grabbed Barney around his long neck, trying to keep that snapping beak from my eyes. Wings still flapping with no sign of letting up, I struggled to kick off my welly boots and free myself from the ongoing electrocution. Finally free of the boots, I stumbled to my feet, threw Barney back into the coop, leaving the bucket of feed inside, and locked that coop up.

Squelching back across the farmyard in my wet socks, with my mud-soaked boots in hand, I vowed never to step foot in that godforsaken gander's lair again. ■

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The Good Stuff:

The Many Nutrient Benefits of Pumpkins

Pumpkins are an incredibly rich source of nutrients. They are so very good for us that it seems a travesty that they only make a fleeting appearance on people's radar around the end of October every year, only to be carved into silly faces and discarded by many. What a shame when these humble gourds are so rich in health-giving nutrients!

So, what is so great about pumpkins, anyway?

Pumpkins are abundant in flavonoid polyphenolic antioxidants such as leutin, xanthin and beta carotene. This means, for all intents and purposes, that a chunk of pumpkin provides your body with the good stuff it needs to stay clear of free radicals (that put cells under oxidative stress, and can lead to cancer). Beta carotene is, aside from being a potent antioxidant, converted into vitamin A, which the body needs to power the immune system and to promote healthy vision and clear, beautiful skin. There is also some scientific research to suggest that consuming natural foods rich in vitamin A can also help protect your body against lung and oral cancers.

Pumpkin is also one of the very lowest calorie vegetables. 100g of pumpkin flesh provides just 26 calories, no saturated fats and no cholesterol. On the contrary, it is rich in dietary fibre, as well as vitamins, minerals and those lovely antioxidants we mentioned.

One of these antioxidants is zeaxanthin, which helps protect your eyes from age related macular degeneration and disease as you grow older. Then, of course, there's also the B-complex group vitamins, such as folates, niacin, pyridoxine, thiamine and pantothenic acid. Oh, and minerals such as copper, calcium, potassium and phosphorus.

Is that it? Nope.

Pumpkin flesh may be a hugely nutritious food, but there is more. Pumpkin seeds are also excellent for your health.

An excellent source of dietary fibre and mono-unsaturated fatty acids (great for your heart), pumpkin seeds rival the flesh of the pumpkin for nutritional impact. The seeds are also a concentrated source of protein, minerals and vitamins.

100g of pumpkin seeds provide 559 calories, 110% of your recommended daily intake of iron, 31% of the niacin you need, 17% of your selenium intake and 71% of your daily requirement of zinc. All this with no cholesterol.

Finally, pumpkin seeds are also a great source of the essential amino acid tryptophan. Tryptophan is an 'essential' amino acid, which means that the body cannot produce it itself, and therefore it must be obtained from food. Tryptophan is converted into 5-HTP by the body, which then becomes serotonin, which is responsible for our mood. Therefore, munching on pumpkin seeds for a snack is scientifically proven to make you happier!

Almost every part of a pumpkin is edible, from the flesh and seeds to the leaves and flowers. This makes it an incredibly versatile, nutritious and fun vegetable to work with. The wide range of ways to prepare and eat pumpkin make it a food that we should be consuming much more of this autumn. How will you be eating yours?



Waste Not Want not:

How to use the rest of your Halloween Pumpkins

Pumpkins are hugely rich in nutrients, from antioxidants and vitamins, to dietary fibre. They are also staggeringly low in calories. Pumpkin seeds also have strong anti-inflammatory qualities, and are brimming with iron and zinc, as well as mono-unsaturated fatty acids. In short, pumpkins are a food source to be reckoned with, and certainly deserve our culinary respect and love.

First of all, I'd like to take a moment to say how satisfying it is to harvest your own pumpkins at home. They are relatively easy to grow, and the pleasure to be obtained from watching the fruit grow fatter and larger is a real treat. So, if you're lucky enough to have some garden space for growing, I'd recommend pumpkins as a great gardening project.

Aside from the pleasure of growing a pumpkin, you also get the added benefit of being able to enjoy the bits of a pumpkin that you cannot get from the store. Pumpkin flowers have a gorgeous, sweet and mild flavour, and are a quirky and delicious addition to salads. They can also be cooked, just like courgette flowers. Make sure you only pick the male flowers, though. The females have a tiny pumpkin at the base, and will grow into a lovely big pumpkin if you leave them.

Pumpkin leaves are as delicious as they are nutritious, boasting anti-bacterial qualities, as well as being rich in calcium, iron and vitamins A and C. They are also known for being able to stimulate lactation in nursing mothers, increase spermatogenesis and may also reduce cholesterol and blood sugar levels. Pumpkin leaf is best enjoyed blended, as an ingredient in soup, boiled as a vegetable addition to a balanced meal, or as part of your healthy morning vegetable smoothie.

The main part of the pumpkin to be enjoyed is, of course, the flesh. The best way to prepare pumpkin flesh is to cut it into chunks and roast it. Whilst you will have to remove the thick outer skin, it is not wasted if you compost it! Once roasted, the most useful next step for your pumpkin flesh is to puree it in a blender. Once pureed, drain off any excess liquid (this may take an hour or two in the fridge, with a sieve over a bowl). If not using immediately, you can place into freezer bags and freeze for later use. There are so many great recipes out there which use pumpkin flesh as the main ingredient. Most will tell you to use canned pumpkin, but the truth is that fresh, pureed pumpkin is just the same, but with much more nutritional value.

When you open up a pumpkin, you will find that it is full of 'guts'. This bit is certainly useful, so don't be too quick to discard. For one, the pumpkin guts and pumpkin seeds all live together, so your job is to get two bowls and separate the incredibly nutritious seeds from the handy pumpkin guts. This is a bit of a messy job, but it can be pretty enjoyable once you get into it!

Put those seeds to one side, as they are absolutely vital to keep. They can be roasted as a delicious snack that is bursting with nutrients, or incorporated into recipes such as this delicious wholemeal bread. The pumpkin 'guts' can also be used as an ingredient in bread. This recipe is both cheap and easy to make:

Pumpkin Loaf



Ingredients

- 2 cups spelt flour, or flour of choice
- 1/2 – 3/4 cup coconut, turbinado or organic pure cane sugar
- 2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 2 teaspoons pumpkin pie spice mix or 1 tsp each cinnamon & ginger and 1/2 tsp each nutmeg & allspice and a pinch of clove
- A pinch of mineral salt
- 2 teaspoons vanilla extract
- 1/3 cup water or unsweetened almond milk (at room temp)
- 1/3 cup coconut oil (melted), or vegetable oil of choice
- 1 1/2 cups fresh pumpkin puree

Preheat oven to 175°c.

In a medium size bowl, combine flour, baking powder, baking soda, spices and salt. In a small bowl, combine oil, sugar, water/milk and vanilla. Add the wet mixture to the dry mixture along with the pumpkin puree and mix well. Don't over mix but be sure there is no flour clumps. Taste batter adjusting flavor or sweetness to your liking. Pour batter into a lightly greased loaf pan. Bake for 55 – 60 minutes. Once done, remove from oven, let cool slightly before serving. Let cool completely before storing.

So, there you have it. Pumpkins are a real superfood. You get so much value out of just one pumpkin, both in terms of meals and nutrition, that this gorgeous orange gourd should be the staple food for autumn eating! How will you be preparing yours?

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Cranleigh Arts Centre November



3rd November **Volunteering Open Evening 7-8pm**

If you love the arts, volunteering at Cranleigh Arts Centre is a fun and easy way to explore your interests and passions. There are also many benefits to volunteering, such as: *Making new friends, Enhancing career prospects, Increasing self-confidence, and the opportunity to give something back to the community.*

We are looking to recruit people to help out with box office, stewarding, bar and tea bar shifts, technical theatre, office administration, marketing and more... If you think you might be interested, we'd love to meet you! Tea, coffee and cake will be available on the evening and if you would like to attend, please RSVP to volunteer@cranleighthartscentre.org **Entry: Free**

4th November **London Road (15) 8pm**

London Road documents the events that shook Suffolk in 2006, when the quiet rural town of Ipswich was shattered by the discovery of the bodies of five women. The story is based on interviews conducted with the road's real residents. Using their own words set to an innovative musical score, London Road tells a moving story of ordinary people coming together during the darkest of experiences. "A deeply inventive, bold, life-affirming musical." *Time Out*
Duration: 90mins

Adults £7.50, Friends £6.50, 16 years and under £5

5th November **Macbeth 7.30pm**

This is not a story for the faint-hearted. It's the story of how old King Duncan died. It's a story of murder and betrayal. It's a story of supernatural sorcery. And it's a story that's going to be retold as you've never seen it before... Taking their cues from film noir, gangland Britain and the clowning tradition (yes, really) the critically-acclaimed Pantaloons Theatre Company put their own contemporary spin on Shakespeare's most dangerous play. Tragic and hilarious in equal measures this innovative take on 'The Scottish Play', Macbeth features femmes fatale, high-speed chases, killer lines, killer crimes and some seriously weird sisters. "Part alternative rock band, part thespian... wholly charming." (*The Times*)

Tickets £12 Students and 16 years and under £10

7th November **Minions (U) 11am**

Minions Stuart, Kevin and Bob are recruited by Scarlett Overkill, a super-villain who, alongside her inventor husband Herb, hatches a plot to take over the world.

Duration: 91 mins

Adults £7.50, Friends £6.50, 16 years and under £5

10th November

St Joseph's Specialist School and Rod Hunt

Tuesday 10 – Saturday 21 November

This exhibition explores the successful creative partner-

ship between learners at St Joseph's Specialist College Cranleigh, and the Artist in Residence: Rod Hunt.

The exhibition itself will be assembled (including framing and hanging) by Rod and the learners. The show will include Rod's paintings as well as those of the students. Prepare to be inspired by the beauty and optimism depicted by these talented young individuals. **Entry: free**

11th November **Costanza Principe : Piano 7.30pm**

Cranleigh Arts Centre in association with the Philharmonia Orchestra's Martin Music Scholarship Fund presents Costanza Principe. After graduating cum laude from the Milan Conservatory in 2010, Costanza Principe obtained her Bachelor of Music from the Royal Academy of Music in London with Christopher Elton, supported throughout the years by a generous scholarship. Since her public debut at the age of 7, Costanza Principe has performed as a soloist and with orchestra in Italy, France, UK and South America, and her performances have been broadcast on Radio and TV.

£16, £15 (Friends) £10 for students and 16 years and under

12th November **Amy (15) Thursday 12 Nov. 8pm**

The story of Amy Winehouse in her own words, featuring unseen archival footage and unheard tracks. Despite just two albums to her name, Amy Winehouse is one of the biggest music icons in British history. With a voice often described as a combination of Billie Holiday, Dinah Washington and Sarah Vaughan, Amy Winehouse was a pop star with soul; a once in two generational musical talent whose appeal crossed cultural and demographic boundaries. But while her music made her a star, her chaotic personal life stole headlines.

Duration: 128 mins

Adults £7.50, Friends £6.50, 16 years and under £5

14th November **Blues to Broadway 7.30pm**

The NKS Stompers and the Accidentals bring to life the golden years of the Blues and the enduring popularity of the Broadway musical. Blues and jazz have always influenced each other, and they still interact in countless ways today. This is a glorious celebration of music by George Gershwin, Cole Porter, Irving Berlin, Jerome Kern, Harold Arlen, Johnny Mercer, Richard Rodgers, and many more.

Tickets: £14.00 (£12.00 in Advance)

19th & 20th November **NT Live: Of Mice and Men 7pm 1st Screening SOLD OUT**

National Theatre Live presents *Of Mice and Men*.

The hit Broadway production *Of Mice and Men*, filmed on stage in New York by National Theatre Live, comes to UK cinemas. Golden Globe® winner and Academy Award® nominee James Franco (127 Hours, Milk) and Tony Award® nominee Chris O'Dowd (Bridesmaids, Girls) star in the highly-anticipated screenings of this 'riveting, powerful production' (Independent). This landmark revival of Nobel Prize winner John Steinbeck's play is a powerful portrait of the American spirit and a heart-breaking testament to the bonds of friendship. *Of Mice and Men* is directed by Tony Award®, Drama Desk and Outer Critics Circles award winner Anna D. Shapiro (Broadway's

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August: Osage County) and features Leighton Meester (Country Strong, Gossip Girl) and Tony Award® winner Jim Norton (The Seafarer).

Tickets: £16.00

21st November **Frozen Sing-a-long (PG) 11am**

Everyone's favourite festive sing-a-long extravaganza, Disney's Frozen, returns to Cranleigh Arts Centre in time for the Cranleigh Christmas lights switch on!

The fearless and adventurous Anna sets off on an epic journey - teaming up with rugged mountain man Kristoff and his loyal reindeer Sven - to find her sister Elsa, whose icy powers have trapped the kingdom of Arendelle in eternal winter. Encountering Everest-like conditions, mystical trolls and a hilarious snowman named Olaf, Anna and Kristoff battle the elements in a race to save the kingdom. 'Frozen' features the voices of Kristen Bell, Josh Gad and Idina Menzel.

Duration 102 minutes

Tickets: Adults £7.50, Friends £6.50, 16 years and under £5

PLEASE NOTE: TICKETS FOR CHILDREN CANNOT BE PURCHASED ONLINE - PLEASE CALL THE BOX OFFICE ON 01483 278000

21st November **Dr Feelgood 8:30pm**

Eclectic Live Music presents: Dr Feelgood.

Now in their 44th year, and still Britain's best rocking blues band! Featuring the superb vocals of Robert Kane, the line-up is otherwise unchanged since Lee Brilleaux's untimely passing in 1994, with Steve Walwyn on sizzling guitar, and the rock-solid rhythm section of Kevin Morris on drums and Phil Mitchell on bass. www.drfeelgood.org

Standing £20 in advance (£25 on the day)

Seated £25

Tickets: £25.00 (£20.00 in Advance)

27th November **It's a Wonderful Life 7.30pm**

Farnham Maltings presents It's a Wonderful Life.

Following the success of Miracle on 34th Street, Farnham Maltings is bringing the struggles and joys of 1940s small town America to the villages and towns of England.

Using their own, inimitable style the company has created two hours of theatre that promises to warm the coldest of places through the long winter nights.

Tickets £12 (Friends £11)

Local information

LIBRARIES

CRANLEIGH LIBRARY

High Street, Cranleigh. **Tel. 0300 200 1001**

Mon. closed all day
 Tues. 9.00 a.m. to 7.00 p.m.
 Wed. 9.00 a.m. to 5.00 p.m.
 Thur. 9.00 a.m. to 5.00 p.m.
 Fri. 9.00 a.m. to 5.00 p.m.
 Sat. 9.00 a.m. to 5.00 p.m.

BRAMLEY LIBRARY

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Mon. closed all day
 Tues. 10.00 a.m. to 5.00 p.m. Wed. closed all day
 Thur. 2.00 p.m. to 5.00 p.m.
 Fri. 10.00 a.m. to 5.00 p.m.
 Sat. 10.00 a.m. to 4.00 p.m.

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Church of England

Rev. Roy Woodhams.

The Rectory, High St. **01483 273620**

Roman Catholic

Father David Osborne

St Nicolas Avenue **01483 272075**

Methodist

Rev. Dr. Claire Potter

Church Office, High St. **01483 273227**

Baptist

Rev. David Burt

Church Office, High St. **01483 275371**

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01483 275999

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EMERGENCY

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 NSPCC **0800 800500**
 National Missing Persons **0500 700700**
 Rape & Sexual Abuse Support Centre
 (RASASC) **0808 8029999**
 Crimestoppers **0800 555111**
 Childline **0800 1111**
 RSPCA **0300 1234999**
 Samaritans **0845 7909090**
 NCT Helpline **0300 3300770**

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 National Rail Enquiries **0845 7484950**
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 Cranleigh Community Line **01483 267999**
 Cruse Bereavement Care **01483 565660**
 Legal Line **0906 5534545**
 Victim Support /Surrey) **0845 3899528**

CHARITIES

Cranleigh & Diana Lions Club **0845 8332711**
 Cranford Job Seekers Club **01483 272252**
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