

AUGUST 2018 ISSUE 34

# CRANLEIGH MAGAZINE



AUGUST

## Down Memory Lane . . .

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August 2018

## CRANLEIGH MAGAZINE

**WELCOME** to Cranleigh Magazine in the month of August, where we take a look at our memories, the things we remember from the past and how they shape and influence our lives today. Can you remember what you did yesterday? Be sure because what we do today are the memories of tomorrow!

Cranleigh Magazine is a unique publication compared with other everyday magazines. Partnered with its sister website - [www.cranleighmagazine.co.uk](http://www.cranleighmagazine.co.uk) - it creates a connection with people through their work and social networks. Take a look at our website and register your business or enjoy reading some of our exclusive articles.

Why not submit your local news to the Magazine or advertise your business, keeping people informed and connected in 2018. Contact 01483 275054 or email: [paul@cranleighmagazine.co.uk](mailto:paul@cranleighmagazine.co.uk)

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Ian Stedman as a young man



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# Joy of Cranleigh

Joy Horn brings some anecdotes of 100 years ago



The way we were

What was happening in Cranleigh in August 1918?

*Memories of the fun at Oaklands: recovering soldiers put on a pierrot show (with grateful thanks to Mike Rackley)*

**T**he Oaklands Red Cross Auxiliary Hospital in Knowle Lane closed this month. Since January 1915, when the hospital opened, a total of 617 soldiers had been cared for, with no death or infectious illness, and not 'a single case of indiscipline among the men'. Thirty beds had been continuously occupied, and this had risen to 33 since the German Spring Offensive of March 1918. The average stay of each patient was 35 days. The commandant, Mrs Clementina Rowcliffe, in the final report and accounts, wrote with the 'keenest regret' at parting from the team who had worked so devotedly and with a 'happy spirit of co-operation and absolute lack of petty jealousies'. The hospital was dismantled: some equipment was returned to its owners, articles fit for hospital use only were given to the Cranleigh Village Hospital and others, and the remaining furniture was sold. The building was then handed back to its owners, Sir George and Lady Bonham of Knowle, who had generously lent it to the Surrey Branch of the Red Cross.

No cricket was played during the war on Cranleigh's fine cricket ground, except by Cranleigh School. This was a cricket-loving region, as evidenced by the presence of cricket grounds in even the smallest village. Nationally, there was no 1st-class cricket either. Wisden's annual Cricketers' Almanack shrank in size, without its normal analyses of the county clubs' previous season, and national statistics. Its regular feature on 'cricketers of the year' had been suspended. However, in 1918 somebody at Wisden's had the bright idea of publishing its choice of five outstanding schoolboy cricketers. Among these

*The Cricket ground on the Common (1916)*



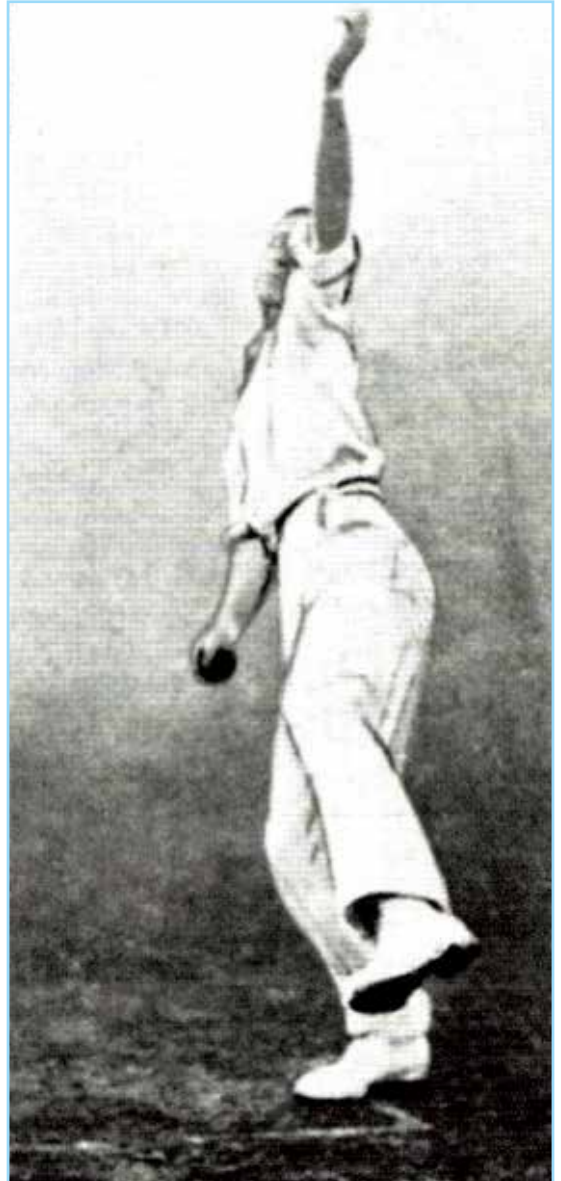
Cricket Ground, Cranleigh







five was a boy of Cranleigh School, Harry Calder, who had taken a remarkable number of wickets in the 1917 season.



**Top left:** Harry Calder's portrait in Wisden 1918 as given in Wikipedia

**Above:** Harry Calder in action (M. Williamson, Cranleigh: the first 150 Years) (my thanks to Peter D. Marks for alerting me to this)



Calder had come to Cranleigh from South Africa in 1914 and played in the school 1st XI for five seasons, the last three as captain. He is variously described as an off-spinner or a fast bowler who bowled off a short run-up. After the war, Calder played one undistinguished match for Surrey 2nd XI against Staffordshire, and then returned to South Africa, where he took up golf and tennis instead of cricket. He thus has the distinction of being the only Wisden Cricketer of the Year never to have played first-class cricket!

Attempts to cope with the shortage of food dominated the news in the Surrey Advertiser. Reports of

the harvest in the county were encouraging: 'motor reapers are at work in many places'. Wheat was a bumper crop, oats varied, there was less hay, 'so much land having been broken up', barley was average, but potatoes were promising. A demonstration of potato bread-making was held in Guildford. Here in Cranleigh, the Pig Club Committee planned to buy a boar for £10 10s.

Meanwhile, poor Joe Cheesman, a prisoner-of-war in Belgian Flanders since April, had still not heard from his parents in Cranleigh. Nor did he have any idea whether the letters he wrote home were getting through. His mother wrote frequently and at length, but her letters were always returned, as having an inadequate address. At one point, she reckoned that she had had a dozen letters returned. She kept them all.

Unfortunately, Joe had developed a poisoned foot, and was admitted into the prison camp hospital. On August 9th he wrote home: 'I am out of the hospital now and am very glad of it too. The hospital is an ordinary hut, the same as we live in, but being nearly empty and always quiet, the rats and mice have got very bold, and they were fond of climbing up my bed and dancing on the pillow, which you can imagine I didn't like by any means. Besides that, they were fond of clearing up your bread and I can tell you we don't get enough to feed mice.' ■

**NB. The Cranleigh History Society is not meeting in August.**

*A fine crop of oats on one of the farms of A.B. Johnston of New Park*



*Harvesting in Cranleigh (A.B. Johnston, The Battle of the Atlantic (1941))*





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# Crane Spotter:

## tales from a Cranleigh birder

### August

#### Not so rosy, Starling

If they were rarities then birdwatchers would travel hundreds of miles to see them. Starlings!

Surely most people can identify one. A little smaller than the Blackbird and the adults are blackish. Quite drab really.

But perhaps we are too familiar with what is still a common bird in our gardens. Um, look again, close-up when one is on your bird table or strutting across your lawn and *Sturnus vulgaris* is anything but.

In fact, in summer the Starling is a surprisingly pretty bird, especially in the sunshine, when its oily looking plumage displays a startling metallic violet and green sheen, making it appear almost tropical. Its winter outfit is completely different with the yellow bill turning to grey and iridescent feathers becoming covered in small orange and white spots. Study closely and you will see many of these 'spots' are actually the shape of little love hearts, particularly striking on the 'waistcoats' of the juveniles.

And love 'em we do – especially if we travel to the Somerset Levels or the piers in Brighton or Eastbourne near dusk. There you can witness 'murmurations' of thousands of Starlings acrobatically painting fast changing patterns across the sky. They rise and fall, twist and turn as one, then break apart into separate flocks before re-joining overhead. Take a broil!

Starlings certainly get around and after breeding in our rooves or holes in trees they can disperse from the Cranleigh area in all directions. One ringed in Ewhurst was found dead in Belgium a year later and there have been recoveries from France and Germany too.

But they are getting fewer, like so many of our birds, and benefit from a helping hand from our feeders. I recorded in the 1990s how this bird appeared to be in trouble and that has since been backed up with similar reports in both the United Kingdom and northern Europe.

According to British Trust for Ornithology (BTO) surveys, Starling numbers have dropped by 66%

since the mid -1970s and the bird is now on the national 'red list' meaning it is of high conservation concern and is a highly threatened species. Therefore, I afford it some forgiveness when it leaves its calling card on my car.

As you watch out for the Starling why not also keep an eye open for one of its 'brothers and sisters' that has been setting the birding world abuzz. In the last couple of months there have been sightings all around the country of the Rose-coloured Starling (*Pastor roseus*), alias the Rosy Starling.

This species breeds in temperate Asia and Eastern Europe. Last year I enjoyed seeing colourful flocks of hundreds feeding on insects in fields alongside the car as we drove deep into Georgia's steppe country. They are meant to winter in India and tropical Asia. But some have taken a wrong turn this year.

Fuelled no doubt by an abundance of grasshoppers they have had a good breeding season and have 'erupted' to new territories. As I write there have been none in Surrey, yet, but I am still hopeful. 16 turned up in the week I am writing this, as far apart as Helston, Cornwall, to Cape Clear, Cork, Mainland Shetland, and, closer to home, Hailsham, East Sussex.

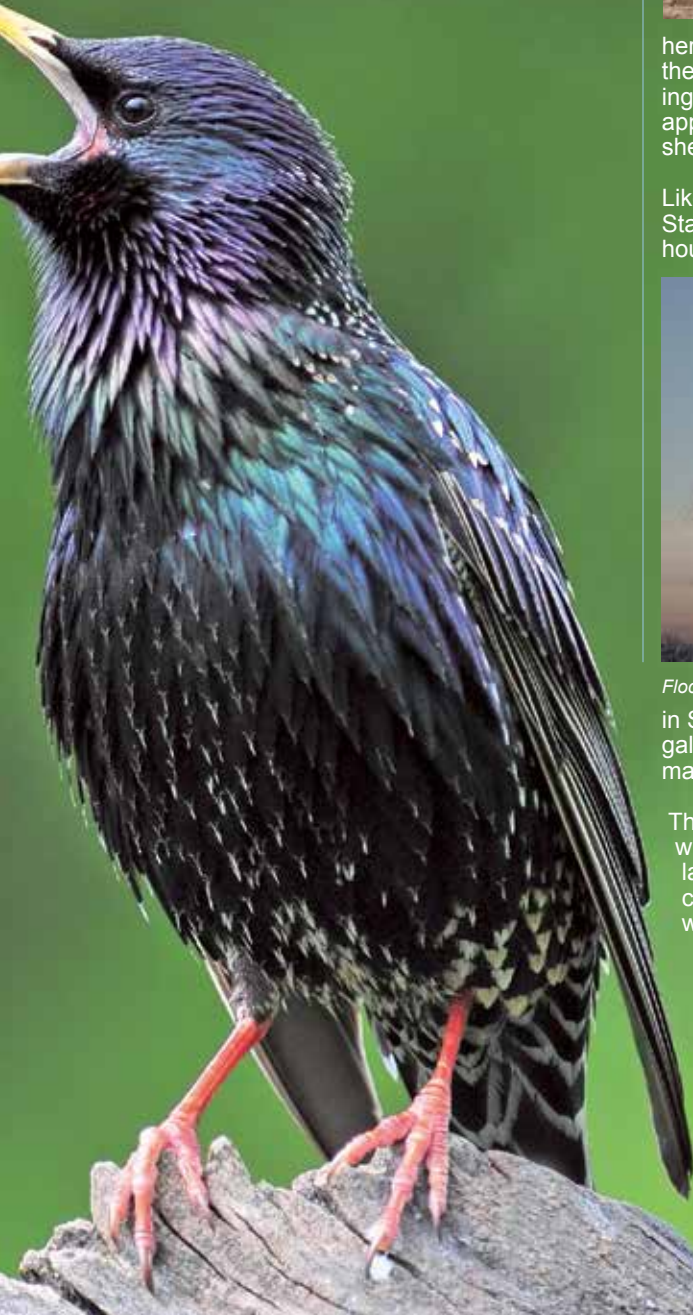
So why not one in Cranleigh or surrounding villages in the Surrey Hills? Lots of my birding friends have had the same idea on their patch but I admit it has been a bit tedious and time-consuming so far looking through every Starling flock we see to identify that they are . . . oh, all Starling. Of course, it is inevitable that the moment you don't look you will miss a Rosy.





These essentially pink birds, with black wings, tail and crested helmet for the adults are a delight so I wish readers every success in finding one now that the alert is out. Get out the bread and suet.

Any birds visiting here could well stay much of the winter. The brown and shades of grey on the juvenile birds, which are the most likely to turn up, also give the bird another name. Birders on the Isles of Scilly in the 1980s coined the title 'Pink Stink' because juveniles were not as pretty as adults. Interestingly, its genus name *Pastor* apparently derives from pastor, the Latin word meaning 'shep-



Rose-coloured Starling (*Pastor roseus*)

herd', as in 'pastoral' but also as in 'sheep.' But they are not called pastors due to the adults looking priest-like. Fluffed up in winter they sometimes appear scruffy, as if wearing a sheep's fleece like a shepherd.

Like their brothers and sisters, the Rose-coloured Starling is often found in gardens and around houses. I saw my first from a friendly lady's kitchen



Flock of Starlings (*Sturnus vulgaris*)

in Southsea and my first Surrey one after the great gale of 1987, again in someone's garden, at Christmas Pie in Normandy.

Thankfully, people can be most accommodating when a rare bird turns up to pay homage on their land. And no birder minds returning the favour by chipping in to help a host's favourite charity by way of a thank you.

So if you think that's the paparazzi outside because they know your little secret, don't worry. It's probably that they are birdwatchers. And there is a 'Pink Stink' on your roof. ■



Twitter - @Crane\_Spotter

Main picture:  
Starling singing  
(*Sturnus vulgaris*)





# People Profile



Who's who?

*Ian Stedman*  
Collector

The Stedman family have been part of Cranleigh for centuries. There is an entry in the 1566 listing of Cranleigh Parish Register of Stedman twin boys, being christened.

## Collecting memories is a way of life . . .

I was born in Cranleigh in 1939, though we moved soon afterwards to Guildford. My father, Cecil George Stedman, went to Burma in 1942 to fight the Japanese, and my aunt's husband also went abroad, so my mum and I went to live with her during the war. She lived in Worcester Road in one of the '**£10 down houses**' which meant you put a £10 deposit down and paid off the rest as a mortgage. By the end of the mortgage of course, you owned the freehold property.

From her home I went to school in Stoughton, right next door to the Queen's barracks there. It was a beautiful school and I loved it. It's amazing how later in my life I still have a connection to the barracks. After the war finished we moved back to Cranleigh.

I first started collecting medals that I found in the junk shops in Guildford. There used to be a nice shop just under the arch at the bottom of North



# Going down me



Street. I would go there and pay 15 shillings for them. I was probably in my early 20s at that point. I was interested in military items long before that though. When I was a teenager I would go to jumble sales in Cranleigh village and buy books all about the military just to read the detail and information they contained.



*Ian's grandfather, William, lived at 3 Broadhurst Cottages, Smithwood Common*

Later, I trained as a book binder at Guildford Art school, then took an apprenticeship in Guildford. Books and memorabilia became part of my life.

When I got married my wife and two sons and I lived in 3 Broadhurst Cottages, Smithwood Common, until 1974.

I met so many people on the Common who had served in the 1st World War. Arthur Eade was the first person I ever talked to and there were others. One of the chaps was a gunner, who was in the artillery. He died but I knew his sister and she let me have his medals.

In 1975 I became a member of the Orders and Medals Research Society (OMRS), a London firm, and would go up to London to Baldwin's where I bought a lot of my early items. I used to visit all the Medal dealers in London.

Occasionally I did some book binding work for some of them. I didn't keep that up for long though because the travelling took so much time and if I obtained say a trolley full of books, they were very heavy to carry around.

To me reading the history of the wars is vital. Wars like the Great War, books about the Indian Mutiny. In my collection I have a lot of things from India, from all the campaigns and battles.

Much of my collection I purchased in the sixties and some items were given to me from people in the village, friends of my parents, who knew of my interest in history. I've collected hundreds of books that I can't even count how many. I make a point of reading them for obvious reasons.

My interest in collecting Queen's Royal West Surrey Regiment was awakened mainly because the Regiment

*continued on page 14*



**Main picture:**  
*Cranleigh Common in 1911 where Ian's great grandfather David Stedman lived at no. 4 Parkgate Cottages (photograph courtesy of Mike Rackley)*

# memory lane . . .



was a part of the local area and I knew so many people that served in it. My cousin, George Cecil Stedman, was in Burma during the 2nd World War serving in the Queen's Regiment. He used to tell me dreadful stories when I was a little boy. Like one day a jeep full of Japanese officers came down the hill through the forest. The Gurkhas were hiding up in the trees, waiting for them and at the right moment they dropped down on them and killed them all. The Gurkhas were proficient fighters and knew what they were doing.

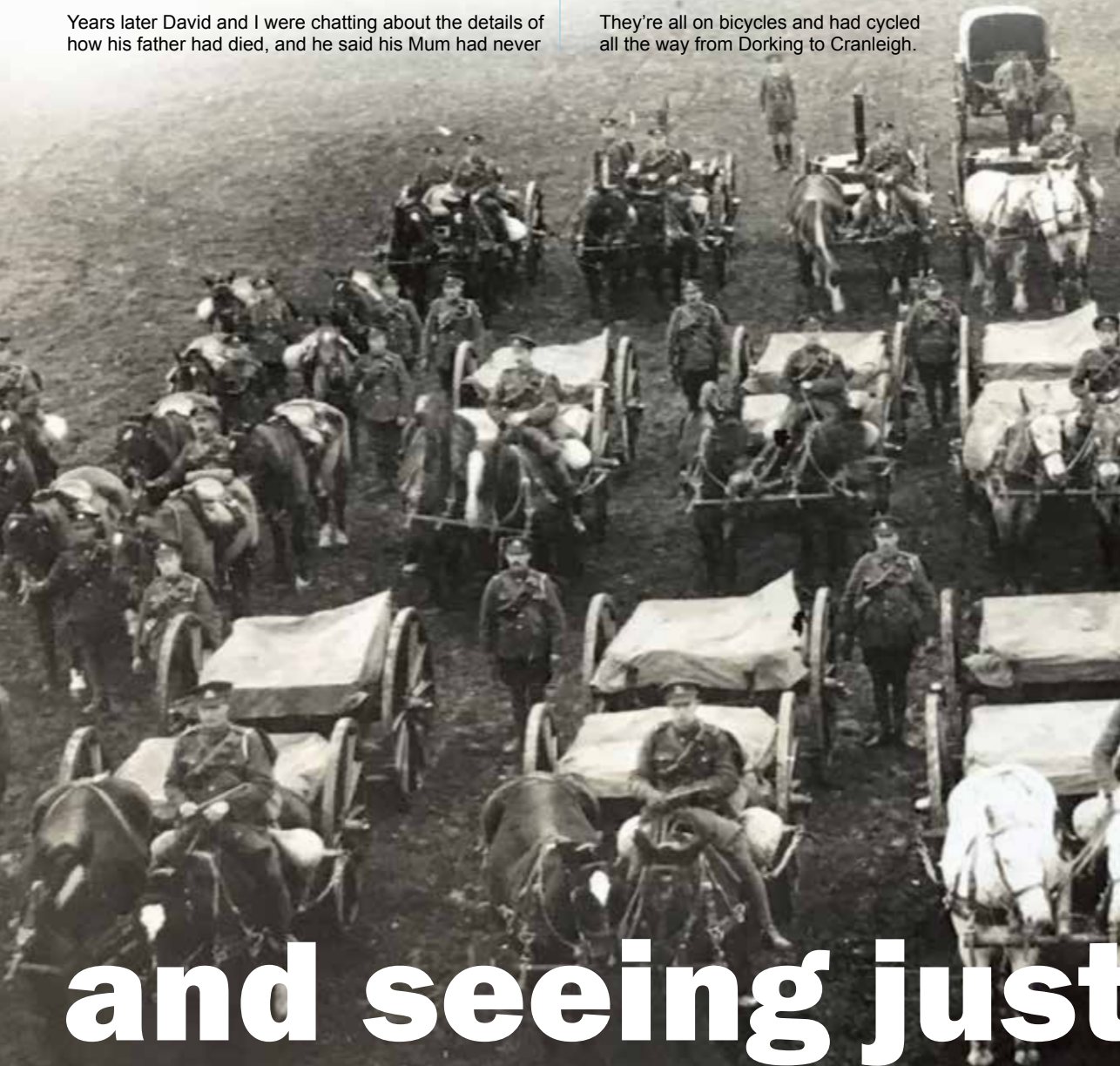
There was another particular friend I knew - David Gettings, whose father was killed in Burma. My cousin George Cecil Stedman, who had fought in Burma alongside him, went to visit Mr Gettings's widow, to tell her how he'd seen her husband die in action. He was killed by a Japanese sniper as he reached up to put his shirt on.

Years later David and I were chatting about the details of how his father had died, and he said his Mum had never

mentioned it to him. Sometimes people cannot talk about these events because they are too painful. But we need to remember them and the sacrifices that were made for us. Behind all this collection of books and medals are stories of real lives; local people who've lived and died serving their country.

Sometimes I come across things quite by accident; one particular item came from one of my dad's cousins. His name was Edward Dicker and he lived on the Guildford Road originally, with his father. He was Cranleigh's first retained fireman and I have got his medals, including all his fire brigade medals and memorabilia. He was a volunteer in the Territorials. I have a photo that was taken of him at the Cranleigh obelisk. He's sitting on a bench with the Dorking company of the Queen's.

They're all on bicycles and had cycled all the way from Dorking to Cranleigh.



# and seeing just







Edward Dicker at Cranleigh obelisk with the Territorials (circled)

I value everything in my collection from something like that – a photograph of a particular moment in a man's life to some things of great value say on the open market. It's a matter of perspective how each is valued. I would never sell any of it though.

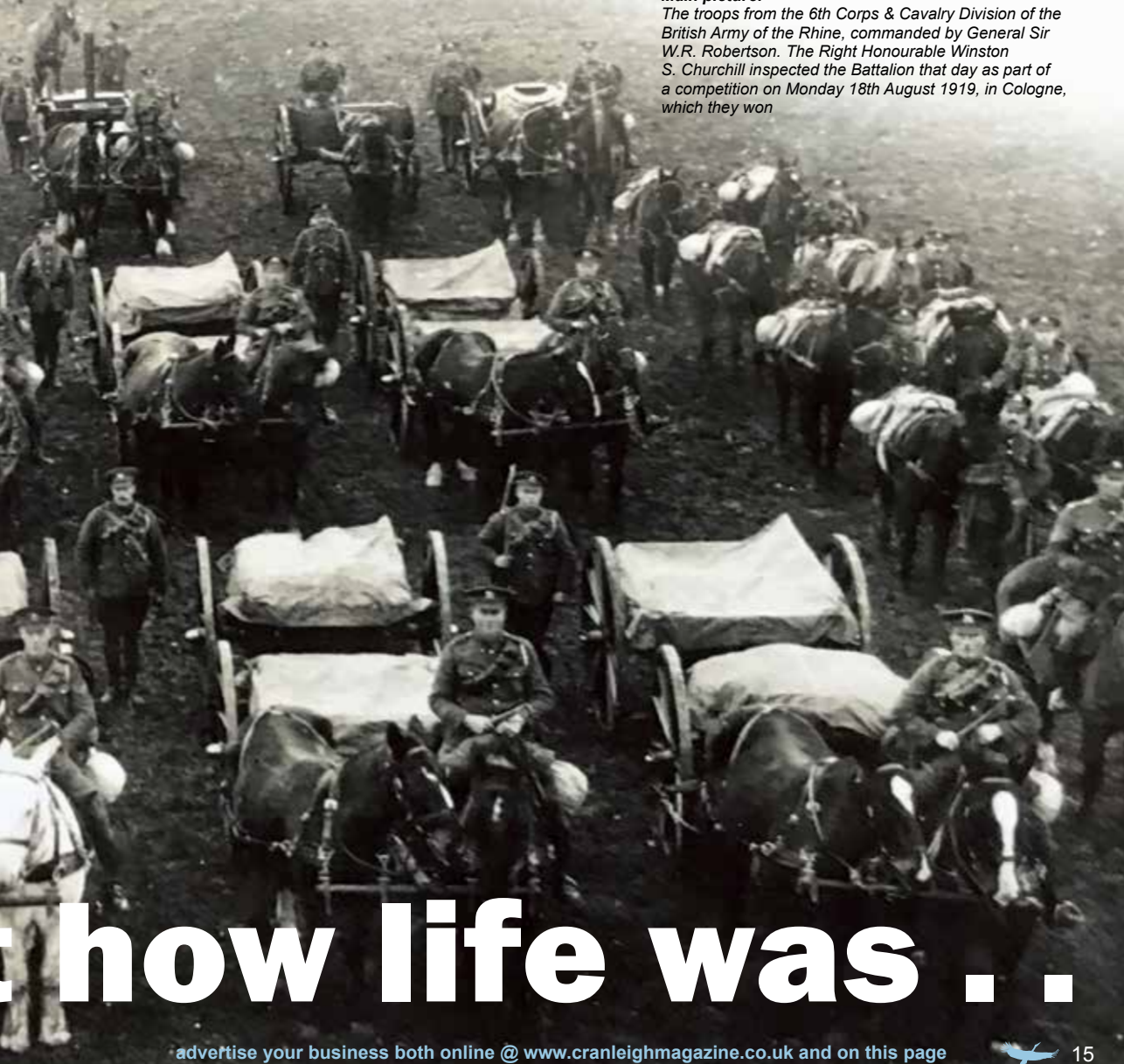
Whenever I add something like a medal to my collection it's always of additional interest if there's a photograph or something personal that links the item to the person and their life. I've bought a Victory medal recently that was presented to a chap who is buried in Guildford cemetery. I was subsequently given a photograph of him and that's a nice addition to the collection.

I discovered another chap who was born in Alton and had lived in Guildford. At the time of his death, when he was killed in France, he had no surviving family

*continued on page 16*

**Main picture:**

*The troops from the 6th Corps & Cavalry Division of the British Army of the Rhine, commanded by General Sir W.R. Robertson. The Right Honourable Winston S. Churchill inspected the Battalion that day as part of a competition on Monday 18th August 1919, in Cologne, which they won*



# how life was . . .



# before we had i

relatives. He left his medals to his girlfriend, who lived in Guildford. I have got all the papers she signed to say she accepted his medals, and other accompanying papers. She had to go to an official and sign for them all. Obviously, she didn't marry him because he'd died in action, but he was a Guildford man and his name is on the Alton War Memorial. Rather a sad love story as she was the only one he had left. The interesting fact is that all these papers are held in The National Archives.

Another is a letter written to me concerning two Cranleigh men in the 1st Battalion of the Queen's Regiment. One of them was a William Cooper. He wrote to me in 1977 and described how he was standing next to the second gentleman, Alfred Cracket as he was killed at Arras in 1917. William Cooper himself was taken prisoner, but survived and lived to be over 81, despite having a bullet lodged near his lung.

Apparently, Alfred Cracket went to throw a bomb at the enemy and a Saxon officer shot him in the attempt. On the other side of that letter it mentions Arthur H. Eade. He was a lovely fellow and it was he who got me interested in the 1st World War, in which his uncles had fought. He lived on Smithwood Common and was a good friend of my father's.

Arthur Eade survived the war and gave very graphic descriptions of trench warfare and the daily life of a soldier. On several occasions men with him were killed, but fortunately he came through the war with barely a scratch.

There was a time in 1917 he told me when he was serving on Mount Po, in Italy. It was Christmas time with snow and everything. Out of the blue a cake arrived from his mother for Christmas. They thoroughly enjoyed



Identification disk and photo of William Cooper (circled). Do you recognise the other men in the photograph?





# iphones



Arthur Eade in uniform

sharing it together. Can you imagine it? In the middle of the war, a cake arriving from Cranleigh and it's snowing, then there's 'peace and goodwill' in the air. Shortly afterwards he was posted back to France and put into the front line. They were attacked by the Germans in 1918 - the big attack. In the battle reports, it says they fired over 2 million rounds into the Germans, 2 million rounds - that's a lot of bullets among 2 battalions of troops!

Another thing he told me was they never did any bayonet fighting, ever! It just never happened because they didn't get close enough. Often these days, the media portray it all incorrectly but when you read the books you'll discover very few soldiers got into action with single-handed man-to-man fighting in the 1st World War.

Arthur didn't ever get wounded, save a cut finger from barbed wire once, that's all. He was trained as a Lewis gunner. All the infantry towards the end of the war were trained as Lewis gunners, as they were more useful. A rifle was sufficient but a Lewis gun was more efficient as a killing machine. After the war he was sent to Cologne, where he stayed as part of the army of occupation. Cologne was the main placement area for the British troops. He returned later to Cranleigh and lived here all his life.

Arthur is pictured (on the left) in his smart uniform wearing his bandolier, which held all his ammunition. If you look more closely, you can see he's got an upside-down stripe which indicated he'd served 4 years in the Army, during the 1st World War. On the previous page Arthur is somewhere in the Battalion transport photograph, can you spot him? (pages 14-15)

I've also got photographs of the 10th (Lambeth) Battalion of the Queen's who mostly originated from London. There are 2 people from Cranleigh in this photo. One lived in Mead Road and the other is Arthur Eade again.

**Below:** A picquet of the 10th Queen's behind a barbed wire road block on Wyttschaete Ridge in April 1918

*continued on page 18*





They were next door neighbours in the village. The photo shows them digging a trench just before they went to France. Strangely enough the other chap knew my Dad very well. My father did all his decorating for him.

There's another picture of Arthur behind barbed wire (see page 17) It was taken during 1st World War of the 10th Queen's Battalion during the final stages of the war. They are behind a trench block and are moving up to attack.

I discovered a photograph in the Imperial War Museum, which is so much like him that I am sure it is him. It was incredible to find this picture of the 6th Queen's where there's this one man standing, eating bread in the trench during the winter. On close inspection it looks so much like him, it's unbelievable. I had to look twice! I knew him and his family well and have a photograph of him as a soldier from his family so I could compare. But this photograph came from the Imperial War Museum. I had a friend who used to work in the Imperial War Museum.



Arthur Eade circled (far right) and his neighbour (circled left)

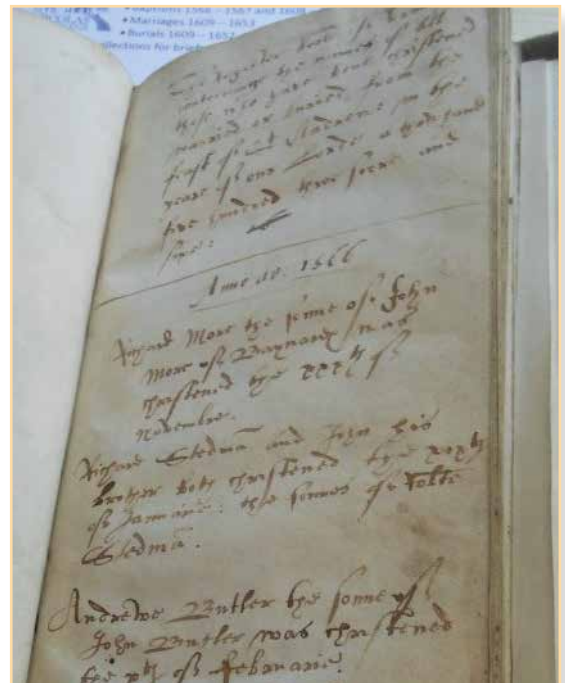
Local families were represented in various regiments. Joe Cheesman (later Chairman of Mann's) was in the 3rd Glosters. I have got all his army papers. He went out to France in the middle of the big German offensive of 1918, and was transferred to the 8th Glosters as reinforcement, but was taken prisoner. The funny thing is, when his family wrote for news of him, the Army didn't know where he was at all! They found him in the end, but it took a very long time. He was lucky to be alive because not many survived.

I also knew Chris Brand who was a Director of Mann's. When he died, his wife gave me all his medals. He was in the machine gun regiment in the Queen's, during the 1st World War. On one occasion I had done some book-binding for him in Mann's and got talking to him. He introduced me to John Womack, regarding him as an office boy then! Well as it happened I knew John's wife Mrs Womack, who served on the Isle of Wight in the Radar during 2nd World War in The Women's Royal Air Force (WRAF).

Chris Brand's brother Bill was the only man in Cranleigh who joined the Oxfordshire and Buckinghamshire Light Infantry who trained here. He was wounded in France and transferred to the RAF. I have got his set of RAF wings. In the Middle East he became an expert on carpets, so Mann's opened a carpet department where the café is now.

There's one other interesting point. People locally have heard of Robert Collins, a butcher from Cranleigh who was killed in the Great War. He was wounded serving on the front line and while recovering from his injuries in hospital in Norwich, died of a thumb infection.

He got me through to the photographic section as he was in charge.



1566, 2nd entry: twin Stedman boys christened (Cranleigh parish register in Surrey History Centre). Since then, in the 19th century, Ian's great-grandfather, David, lived at 4, Park Gate Cottages. Ian's grandfather, William, moved to 3, Broadhurst Cottages, Smithwood Common, and his father, Cecil, bought 12, The Mount in the 1930s

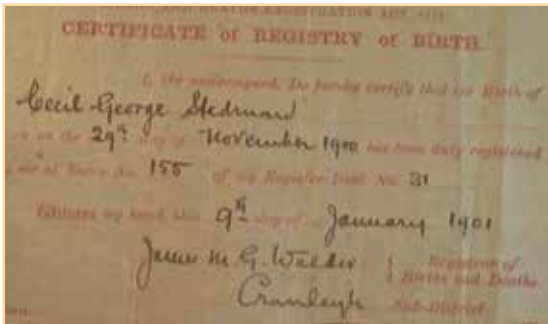




William Stedman (b.1865) son of David, and his wife Alice (nee Lassam) centre. They were married on Christmas Day 1866 in St.Nicolas church and are seen here with their seven children, (back) Gertrude, William, Florence, Ethel, Alice, (front) Cecil and Wilhelmena at 3, Broadhurst Cottages, Smithwood Common



VE Day May 8th 1945. V for victory, Stoughton Infants School Guildford, Ian Stedman is circled near the front



Cecil Stedman's birth certificate, dated 29th November 1900



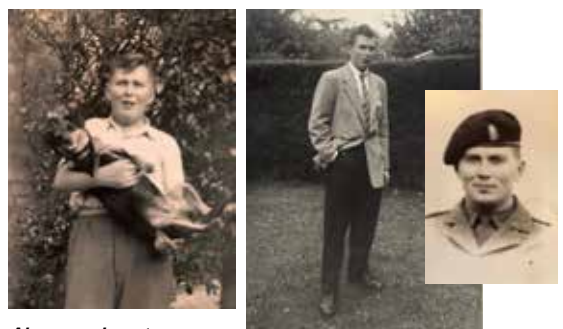
Cecil's Stedman's house, 12 The Mount pictured in the early 1930s purchased for £350, where Ian Stedman grew up



Cecil Stedman's Sunday School Prizes, 1910-12

I don't buy as much nowadays unless I see something special and it's priced within reason. It would be lovely to place my collection in a local museum in Cranleigh perhaps, but there's no opportunity for that at the moment.

There's always the risk if it's not recognised in this way, that it may be sold to other collectors or get moved on, broken up and dispersed. ■



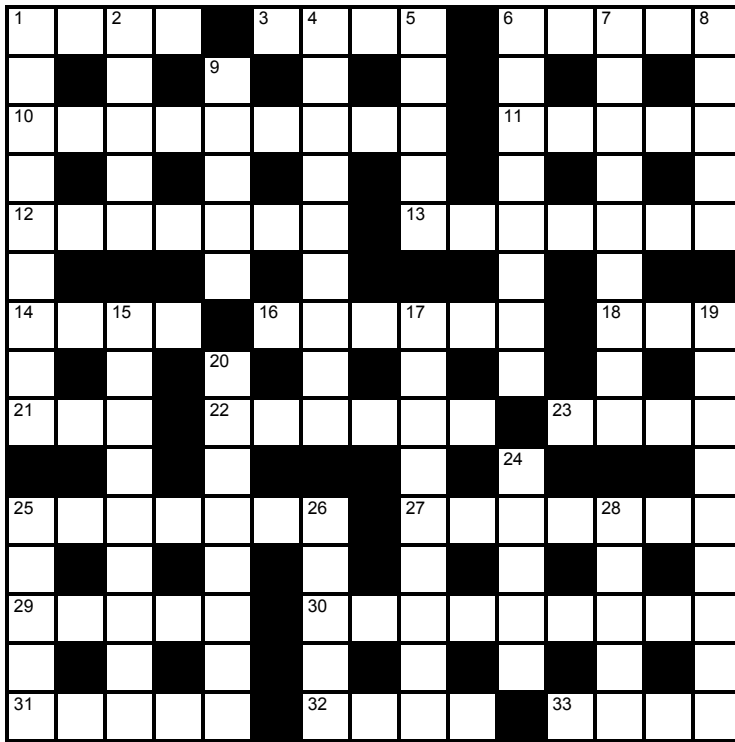
**Above and centre:**

Ian Stedman in the garden, 12 The Mount, Cranleigh and far right as a National Serviceman

**Editor's note:** Perhaps we need to create a 'Cranleigh Museum' to house Ian's collection along with many other similar artefacts in a local building; like the old Cranleigh Hospital - a building already steeped in history. With the Arts Centre, pubs, restaurants, coffee shops and nearby parking facilities perhaps there's an opportunity to start one? Or rebuild the old Cranleigh windmill on the Common and house the museum there. 'Everything has to start with an idea'. Answers on an email please.



## August Crossword Puzzle



### Across

- 1 Tasks (4)
- 3 Thin layer (4)
- 6 Expiry (5)
- 10 Repentant (9)
- 11 Tooth top (5)
- 12 Possible cause of skin cancer (7)
- 13 Glitter (7)
- 14 Excess of expenditure over income (4)
- 16 Ignominious failure (6)
- 18 Conditions that are possible but uncertain (3)
- 21 Silent (3)
- 22 Long narrow excavation (6)
- 23 Version still being developed (4)
- 25 Slackens (7)
- 27 Animate (7)
- 29 Serious wrongdoing (5)
- 30 Icy pellet (9)
- 31 Snake (5)
- 32 Entertain in a public place (4)
- 33 Lugs (4)

### Down

- 1 Capital of Israel (9)
- 2 Started (5)
- 4 Childish (9)
- 5 Thaws (5)
- 6 E.g. Mussolini (8)
- 7 Adjoining (9)
- 8 Pivot (5)
- 9 Fix a computer program (5)
- 15 Use of metaphors (9)
- 17 Organizations (9)
- 19 Rust-resistant (9)
- 20 And so forth (2,6)
- 24 Sudden burst of light (5)
- 25 Doctor's replacement (5)
- 26 Indian form of address (5)
- 28 Violin's bigger sister (5)

Colin the Cranleigh Chameleon, was hiding on page 34 during the month of July. Did you spot him?  
Crossword and Sudoku – answers will appear in the next issue.





## August Sudoku Puzzle 1 - Easy

	2					5	6	4
					3	9	7	
		7	1					
	1					2		8
9		2	5		4	7		3
3		8					5	
					7	4		
	3	9	6					
5	7	1					3	

## August Sudoku Puzzle 2 - Hard

		6				8		
2			4					6
8	9	1	3		2	7		
			2	3	4			
5				8				9
			5	9	1			
		3	1		5	2	6	8
1					3			7
		4				3		

1	E	2	B	3	I	4	L	5	I	6	S	7	F	8	S
9	R	A	I	N	S	T	O	R	M	10	P	R	O	W	L
11	U	E	C	B	P	R	L	L	E						
12	P	E	R	H	A	P	S	13	S	P	A	R	K	L	E
14	T			R	T			15	Y	S	S	P			
16	13	A	R	R	I	V	E	14	S	15	S	W	I	R	L
17	A	E	O	16	R	O	P	E	17	N	E				
18	U	P	S	E	T	P	E	19	S	A	G	A	S		
20	S	I		21	B	O	I	L	22	U	E	S			
23	T	E	S	T	Y	T		24	L	I	N	E	R	S	
25	R	T	O				B	B							
26	A	M	A	L	G	A	27	M	28	O	N	A	D	29	A
30	L	N	U	O	U	K	T	C							
31	N	C	U	R	32	P	E	N	T	E	C	O	S	T	
33	A	E	T			E	D	D	M	S					

July Crossword Solution

1	7	5	2	3	8	4	9	6
2	4	8	6	9	5	3	1	7
6	9	3	4	1	7	2	5	8
7	5	9	3	8	6	1	4	2
8	1	4	9	7	2	6	3	5
3	6	2	5	4	1	8	7	9
4	8	1	7	2	9	5	6	3
5	3	7	8	6	4	9	2	1
9	2	6	1	5	3	7	8	4

July Sudoku Easy Solution

3	6	4	2	8	5	7	1	9
7	1	9	3	4	6	5	2	8
5	8	2	7	9	1	3	6	4
8	4	5	1	6	7	2	9	3
6	2	7	8	3	9	1	4	5
1	9	3	4	5	2	6	8	7
2	3	6	9	7	4	8	5	1
9	5	8	6	1	3	4	7	2
4	7	1	5	2	8	9	3	6

July Sudoku Hard Solution



## Down Memory Lane . . .

**W**hen you take a trip down memory lane, you revisit aspects of your past or a common shared past. This could be the story of your families life or even the history of your country.

Recollecting memories is special, it helps us understand the importance of life, friends and family. Memory also shows just how much life has changed over the last Century or even a decade.

Understanding the hardships our ancestors went through helps us shape the world we now live in, enabling one another to achieve our very best! ■



# D**Days** Dates for your **Diary**



**Friday 3 August Cranleigh Country Market will be held in The Bandroom, Village Way, Cranleigh, 9.15 – 11.00 am** offering a wide selection of home-made baked items containing no added preservatives, hand-made crafts, freshly picked home-grown produce (when available), plants and the best free-range eggs around! Delicious preserves are one of our specialities. Our marmalades include, ginger, lemon & grapefruit, lemon & lime, St Clements (orange & lemon) as well as the traditional Seville orange of course. Our beetroot chutney is delicious with cheese on toast. Refreshments **served all morning**.



All welcome to guided, free, sociable, HDC walks led by trained volunteers; no need to book, just turn-up at the start point. A booklet containing over 250 walks is available from the Walks Co-ordinator on **07720 714306** or online at [www.horsham-healthwalks.co.uk](http://www.horsham-healthwalks.co.uk) Beginners are recommended to contact the Walk Leader: to discuss suitability. All walks can be wet and muddy in places. Forthcoming walks in the Cranleigh magazine distribution area and neighbouring areas are as follows:-

**Fri 10 August 10:00am: The Mens.** The Mens is an area of extensive ancient woodland managed by the Sussex Wildlife Trust. Unspoilt woods left to nature with isolated attractive cottages. The 4½ mile walk, taking 2¼ hours, includes some inclines and minor roads and can be muddy in places. Take the A272 for two miles past Wisborough Green, turn left on a side road signed Hawkhurst Court where after approximately 150 yards there is a small car park on the right. (TQ024237) **No dogs. Leader: Margaret 01403 262311**

**Tue 28 August 10:00am: Ockley Forest Green, Park/meet in car park on the Horsham side of the Village cricket field (TQ 146399).** Flat (some

stiles) 5¼ mile circular walk over farmland on the Sussex/Surrey border. Superb views of the North Downs & Leith Hill Tower; many old interesting farm buildings and houses. **No dogs. 2½ hours. Leader: Geoff 01403 258180**



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Saturdays: at 11am, 90 minute walk.

**All walks meet at Cranleigh Leisure.**

Visit our website to find out more about your local health walks: [walkingforhealth.org.uk](http://walkingforhealth.org.uk)



'Parkrun' in Cranleigh is a running event that takes place each Saturday at 9.00am in Bruce McKenzie Memorial Field. It draws people from Cranleigh and surrounding areas and is effectively a local running club. It's for anybody who wants to run or simply wants to keep fit and be out in the open air. Its 5km, and you can run it or walk it. By 10 o'clock people are usually going home or sitting in the Leisure Centre having a cup of coffee, so it's very friendly. It's not competitive as such other than with oneself. ■

If you would like more information please visit the web site: [www.parkrun.org.uk/cranleigh](http://www.parkrun.org.uk/cranleigh)



**25th August 7.30pm St Nicolas Church Cranleigh** POP GOES THE ORGAN Concert this is set to be a lively night **£10** from Office **01483 273620** or on the door for further details check the website [www.stnicolascranleigh.org.uk](http://www.stnicolascranleigh.org.uk)





## ALFOLD TENNIS CLUB



Looking out at the courts from our Club room

**W**e are a thriving tennis club situated just off the A281 at Alfold Crossways, half way between Horsham and Guildford.

**Below are contact details for the club and coach:**

Club Secretary: email: [secretary@alfoldtennis.co.uk](mailto:secretary@alfoldtennis.co.uk)  
 Club coach - Warwick Pistorius -  
 contact [www.coaching4alltennis.co.uk](http://www.coaching4alltennis.co.uk)  
 or phone **07568 549177** [www.alfoldtennis.co.uk](http://www.alfoldtennis.co.uk)



## Cranleigh Bowls Club



**C**ranleigh Bowls Club is welcoming all to come along and enjoy a free taster session of bowling. This is a great opportunity to try Bowling for a first timer, join up with other bowling enthusiasts, or just meet new people in a friendly environment on one of the finest bowling greens in Surrey.

**HOW TO FIND US!** We are located at the rear of Cranleigh Village Sports & Social Club in Parsonage Road, which has ample free car parking facilities, changing rooms, and a lively bar.

**For more details please ring Alan on 01483 274682 Bill on 01483 275992 or visit [www.cranleighbowlingclub.com](http://www.cranleighbowlingclub.com)**



**E**whurst Bowling Club situated on the edge of the recreation ground, always welcomes new members, those with experience or newcomers who would like to learn to play. You don't need expensive equipment to start, just a pair of flat shoes to keep our beautiful green in good condition.

Bowls is a game for all ages, members are re-

nowned for their friendliness and the club has lots to offer in the way of social activities too. If you are interested, please contact Nigel on **01483 272513** or Richard on **01483 277494**. Why not come along and see if bowls is a game for you.



## Why Not Try the Sport of Boules?

We are a friendly club that plays Boules (or Petanque) in the leafy grounds of the Cranleigh Village Sports and Social Club, Parsonage Road, GU6 7AN. We play, all year, on Saturday mornings from 11am to 1.30pm and Thursday afternoons from 2 to 4pm, and some of our members play in competitions at home and at clubs around the South East from April to September. Interested? Just come along and try it out – no experience necessary and we can provide the equipment. **Want to know more?**

See our blog [cranleighpetanqueclub.blogspot.co.uk](http://cranleighpetanqueclub.blogspot.co.uk) or call our secretary Jane on **01483 276952** or just turn up and join in.

## 'We Care'

### A new group for people with Dementia 1st & 3rd Thurs every month 10-12 am

Are you caring for, or living with, someone who has memory problems or who has been diagnosed with Alzheimers of Dementia? Would you like some support? A chance to talk with others in the same position and have a little time to relax and enjoy being part of a group that shares your problems.

WeCare is a group that meets twice monthly in the Glebe Centre in Ewhurst where volunteers run a relaxed and informal get together.

Enjoy coffee, Tea and cake, games, chat, exercises and music. If you are interested come along and join an enthusiastic group where you will have an opportunity to unwind . . . somewhere where there is a warm welcome for all. 10.00 to 12.00 noon

**The Glebe Centre, Ewhurst. GU6 7PY.**

## Cranleigh Library dates/times

High Street, Cranleigh, GU6 8AE  
 Telephone: 0300 200 1001

### Opening times:

Mon: Closed all day

Tuesday to Saturday: 9.30am – 5.00pm

Rhymetime: Fridays 10.30 – 11.00am

Storytime: Tuesday 3.30pm – 4.00pm &

Saturdays 10.30am – 11.00am



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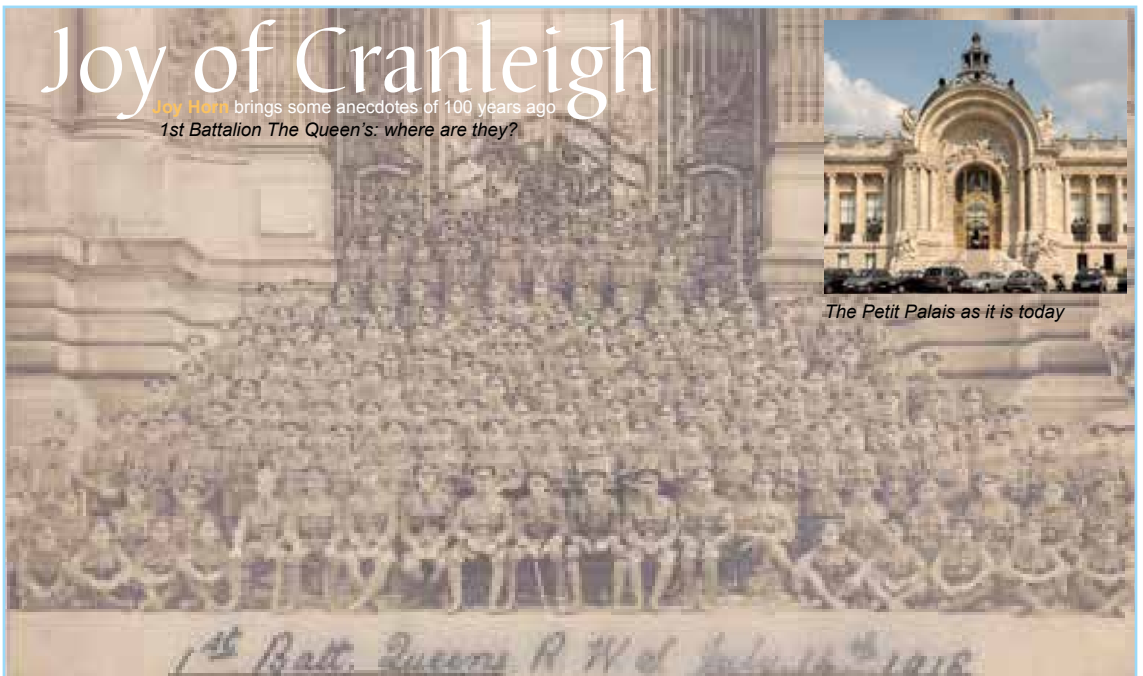
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## Joy of Cranleigh

*Joy Hall brings some anecdotes of 100 years ago  
1st Battalion The Queen's: where are they?*



*The Petit Palais as it is today*



**Mystery photo of 1st Queen's in July issue.** This photo of the 1st Battalion, The Queen's, assembled in front of a very grand building on 14 July 1918, has now been authoritatively explained. The Surrey Infantry Museum says that a contingent from The Queen's joined other contingents to form a composite battalion representing the British Army in France at the 'Demonstration' in Paris on 14th July (French National Day). Imogen Middleton, Project Officer of 'Surrey in the Great War', has identified the building as the golden gates at Le Petit Palais (just off the Champs Elysées). Grateful thanks to them all!







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# Me

## Brain Facts:

- The brain uses 25% of the body's entire energy supply but only accounts for 2-3% of the body's total weight.
- The brain needs the right raw materials to make neuro transmitters - vitamins, minerals and amino acids.
- 25% of the cholesterol in your body is found in your brain where it plays an important role in brain function.
- Inflammation is extremely damaging to the brain. When the brain protects itself from inflammation it produces a protein plaque which eventually causes damage. A diet high in sugar, trans fats, processed foods, a heavy metal toxic load, poor hydration and stress lead to inflammation.

## How can you support your brain?

### Exercise:

- Regular aerobic exercise boosts the size of the

hippocampus, the brain area involved in verbal memory and learning.

### Stress:

- Prolonged periods of stress are extremely damaging to the brain. Anxiety leads to high cortisol which is very damaging to the neurons which are responsible for Alzheimers and other forms of dementia.
- Regular meditation has been shown to increase the volume of the prefrontal cortex and the ability of the brain to think rationally. It has also been shown to reduce inflammation and stress. Try a meditation app such as Headspace for 10 minutes a day.

### Sleep:

- Sleep has an incredibly restorative function for the brain (aim for 8 hours). When the body is asleep the brain is able to clear out its waste. Worsening sleep quality and duration is linked to a build up of the protein that is seen in the brains of Alzheimers' patients.





# Memory Fading?

by Sue Potgieter

Registered Nutritionist & Naturopath mBANT

- Polyphenols are compounds found abundantly in natural plant food sources that have antioxidant properties. They are particularly found in colourful fruit and veg. Buy organic where possible for higher levels. Eat a rainbow. 5-7 portions a day.



## Beneficial Foods:

- Follow an anti-inflammatory diet including plenty of oily fish, eggs, nuts and seeds (especially walnuts).
- Healthy fats: olive oil, avocado, coconut oil and ghee.
- Vegetables particularly green leafy ones.
- Green tea is very anti-inflammatory and studies show 2 cups a day may be effective in improving cognitive function.

## Interesting books to read:

*The End of Alzheimers* by Dr Dale Bredesen

*Grain Brain* by David Perlmutter

*The Biology of Belief* by Bruce Lipton

*Switch on Your Brain* by Dr Caroline Leaf

*Brain Maker: The Power of Gut Microbes to Heal and Protect Your Brain* by David Perlmutter

*How Not to Die* by Michael Greger

## Podcasts to listen to:

Feel Better, Live More by Dr Rangan Chatterjee:

episode 18: The Best Foods to Nourish Your Brain ■

For a fully referenced pdf version of this article please email me.

[sue@thegenuinelivingcompany.com](mailto:sue@thegenuinelivingcompany.com)

For further advice on health problems or to book a dietary health check please contact me:

[sue@thegenuinelivingcompany.com](mailto:sue@thegenuinelivingcompany.com)



Sue

*Cromwell Coffee House-Homemade Food*



## What nutrients does the brain need?

- Omega 3s - a fifth of the brain's weight is made up of essential fatty acids which play an important role in the transmission of nerve signals. Omega 3s are found in oily fish, nuts and seeds.
- Vitamin D - low levels have been linked to an increased risk for Alzheimers. Get your levels tested at the GP. Even though we are having beautiful weather you may still be low in Vitamin D. 10 minutes in the sun without sunscreen will help the body to make Vitamin D.



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For more information contact Mike Wilson on **01483 271 733**



**Some say . . .**

**Yesterday is but today's memory,  
 and tomorrow is today's dream.**

**Khalil Gibran**

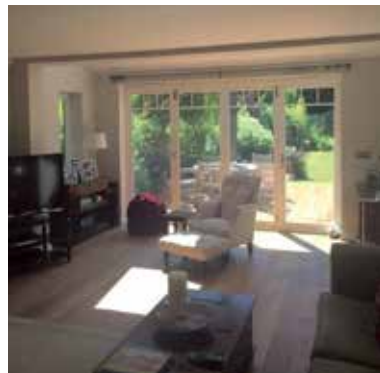




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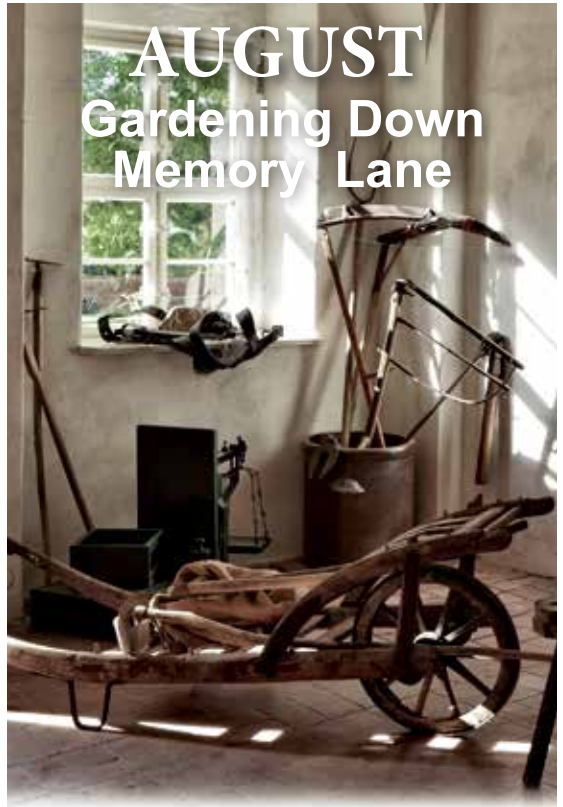
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## AUGUST Gardening Down Memory Lane



**G**ardens have always been a special part of our homes, whether we're looking at 100 years ago or 1 year ago. How much have gardens transformed? Here are just some of the numerous ways that gardens have developed over the past 100 years.

- In the past, it's fair to say that gardens were mostly used as a way to supply food for the whole family. Whilst growing food is now seen as a hobby for some, having a food source in the garden 100 years ago wasn't a choice, it was necessary.
- Spending time in the garden has become a leisure activity for many people. Most people have a lot more spare time than was obtainable a century ago, which makes gardening for fun all the more worthwhile.
- While plants grown today are very alike to those grown 100 years ago, there is now a much broader assortment available. This means that our gardens are now a lot more colourful and vibrant.
- Technology has unquestionably altered to suit our needs over the past century. We like ways that will make our gardens easier to handle without lots of hard work.





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If your car is under three years old, and still covered by dealership warranty, any work undertaken by Mechanical Engineering Services will preserve that warranty, so you needn't worry about going back to the dealership directly.

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for you, work on it to a level above and beyond the industry standard, fully valet the vehicle, and deliver it back to you at home or work. Even better, both collection / delivery and valet are absolutely free of charge. Leave your car at home and come back in the evening to find it exactly where you left it, but with all required works fully complete.

There are now 9 courtesy cars and 3 courtesy vans available for customers use, at no extra expense. Keeping customers mobile has always been a keen focus for the team. Another ever-popular reason to choose MES as your local vehicle care centre. MES has recently invested in its very own purpose built MOT testing facility on site. Should your vehicle fail its MOT, then a Service Advisor will always contact you before letting the workshop carry out any work at all, and don't forget - any retest required is done free of charge! There are quite often service and MOT deals on offer, so keep an eye out to find a deal to suit you.

As a homegrown local business, Mechanical Engineering Services is a proud example of local Cranleigh ingenuity. Always striving to be top of their game, the team at MES are dedicated to providing local Cranleigh and Guildford customers the most advanced technology available. This, as well as keeping any repairs cost efficient and optimally effective, whilst offering unparalleled customer service.

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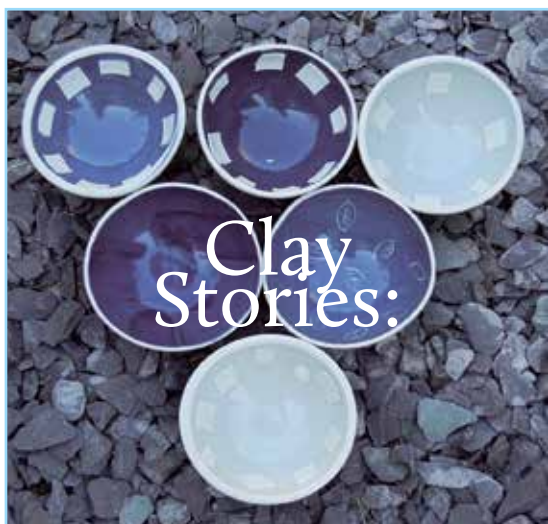
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**RICS**™





## An interactive pottery exhibition at Leith Hill Place

**F**rom **6 July-3 September** at the National Trust's Leith Hill Place in Dorking, Surrey, Farnham-based ceramics collective 'artists@318ceramics' will present Clay Stories, an exhibition of ceramic art inspired by the house and its history

Leith Hill Place is intimately tied to a plethora of creative names: composer Ralph Vaughan Williams, naturalist Charles Darwin, and Josiah Wedgwood III, grandson of the famous potter. Artists@318ceramics, a collective of artisanal artists, some of whom have exhibited nationally and internationally, will draw from this rich history to create brand new artworks in clay.

As a former home of the Wedgwood family, who brought pottery to the masses in the eighteenth century, the quiet domesticity of Leith Hill Place makes a deeply fitting setting for a ceramics exhibition. The ceramic artists will showcase the house in a new light, bringing back to life the spirit of its previous owners through a range of pieces scattered throughout the rooms.

The exhibition is free to visit with normal admission from Fridays to Sundays. Members of the public are also invited to two workshops on **Saturday 28 July and Saturday 4 August** to participate in a mass artwork with the artists. Participants will be able to make and decorate their own small clay bowl in the Wedgwood style, which will become part of a large art installation in the house in August.

Workshops run from **10.30am-12.30pm and 2-4pm on each day** and cost **£5 per bowl**. Places are limited, so booking is essential on **01306 711685**. Bowls can be collected at the end of the exhibition in September. For more information on the concerts and other events at Leith Hill Place this summer and to book tickets, visit [nationaltrust.org.uk/leith-hill-place](http://nationaltrust.org.uk/leith-hill-place) ■

## Food Bank launches Recipe Book



**C**ranleigh Food Bank, which has now been in operation for 4 years is launching a recipe book, which uses foodstuffs given out in the food parcels.

To enable those who use the Food Bank to turn their 'food parcels' into appetising and nutritious meals, a bespoke recipe book has been compiled and will be given to those who visit the Food Bank.

In conjunction with this, Surrey County Council's 'Family Learning' will be running a Cooking on a Budget course focussing on meals that can be made using the tinned and packet food that is distributed through the Food Bank.

Delicious, nutritious budget meals such as corned beef hash, fruity cornflake crunch, chickpea and potato curry, easy fish pie, fruity rice pudding and healthy apple muffins will be cooked. A creche will be provided through 'Surestart' so that parents can cook in peace.

The Food Bank operates on the **1st, 3rd and 5th Fridays** of the month, between **10am and 12 noon** and is hosted by **Cranleigh Baptist Church**.

If you need help, or know of anyone who does, please encourage them to get a voucher from organisations such as the Citizens Advice Bureau, Health Centre, Surestart, Schools, Age UK and bring it along to the Food Bank to exchange for food. On the Fridays that we are open, we also run a drop-in café and welcome anyone for a cup of coffee, cake and a chat in a friendly environment.

**For further information please visit the website. [www.cranleighfoodbank.org](http://www.cranleighfoodbank.org). ■**

## A Big Thank You!

**'The West Surrey Branch of the Motor Neurone Disease Association held a Street Collection in Cranleigh on, 16th June, and raised £756.81.**

The money will go towards further research into this disease and provide some equipment to make the lives of some of our patients more comfortable.

Many thanks to all who collected and all those who kindly donated.'

**MARY CARR Promoter**



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# BOOK REVIEW

## The Memory Shop

by  
Ella Griffin



'A wonderfully charming read, very relatable and real characters that all come together in one way or another.'

- Waterstones Customer

**W**ill every cherished possession find the perfect home? Nora's world has been flipped upside-down. Fleeing heart-break in London, she returns to visit her childhood home in Dublin where her grandmother's adored house is being sold. Nora has been left with a legacy of beloved belongings, but no home of her own to keep a hold of them.

Unable to bring herself to auction them off, Nora decides to stay in Dublin and open The Memory Shop, a very unique business which matches each stunning object with the perfect owner. It's not long before these objects start to alter the lives of those they touch, crafting new stories and new opportunities at happiness.

As Nora sets free a lifetime of treasures, she reveals enticing clues to her grandmother's enigmatic past. But can she finally let go of her own?

An inspirational novel set in a delightful Irish community, about love, family and discovering your way. Perfect for fans of Jenny Colgan, Emma Hannigan and Carole Matthews. Griffin's characters are enchanting, nuanced and their stories make charming reading as she explores affection and relationships with warmth and feeling! ■

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# 20th Anniversary Celebrations – Home-Start say thank you to all their Volunteers.



**H**ome-Start in Waverley has recently held a celebration lunch for all of their volunteers. The volunteers came from all over the District to share a lunch provided by the Trustees and staff at Broadwater Park Community Centre in Godalming. Photographs, taken over the past 20 years, were displayed alongside many quotes and testimonials of the value of the support offered.

Louise Granville-Jones cut a wonderful cake. She has been an integral part of the Charity and featured in many of the photographs as she has been with the Charity since

it first started in Farnham in 1998. Every Volunteer makes a huge difference to parents and children and as way of saying thank you they were all presented with a plant.

The Chair of Trustees thanked all the volunteers on behalf of the Trustees and Families. He said that, during the 20 years, over 1,700 families have been supported affecting over 5,000 children. This is a very tangible and significant impact on the lives of people throughout Waverley and is very much appreciated. He also said how grateful we are that local organisations and businesses were providing such generous financial support as they also appreciate the value of what we do.

Home-Start is an essential part of support that is offered to families who have a child under the age of 5 and experiencing a time of stress or strain. They offer practical and friendly support in the families own home usually one day a week for 2 to 4 hours. Every Volunteer attends a Preparation Course which ensures that they have the knowledge and understanding to support the families. The next Preparation Course will be starting on Monday in Godalming on the 17th September 2018.

If you are interested in Joining us, please call **01252 737453** or email **info@homestartwaverley.org**.



Charity No: 1119141

## Do you have a few hours a week spare ?

**Home  
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Home-Start in Waverley is currently looking for kind and caring volunteers with parenting experience to help families in your local area facing difficulties.

If you have 3-4 hours a week free and would like to find out more please contact us on the number below.



For more information about our next Preparation Course held in Godalming

**Starting in September 2018**

please contact: Home-Start in Waverley 01252 737453  
info@homestartwaverley.org www.homestartwaverley.org





## RECIPES

# Tasting our

There are two instances where the smell of food played a part in my upbringing and in my later life: the smell of my mother's home cooked Lasagne and the local coffee shop roasting coffee beans that I could smell on my way to school. I still use my mother's recipe today as a chef and in my own home cooking. Some years later, I was asked to create a 'special' dessert for a lunch where the main guest taking part, was a coffee grower-I recreated that big coffee taste and aromatic smell.

Here are the recipe results of these two "smells" that evoke many happy memories of mine. Enjoy.



## 1 POMODORO RIPIENO A CRUDO (Cold stuffed tomatoes) (Serves 4)

### Ingredients

4 Medium sized "beef steak" tomatoes (or 2 large)  
100g cucumber chopped  
100g shelled prawns cut small  
75g grated carrot  
75g finely chopped celery  
50g finely chopped shallots (or spring onions)  
50mls of lemon and olive oil dressing  
20g chopped basil and parsley  
4 bouquets of green herbs for garnish

### Preparation

1. Wash and dry the tomatoes
2. Chop the "head" off each tomato and keep it
3. Scoop out all the inside of the tomatoes discarding the seeds and chop the remainder with half of each "head"
4. In a bowl, place all the chopped food add the dressing, the chopped parsley, basil and mix well together
5. Fill each tomato with the mixture, placing each on a suitable plate
6. Garnish with the 4 half "heads" and the herbs bouquets



## 2 PASTICCIO DI LASAGNE AL FORNO (Baked Lasagne) (Serves 4)

### Ingredients

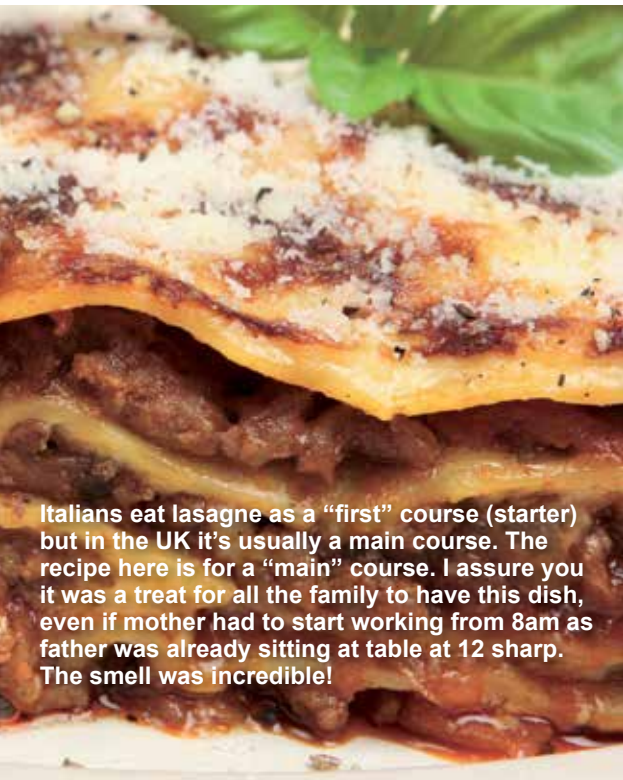
16 Sheets of dried "easy cook" lasagne  
200g lean minced beef  
100g minced pork  
1x 500mls bottle of Italian tomato "Passata"  
80g finely chopped onion  
80g finely chopped celery  
80g finely chopped carrots  
5 cloves of garlic crushed, shelled and chopped  
100mls of strong stock  
100mls of dry white wine  
30mls of olive oil  
50g butter  
25g chopped basil  
600mls of béchamel sauce  
250g grated strong cheddar cheese  
250g roughly chopped mozzarella cheese  
Salt and pepper mill

### Preparation

1. Place the lasagne in a bowl of water 4 at a time during the process
2. In a suitable non stick saucepan place the oil



# memories!



Italians eat lasagne as a “first” course (starter) but in the UK it’s usually a main course. The recipe here is for a “main” course. I assure you it was a treat for all the family to have this dish, even if mother had to start working from 8am as father was already sitting at table at 12 sharp. The smell was incredible!

and butter over the hot stove and fry the meat until its juices are well caramelised

3. Take the meat out and keep it warm, saving the cooking fat in the pan. In it place the chopped onions, celery, carrots and garlic
4. Fry it all well and then add the meat, bring all to a lively heat and moisten with the wine, reduce and add the stock
5. Let it simmer for 1 hour stirring frequently
6. Heat the béchamel and keep it hot on the side. Do the same with the Passata
7. When the meat is cooked, pour some oil on a deep metal baking tray
8. Oil it well on all the sides and bottom and then spread on the bottom some béchamel and place on it the four lasagnes you have soaked, cover with a layer of meat and then the next four lasagnes, cover with passata and cheese
9. Repeat this process until you have used up all ingredients, try to end with a thick cheese layer
10. Place the tray in a hot oven at 200°C for 20 minutes then reducing to 160°C for a further 30 minutes



## 3

### COFFEE DELIGHT (Serves 4)

#### Ingredients

- 4 Mini sponge cakes (or Doughnuts)
- 200 mls of cold strong coffee
- 300 mls double cream
- 100 g soft brown sugar (Moscovado)
- 50 g castor sugar
- 80 mls brandy
- 4 balls of coffee ice cream
- 40 g of roasted almonds flakes

#### Preparation

1. Place the sponge cakes in 4 suitable dishes (small soup bowls?)
2. Soak the sponges with  $\frac{3}{4}$  of the coffee; sprinkle on it half the brown and castor sugar. Rest for at least 1 hour
3. Whip the cream to stiff point then fold in the rest of the sugar and the brandy using a metal spoon.
4. Place one ice cream ball on each sponge
5. Cover the lot with the cream and sprinkle the almonds over

Serving this dish today, I would finish it with a big strawberry on top of each dessert. Years ago when I prepared it the first time it was autumn and strawberries were not in season and therefore not available as they are nowadays.

**BUON APPETITO – Giovanni Fontebasso** ■

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Yoga and Meditation have established long histories of benefits in terms of health, mental stability, intuitive awareness and so forth. Sound healing is also an ancient art but its rising popularity (classes in London are often over-booked) reflects a growing acceptance of its medical and mental benefits. What better way to get over the stresses of life, or to follow up on the idea of taking better care of yourself?

Classes are held in Rudgwick and supervised by Stephen Hill. He's a local teacher and healer qualified in all three disciplines, as well as holding a Degree in Philosophy. For more information go to Stephen's website: [www.sjhyoga.com](http://www.sjhyoga.com)

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## Cranleigh Arts Centre August - September 2018

During August, we close for our summer maintenance, from Saturday 4 August, reopening on Tuesday 4 September.

You will still be able to get your tickets on line through our website [www.cranleighartscentre.org](http://www.cranleighartscentre.org).

### Children's Film: Peter Rabbit (PG) Thursday 2 August, 2pm

Peter Rabbit, the mischievous and adventurous hero who has captivated generations of readers now takes on the starring role of his own cute, contemporary comedy with attitude. Peter's feud with Mr. McGregor (Domhnall Gleeson) escalates to greater heights than ever before as they rival for the affections of the warm-hearted animal lover who lives next door (Rose Byrne). James Corden, with playful spirit and wild charm, voices the character of Peter, alongside Margot Robbie, Elizabeth Debicki and Daisy Ridley voicing the roles of the triplets, Flopsy, Mopsy and Cotton-Tail. **Tickets: £5.50 16 yrs and under; £8.25 Adults; £7.25 Friends**



### Open Air Theatre Live: Measure for Measure – In the Rectory Garden, St Nicolas Church Friday 3 August, 7.30pm

Some rise by sin and some by virtue fall. Vienna is rife with brothels, loose morality and ludicrous characters. The weak Duke goes undercover, leaving his strict deputy Angelo in charge to clean the city up. But when Angelo sentences young Claudio to death for sleeping with his wife to be, Claudio's sister Isobel, a nun, pleads for his life. Angelo agrees to spare him, but the stakes are high. Isobel faces an impossible choice. Changeling Theatre's, Measure for Measure is inspired by the Moulin Rouge with a hint of the Burlesque. This will be hosted in the rectory garden, next to St Nicolas Church, Cranleigh. Bring along chairs and a picnic for a memorable night out. **Tickets: £16; £13 under 16**



### Film Festival: Forties on Film, September 12th to 15th Tickets: £8.25 Adults; £7.25 Friends; £5.50 under 25

#### Film: Casablanca (U) 1942

Wednesday 12 September, 8pm

#### Film: Brief Encounter (PG) 1945

Thursday 13 September, 8pm

#### Film: A Matter of Life and Death (U) 1946

Friday 14 September, 8pm

#### Film: The Third Man (PG) 1949

Saturday 15 September, 2pm

## Some Really Great Shows Coming Soon . . . (see our website)

### NT Live: Julie (12A)

#### Thursday 6 September, 7pm

Vanessa Kirby and Eric Kofi Abrefa feature in the cast of this brand new production. Wild and newly single, Julie throws a late-night party. In the kitchen, Jean and Kristina clean up as the celebration heaves above them. Crossing the threshold, Julie initiates a power game with Jean – which rapidly descends into a savage fight for survival.

**Tickets: £17.50**



### Comedy: Jeremy Hardy Live Saturday 22 September, 8pm

Jeremy Hardy is in his 4th decade as a stand-up this year. That's a more dramatic way of saying he started 34 years ago and, without a lottery win, probably has at least another 34 years to go. Well known on radio and TV for his appearances on many shows, such as The News Quiz and I'm Sorry I Haven't Clue. **Tickets: £15.20; £5 Students/Registered unemployed**



### NT Live: King Lear (12A)

#### Thursday 27 September, 7pm

See Ian McKellen's 'extraordinarily moving portrayal' of King Lear. Jonathan Munby directs this 'nuanced and powerful' contemporary retelling of Shakespeare's tender, violent, moving and shocking play. **Tickets: £17.50**



### Classical Music: Anna Harvey (mezzo) & Ian Tindale (piano) Friday 28 September, 7.30pm

Enjoy the singing and music of these talented young musicians. The programme will include English songs by Elgar, Britten & Vaughan Williams. The performance is sponsored by Informed Choice. **Tickets: £14**



### Comedy: Only Fools and Boycie, featuring John Challis Saturday 13 October, 7.30pm

Enjoy an intimate evening with John Challis, one of the nation's greatest comedy actors, best known as Boycie in BBC1's Only Fools and Horses. In this one-off show the national treasure will reveal secrets from the set with stories and anecdotes from his dazzling career. **Tickets: £18.50**



Watch out for our new brochure for September – December. All shows also on our website [www.cranleighartscentre.org](http://www.cranleighartscentre.org)

### BOX OFFICE INFORMATION

01483 278000 (Tues-Sat 10am-4.30pm) or visit [www.cranleighartscentre.org](http://www.cranleighartscentre.org)

### PRESS ENQUIRIES

For further information or images - please contact 01483 278001. Box office 01483 278000 [www.cranleighartscentre.org](http://www.cranleighartscentre.org) / sign up to our e-newsletter / facebook / twitter







## CRANLEIGH CAMERA CLUB 2018-2019 Season

**D**o you enjoy photography? Do you have use of a camera? Would you like to improve your skills? If so, think about joining Cranleigh Camera Club. Members have a range of skill levels from near-beginners to advanced. Their preferred subjects in colour or black and white vary from wild-life and landscapes to urban street photography, sports, public events, travel, portraits, architecture and still life. The club has a varied programme which includes visiting speakers, talks and demonstrations by club members, evenings of advice on members' work, regular internal competitions (participation is voluntary), friendly competitions with other clubs and an annual exhibition in which members can showcase their images for the public. Each year visits are organized to outside events or places of interest.



*Alone - © Pete Baldrey*

The atmosphere is friendly and supportive: members aim to encourage each other. No matter how much or how little experience they have, everyone can learn to improve their images. Besides the techniques of shooting photographs, this can also include discussion of how pictures can be post-processed. Some members prefer to leave their

photographs as they come out of the camera, while others develop skills in manipulating their images with the aid of user-friendly software programmes. Learning to produce prints of good quality and mounting them for display is another aspect of the activity.



*Angry Leopard - © Swales Parry*

Come and join us! The club's weekly programme for the coming session starts on 20 September 2018 and runs until 13 June 2019, but you can join at any time or attend a couple of meetings without charge to see if you think it will suit you. Meetings are held at the Baptist Church Hall (262, The High Street, Cranleigh, GU6 8RT). You can find the programme and further contact details on our website at: [www.cranleighcameraclub.co.uk](http://www.cranleighcameraclub.co.uk) ■



*Thistles In Snow - © Ann Smith*



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## **APPEALS FOR YOUTH LEADERS IN CRANLEIGH**

Organisers of St John Ambulance's Cadet Unit in Cranleigh are appealing for people to volunteer as youth leaders, to support young people wanting to become the next generation of life savers.

St John Ambulance believes every young person should have the opportunity to learn basic life saving skills in a fun, safe and supportive environment. Cadets, who are aged from 10 to 17 years old, learn a huge range of important life skills, including first aid, as they work towards their Grand Prior Award – the highest award a Cadet can achieve.

Anyone interested in volunteering should be prepared to give a minimum of two hours a week. All training, including a first aid qualification, essential skills for youth work and safeguarding children, will be provided by St John Ambulance. The role may be suitable for someone who is seeking a career in youth work.

For more information please contact James Roberts on **07825 713 949** or email [james.roberts2@sja.org.uk](mailto:james.roberts2@sja.org.uk)  
Or visit the volunteering vacancies page on the website at [www.sja.org.uk](http://www.sja.org.uk) or call **0303 003 0101**.

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Left to right: Simon Haynes (piano) Stephen Dennison (volunteer) Claire Pendleton (Soprano) Bob Wild (Chairman CAC) Adam Sullivan (Tenor) Karen Foster (Mezzo) Paul Sheehan (Baritone)

# Opera Gala evening raises funds for Cranleigh Arts Centre

**Four soloists from English National Opera raised funds for  
June 26 to sustain live chamber music in Cranleigh**

**T**he stars from ENO brought an eclectic mix of solo, duets, trios and chorus from the range of opera including Gilbert and Sullivan, Mozart, Strauss, Tchaikovsky, Bernstein and more. Although a hot evening in this summer's heat wave the auditorium was suitably cooled by the air conditioning at Cranleigh Arts, but switched off while singing to preserve the professional voices!

The evening started with a lively rendition of the Champagne chorus from *Die Fledermaus*, followed by the delicate Flower Duet from *Lakme*. While the Cranleigh audience is well used to the satellite streamed Royal Opera performances on cinema screen, the engagement with the live performers close up in the intimate auditorium was a magical experience. All the singers introduced their songs with humour. After delicate solos of *Song to the Moon*, from *Rusalka* and *Kuda, Kuda* from *Eugene Onegin*, the first half ended with the well-loved *Papageno*/*Papagena* from *Magic Flute*.

The second half was very light hearted including the use of expendable props like a child's dinosaur skeleton; and

the policeman's hat in *When a foeman bares his Steel*. The audience much enjoyed the rivalry of tenor and baritone in the parody by HJ Wilson. Love and passion was restored with a beautiful full voiced rendering of *Vilja* from *The Merry Widow*.

After rapturous applause from the closing *Regular Royal Queen* from *The Gondoliers*, the singers came back for an encore of *Somewhere* by Bernstein.

One elderly resident of Ewhurst congratulated the singers after the show saying "It was just like being at Covent Garden. Thank you so much"

A great time was had by all and in excess of £1500 was raised to support the sustainability of live classical chamber music at Cranleigh Arts Centre, a registered charity.

The classical music season restarts on 28 September with an evening of English songs, including Elgar's much loved *Sea pictures*, performed by mezzo Anna Harvey with Ian Tindale on piano. Note box office re-opens Tuesday 4 September after summer maintenance closure. ■







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# Cranleigh Film Club

**SEASON 8** Cranleigh Film Club welcomes you to the Band Room for a season of 12 international films. **2018-2019**



**TWO DAYS, ONE NIGHT:** Friday Sept 14th (open evening, free entry) A working mother (Marion Cotillard) fights to save her job at a small company. Tense thriller with an excellent dénouement.

Belgium 2014. Dardenne Brothers. 95 mins, cert 15

**SERAPHINE:** Thursday Sept 27th Intelligent, beautifully photographed film about the French artist Séraphine de Senlis, set in France in 1914 as war approaches.

France 2008. Martin Provost. 121 minutes, cert PG.



**AQUARIUS:** Thursday Oct 25th The last resident of a building refuses to leave. The tension racks up as the film progresses. Don't blink towards the end. Brazil 2016. Kleber Mendonça Filho. 143 mins, cert 18

## GRADUATION:

Thursday Nov 29th A physician's daughter is assaulted just before important exams in which she expected high marks. Her father can pull strings but she balks at receiving such graft. Romania 2016. Cristian Mungiu. 125 minutes, cert 15



**CAVE OF THE YELLOW DOG:** Thursday Dec 27th A delightful gentle fable of nomadic family life, a little girl, a little dog, and life's lessons. Mongolia 2005. Byambasuren Davaa. 91 mins, cert U.

## LADY MACBETH:

Thursday Jan 31st 2019 Teenage bride sold into a loveless marriage begins an affair. Smart sexy Victorian noir. "Florence Pugh is lethally charismatic", Guardian.

UK 2016. William Oldroyd. 85 mins, cert 15



**PATERSON:** Thursday Feb 28th A routine-loving bus driver - and poet - is married to a girl who likes his poetry, change, guitars, black and white, and cupcakes. Then the dog intervenes...

USA 2016. Jim Jarmusch. 115 mins, cert 15

6

5

**\*SUNSET SONG:** Friday Mar 8th Film adaptation of Gibbon's intimate epic of the ups and downs of hope at the start of world war 1. Stars Agyness Deyn. UK 2015. Terence Davies. 133 mins, cert 15



**AFTER THE STORM:** Thursday Mar 28th A private detective with gambling problems tries to reconnect with his wife and take control of his life in an understated family drama. Japan 2016. Hirokazu Koreeda. 115 mins, cert PG.

Koreeda. 115 mins, cert PG.

## \*A MAN CALLED OVE:

Thursday Apr 25th Swedish black comedy in which a bad-tempered old widower learns from, and is befriended by, his neighbours. Sweden 2015. Hannes Holm. 113 mins, cert 15



**INVERSION:** Thursday May 30th In this strong drama an unmarried woman in a patriarchal society seeks the courage to stand up for herself against her traditional but self-interested family. Iran 2016. Behnam Behzadi. 83 mins, cert PG.

## PARADISE NOW:

Thursday Jun 27th Two friends become suicide bombers in a realistic and personal portrayal intercut with everyday details which show us their human qualities. Palestine 2005. Hany Abu-Assad. 89 mins, cert 15



## \*Signifies members' choices

**CRANLEIGH FILM CLUB** is a members-only club. Annual Membership Fee is £30 per person. Members' guests are welcome at £5 each. To join, visit our website and fill in the membership application form or contact the Membership Secretary, Sara Lock at saralock1950@btinternet.com

Films are shown in **The Bandroom, Village Way, Cranleigh GU6 8AF**. Doors open at 7.00pm; films start at 7.30pm. Refreshments are on sale. Film notes at all shows and members' views researched. Please refer to the website: [www.cranleighfilmclub.org.uk](http://www.cranleighfilmclub.org.uk)

*Cromwell Coffee House-Homemade Food*







## Keeping Their Cool

**J**uly . . . traditionally a month of winding down, school almost finishing, school trips happening and sun shining. We have enjoyed a fabulous summer so hot that the grass has started to look like the Savannah and the swimmers have enjoyed hopping in the cooling waters like animals in the desert . . . and that's where the coolness stopped!

David and his coaching team have not let this warm weather allow any lethargy in the pool! Its been a non stop month of training and galas. At the local Leatherhead meet based in Dorking Sports Centre our swimmers enjoyed a day of cheering each other on to achieve 21 Surrey Qualifying times and 50 Personal Bests!



*Cranleigh Swimming Club - Individual Medley*

Following on from this we ran some Club Champs for 400m Individual Medley and 400m Freestyle. Many swimmers were nervous as it seems a long way to race for 16 lengths of Cranleigh Pool. The IM starts with 4 lengths of butterfly which many of us could not even contemplate. David was thrilled that 20 swimmers rose to the challenge, faced their fears and 'enjoyed' the 400m IM and 30 swimmers raced their hearts out in the 400m Freestyle and all came out smiling. It's a huge achievement to swim this distance in a race so well done everyone! We followed up the races with a BBQ and fun party where the swimmers from age 9 to 19 at many different schools, regained their energy and had fun together.

Locally we are very much indebted to Cranleigh Lions for their generosity and support. Their funding continues to help us build up our club so send them huge amounts of thanks.

CASC also joined forces with Cranleigh Leisure Centre's lovely Melinda Eveleigh (Head of Learn to Swim) to host a Fun Gala for some of the 'Learn to Swim' swimmers v CASC Intro squads, giving them a taste of what it's like to compete. It was great fun and again lovely to see the swimmers facing their fears and giving it a go. A few little future stars noticed out there too! Many thanks to Cranleigh Leisure Centre for allowing us to hold this event and to all the staff there who helped us.

If you are interested in joining Cranleigh ASC, please come down and see us on a Sunday evening at Cranleigh Leisure Centre from 4.30pm onwards or visit our website [www.cranleighsc.org](http://www.cranleighsc.org) We offer two free taster trial sessions, for children wishing to see if they enjoy it. ■

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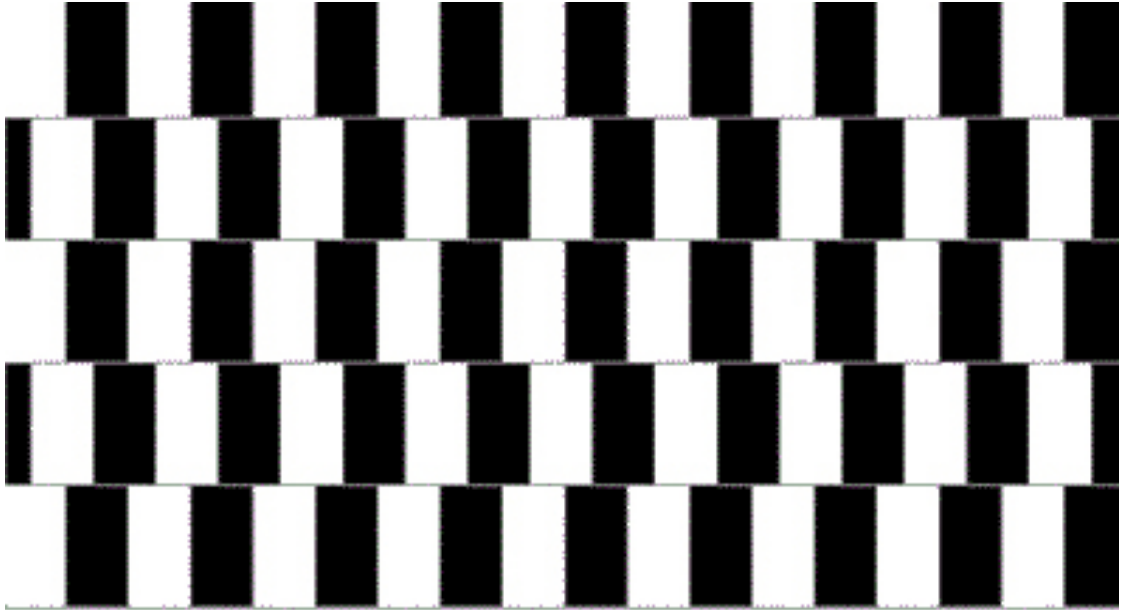
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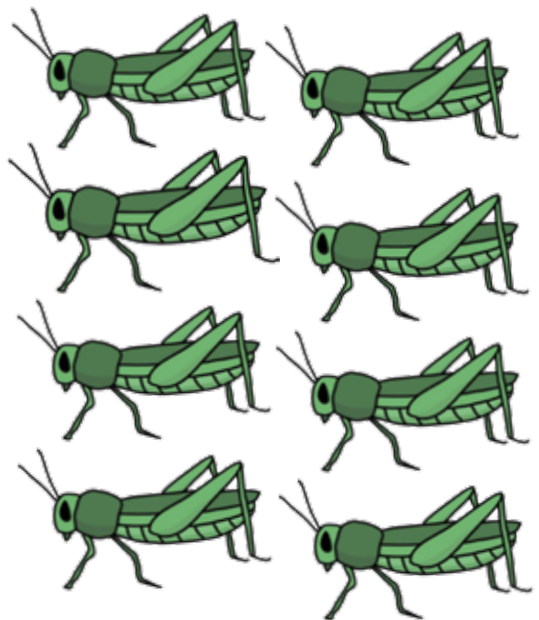
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# Cranleigh Rotary Supports Local Schools!



Year 4 students at Park Mead Primary School can't wait to examine their new dictionaries, donated by Cranleigh Rotary

**O**n the 3rd July, 56 students in Year 4 at Park Mead Primary School were excited to receive copies of the Usborne Illustrated English Dictionary, courtesy of Cranleigh Rotary.

The dictionaries were presented by the new Club President, Brian Arendell, who took over from David Hall at the end of June. The pupils could not wait to delve into the books, and to have them signed by Brian.



Incoming Club President Brian Arendell (right) is congratulated by former President Patrick Leake

Previously, on the 4th May, Cranleigh Rotarian Andy Kolmar attended the weekly assemblies of Cranleigh Church of England, Ewhurst Primary and St Cuthbert Mayne Junior schools in order to present each of them with a cheque for £200.

For many years, Cranleigh Rotary has presented cheques or books (usually illustrated dictionaries)

to local primary and junior schools, as part of its commitment to young people and the local community. The financial donations are given in order to assist the schools in purchasing new books for their libraries.

Cranleigh Rotary also continued its support for local schools by funding 12 children and 14 carers from Jigsaw School to enjoy the exciting experience on Wednesday, 13th June.

Each year, Cranleigh Rotary sponsors a number of disadvantaged students to take part in the special Kids Out event at Chessington World of Adventure, which is sponsored by Rotary Great Britain and Ireland. This year, the weather was good and the rides scary but everyone had a great time!

If you would like to know more about Cranleigh Rotary, go to [www.cranleightrotary.org.uk](http://www.cranleightrotary.org.uk)

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## Cranleigh Badminton Club welcomes new players



**C**ranleigh Badminton Club can help you get fit, lose weight and meet new friends – what more do you need!

The club has been established for over 25 years and caters for all standards of player male and female. We can offer friendly advice for those with less experience and we can also offer good-standard competitive games for more experienced players. We are a friendly club that plays at a social but competitive level with players ranging from 16 to 70. We play every Friday from 8pm to 10pm.

There is no annual subscription, you just turn up and play. All you have to do is pay each night you attend – it's only **£5.00** per night! For all new players, once you have paid for your first night then the next time you come you get a free night. There is plenty of free parking and the sports hall facilities are excellent. We provide feather shuttles, all you need is a racquet. There is no strict dress code, but we suggest shorts/ track suit bottoms and a t-shirt. Any pair of trainers/court shoes will be fine. Cranleigh Badminton Club is based at Glebelands School, Parsonage Road, Cranleigh. For further information contact club Secretary Maura on **01483 267634** or by email at [maurasyed@hotmail.com](mailto:maurasyed@hotmail.com), or our club Chairman, Mike on **01483 276667**

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Mr Cyril Wearn

Alfold Chapel, Alfold Road, Alfold 01403 752167

### CITIZENS ADVICE

#### WAVERLEY CRANLEIGH BUREAU

Village Way - Cranleigh 0344 848 7969

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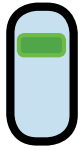
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## Helpful Telephone Numbers



### PHYSIOTHERAPISTS & OSTEOPATHS

Cranfold Physical Therapy Centre  
**01483 267747**  
Cranleigh Osteopathic Practice  
**01483 268628**  
Cranleigh Chiropractic Clinic **01483 200358**

### PODIATRISTS / CHIROPODISTS

Cranfold Physical Therapy Centre  
**01483 267747**  
Cranleigh Foot Clinic **01483 276178**  
Mrs R.A. Wimbledon SRCh **01483 277505**

### DOCTORS AND SURGERIES

Cranleigh Medical Practice **01483 273951**  
Loxwood Surgery **01403 752246**  
Rudgwick Surgery **01403 822103**  
Wonersh Surgery **01483 898123**  
Shere Surgery & Dispensary **01483 202066**  
Cranleigh Village Hospital **01483 782400**  
Royal Surrey County Hospital **01483 571122**

### CHEMISTS / PHARMACY

Boots Village Way **01483 273274**  
Boots High Street **01483 274207**  
Cranleigh Pharmacy **01483 274323**  
Rudgwick Pharmacy **01403 823791**

### DENTAL SURGERY

Warren House Dental Practice **01483 274664**  
Cranleigh Dental Centre **01483 268999**  
Kelsham Dental Practice **01483 274552**

### VETERINARY

Brookmead Veterinary Surgery **01483 274242**  
Alfold Veterinary Surgery **01403 753500**  
Yew Tree Veterinary Centre **01483 275665**  
Hunters Lodge Veterinary Practice  
**01483 276464**  
Rowley House Vet **01483 272999**

### COUNSELLING

New Directions Counselling **01483 268008**  
Horizon Counselling & Consultancy Services  
**01483 275999**

### RESTAURANTS IN CRANLEIGH

Lemongrass **01483 275891**  
Ask Cranleigh **01483 271555**  
Take It To The Table **01483 274036**  
The Curry Inn **01483 273992**  
Rania Restaurant **01483 267800**  
The Richard Onslow **01483 274922**

### EMERGENCY

Police (Emergency) **999**  
Police (Non-Emergency) **101**  
NSPCC **0800 800500**  
National Missing Persons **0500 700700**  
Rape & Sexual Abuse Support Centre (RASASC) **0808 8029999**  
Crimestoppers **0800 555111**  
Childline **0800 1111**  
RSPCA **0300 1234999**  
Samaritans **0845 7909090**  
NCT Helpline **0300 3300770**

### TRAVEL

AA Emergency Breakdown **0800 887766**  
Flight Enquiries for Gatwick **0844 8920322**  
Flight Enquiries for Heathrow **0844 3351801**  
National Rail Enquiries **0845 7484950**  
RAC Emergency Breakdown **0333 2000 999**

### LEISURE

Cranleigh Leisure Centre **01483 274400**

### LOCKSMITHS

Locksmith Godalming-24/7 **01483 320143**  
Be Safe Security Ltd **01483 860708**

### HELPLINES

Surrey Drug & Alcohol Care  
**Freephone 0808 802 5000**  
Age Uk Surrey **01483 503414**  
Alcoholics Anonymous **0845 7697555**  
Cranleigh Village Care **07908 976 394**  
(Volunteer Transport Service)  
Citizens Advice **0344 848 7969**  
Cranleigh Community Line **01483 267999**  
Cruse Bereavement Care **01483 565660**  
Legal Line **0906 5534545**  
Victim Support (Surrey) **0845 3899528**

### CHARITIES

Cranleigh & District Lions Club **0845 8332711**  
Ewcare **01483 277606**

### COUNCILS

Cranleigh Parish Council **01483 272311**  
Surrey County Council **0845 6009009**  
Waverley Borough Council **01483 523333**

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