

## Keeping It Local

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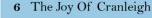




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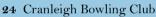




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MAGAZINI



https://www.facebook.com/Cranleigh Magazine https://twitter.com/cranleighmag

Colin, the Cranleigh Chameleon, is hidden somewhere in the magazine. Can you spot him?



# THE EDGE OF THE FLORIST



#### LET'S TALK WEDDINGS:

AWARD WINNING, The Edge of the Florist creates the most beautiful florals for Weddings, Celebration Bouquets, Funerals and Events. Our studio at Smithbrook Kilns is now open in line with Covid prevention recommendations - please do come and see us.

#### LET'S TALK GIFTS:

The Edge Of The Florist Cranleigh also creates door swags and wreaths, table centres, celebratory bouquets, gifts and cards.

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# Christian Aid In Cranleigh

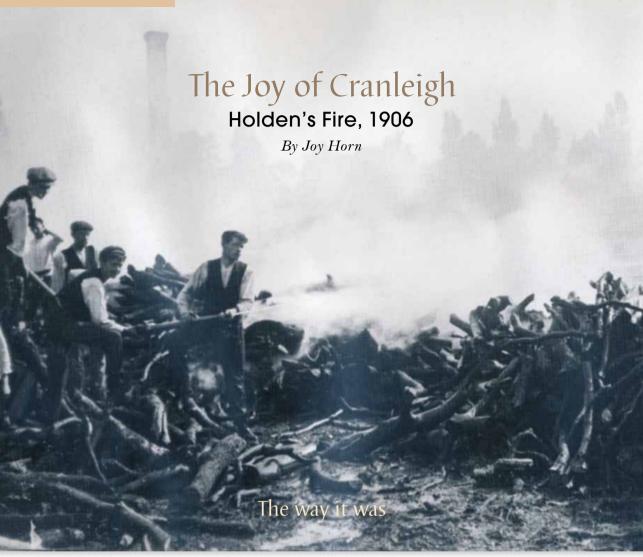


We are seeking helpers to assist with the **delivery only** of Christian Aid donation envelopes this year. If you have some time available to assist in this worthwhile cause, we would be very grateful.

For further information about the delivery or Christian Aid activities in Cranleigh, please contact Peter Allin **07747 631789**. Any donations can be posted through the door of Cranleigh Methodist Church.







Playing on the flames (photo by H.U. Knight, in the Surrey Advertiser)

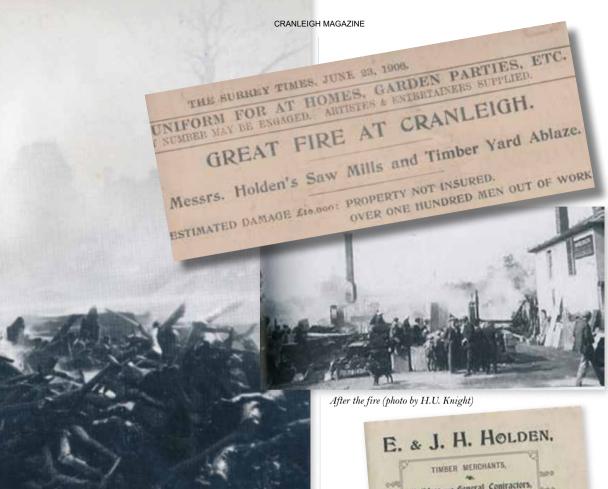
round 1900 the biggest employer in Cranleigh was Holden's timber and building firm. It had been established about 1815, when a young carpenter called George Holden came here from Wisborough Green. By now, the third generation of Holdens, brothers James and Ebenezer, were in charge of the large yard (1¾ acres) in the centre of the village, on the site of M&S Simply Food. There was a timber yard, building stores, joinery shop, plumber's shop, painter's shop, stables and a steam saw mill. 130 men were employed here. They specialised in local oak, and exported church bell frames to Russia and Australia.

In 1906, Holden's had just completed two prestigious Cranleigh commissions – two new wards and an operating theatre at the Village Hospital, the first alterations since it was opened in 1859, and building the Wesleyan Methodist church, facing the Common.



Hospital with 1902 extension, in 1907 (photo by H.U. Knight, of 'The Studio', close to the Obelisk, courtesy of Mrs Vera Wilkinson)

Fire broke out on the night of June 22nd in the boiler room, perhaps from a spark igniting some shavings. No night-watchman was employed, but when the local policeman passed the premises at 2.55, all was apparently



well. The fire was spotted shortly after 3.00am by Mrs Dubbins of the 'Greyhound' public house opposite (on the site of the present Post Office), and she raised the alarm. With so much wood stored there, the fire took hold quickly. The new telephone exchange at the Post Office operated only from 7.00am to 8pm, and was not staffed at night. So her son set off on his bicycle to summon the Guildford fire brigade. It took him an hour to get there, and then the Guildford appliance, or 'steamer' (its pumps were worked by steam), hurried to Cranleigh as fast as the horses could pull it, taking another hour.

Meanwhile, the recently-formed Cranleigh volunteer fire brigade assembled with their hose pipes (their only equipment), but soon discovered that these were not long enough to reach the water mains. Nearly all Holden's workmen arrived on the scene, and formed chains to pass buckets of water, some of it from Dr Napper's garden

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Timber merchants often had a sideline as undertakers: their carpenters could make coffins and be dressed up to act as pallbearers

Below: Two carts and a wagon in the Street outside Holden's yard before 1906

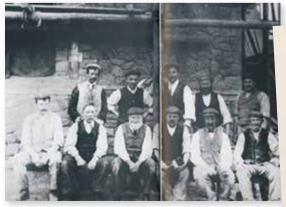




Old fire appliance displayed at Cranleigh Carnival, 1930

pond at Broadoak. The houses and shops in the Street to the west of the yard were seriously threatened, and their furniture was carried outside as a precaution. In the stables were six horses and two ponies, which were rescued just as the stables were beginning to burn. Three wagons, two vans, four carts and two light traps, however, could not be saved. What was probably the largest stock of oak and deal in Surrey was destroyed.

The delay in the arrival of the Guildford fire appliance greatly increased the fire damage. Stock worth £1,000 was salvaged, but most of the buildings were destroyed, representing £10,000-worth of loss. Worse still, they were uninsured. The employees' tools, which were their personal property, were also lost in the fire, taking away their means of livelihood.



Building the Wesleyan Methodist church in 1904 (B. Seymour & M. Warrington, Bygone Cranleigh (1984)): some of these men probably lost their tools in the Holden's fire



Drawing of horse-drawn pump bought in 1912 (Budgen, Cranleigh: a History)

Immediately, a fund was set up for the workmen by the Baptist minister, Charles Barringer, with Walter Briggs, who ran a large draper's shop next to Holden's yard. Generous contributions came in quickly. The men were issued with tokens, which they could exchange at David Mann's ironmonger's store. A catastrophe was averted.





David Mann's in 1910, where tokens could be exchanged for tools

The Hambledon Rural District Council had previously shelved the question of adequate equipment for the volunteer fire brigade, but the fire made the need very obvious. By 1912, a basic horse-drawn pump was bought, and the men were equipped with helmets and uniforms. A petition was also circulated, calling for a better night-time telephone service, and the Cranleigh Directory of 1910 could report that the telephone service was now 'continuous'. So two good results followed the fire.

The following year, Holden's firm did not figure in Kelly's Directory, but Ebenezer Holden was listed, rather ironically, as an insurance agent. The brothers seem to

have worked separately after the fire. The building firm recovered to some extent, and in 1908, James Holden's workmen had the job of re-shingling the church tower.

The Cranleigh Directory of 1910 listed Ebenezer as captain of the fire brigade, and ran an advert for James, describing him as 'contractor, decorator, plumber, undertaker, brick and tile manufacturer'. Within a dozen years, though, the building firm of Warren's had taken over the yard. The glory days of Holden's came to an end with the fire.

The Cranleigh History Society plans to resume its monthly meetings in the Band Room as soon as the Covid-19 regulations permit.



The Post Office, at the head of Knowle Lane, in 1910: the left-hand part is the telephone exchange and the lounging boys are in fact waiting to deliver telegrams by bicycle (postcard courtesy of Roy Pobgee)



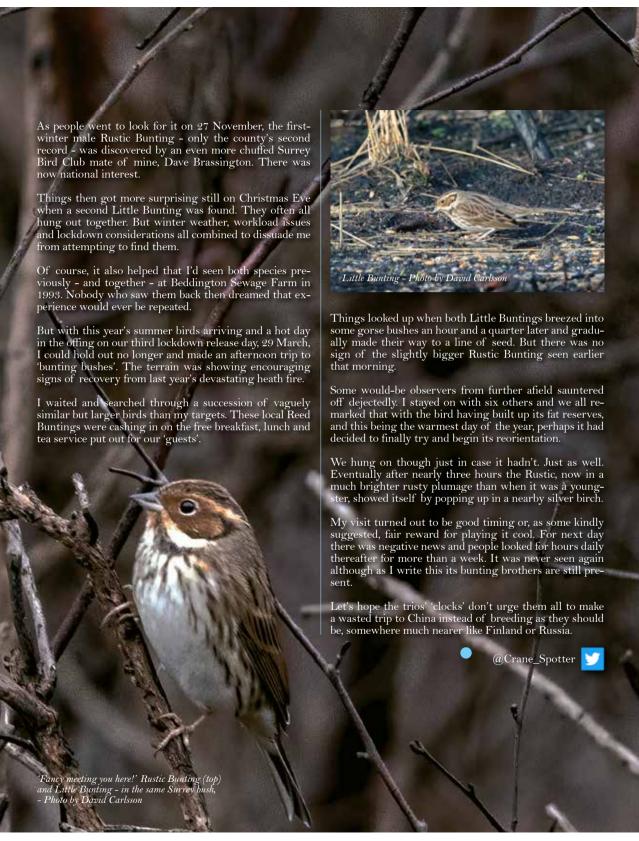
#### david a carlsson Crane Spotter: tales from a Cranleigh birder Bye, baby Bunting May ave you ever been somewhere hundreds or thousands of miles from home and then got the shock of your life when you unexpectedly bumped into someone you knew? It happened to me once while hitchhiking upcountry in Kenya. I got a lift from my former English teacher. We only realised it was one another after I clocked the ID on the collar of his dog who was sitting in the back with me: 'Max – phone Ottershaw (something like) 3220.' It was the very same friendly canine who had accompanied his master to my lessons. Strange, but true. Their choice area over many months alongside one another soon became known as 'bunting bushes' out on the marshy wild landscape of Ockley Common, near Thursley. So imagine - if you will - how two rare birds to the UK might have felt when they clapped eyes on one another in This Site of Special Scientific Interest (SSSI) was no doubt the nearest thing these birds could find that resembled their taiga breeding grounds in north-east Europe. Surrey sometime back in November last year. Talk about way off course. They should have been in south-east Asia by then. Yet here they were, a Rustic Bunting and a Little Bunting, not only in our landlocked Perhaps a mishap in the birds' internal navigation system, or rogue weather, had sent them off course from where they were meant to be. county but in our own borough of Waverley. And amazingly in the very same bush – as Guildford bird photog-The first to be found, by my well-chuffed birding friend rapher Dave Carlsson's brilliant main picture here shows. Ed Stubbs, was Surrey's eighth Little Bunting on 19 October. This attracted widespread interest. These are birds I have seen as short stay Autumn visitors

to places like Fair Isle or the Isles of Scilly. Inland records of either are rare. So to have both turn up at once was headline news for birdwatchers.

Occasionally odd things happen in the birding world and that has kept generations of birders on the lookout. What you thought was impossible or highly unlikely proves you wrong.

These two were soon fuelled and persuaded to stay around by a supplementary diet of seeds scattered by well-wishers. They kept close company, as have many visitors to foreign lands, and allowed hundreds of observers to enjoy their first experience of these species.





### Local Father and Son, Simon and Will Flatau - Riding For Charities



#### Simon Flatau - FatBike Hour Record

Taving struggled with my mental health in the past and even contemplated suicide, I would hate to see anyone ever reach this point in their lives. I can't stop people reaching these lows in their lives. but CALM can be there for when you need them.

The Campaign Against Living Miserably is leading a movement against suicide, the single biggest killer of men under the age of 45 in the UK. Anyone can hit crisis point. CALM run a free and confidential helpline and webchat 7 hours a day, 7 days a week for anyone who needs to talk about life's problems. Can

you please help sponsor my ride?

CAMPAIGN AGAINST MISERABLY

The link for my Just Giving page is below: www.justgiving.com/fundraising/Simon-Flatau



#### Will Flatau - Junior Hour Record

am riding an 'Hour Record' for Shooting Star Children's Hospices because of the work they do to help life-limited children. Please help sponsor my ride.

The link for my Just Giving page is below: www.justgiving.com/fundraising/wills-junior-hourrecord



### The Arts Society Cranleigh - Upcoming Talks

**he Arts Society Cranleigh** is providing talks to members via zoom at 2.00pm on the fourth Wednesday of the month, until July, as due to covid-19 these cannot take place in the Cranleigh Arts Centre as usual. Non-members can take part by contacting the Membership Secretary in advance at: www.theartssocietycranleigh.org

It is hoped that as from September talks can be resumed in the Arts Centre with our normal afternoon and evening talks.

#### May 26th 2021:

Peter Medhurst - The Genius of Beethoven

To celebrate the anniversary of 250 years after Beethoven's life. We will learn more about the subtlety of his music from our much-celebrated speaker.

Famously, every morning of his adult life, Beethoven measured out exactly sixty coffee beans for his breakfast. A man who is capable of such discipline over a cup of coffee, can surely apply that exactness elsewhere in his life; and in Beethoven's case, it was applied to his compositions. In fact, the detail found in his music is often so subtle, that most people don't even know it's there. This talk explores Beethoven's genius as a writer of music, at the same time setting his extraordinary story against the backdrop of 19th century warfare, revolution and dramatic social changes.

#### June 23rd 2021:

Anna Moszynska – Modern British Sculpture Anna shows us why British Sculptors during the 20th Century pioneered sculpture throughout the world.





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### People Profile



Sunny Nandha, Shopkeeper-Entrepreneur

#### **Keeping It Local**

was born in 1985, in Perivale, West London and grew up there. I have three older sisters and I'm the youngest of the bunch. I grew up in the same house as a fairly big family with my mum, dad and three sisters.

My father ran a Londis store, as a Newsagent, so in a way retail has always been a part of me. I've grown up in a shop and it's in my blood. I've been behind a till from about the age of six. The tills are a little bit different nowadays from the ones I grew up playing around, but shop life has been a part of me for most of my life.

Being raised in West London I was familiar with London slang 'ya know!' When I go back there now, they don't understand me so much, I don't use quite the same 'lingo'!

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Perivale, London Me, posing with my dad

# DIY started as an



idea at first.

On reflection I honestly can't remember now what motivated me to become a shopkeeper myself. I think the experience I had on the tills with mental arithmetic meant Maths was certainly my forte at school! I went through the whole education system at the local schools in London. I took my GCSEs, A Levels - Maths being one of them, as well as Law and Computing, and in the end, I decided to go to Kings College to do a degree. I opted for Computer Science over Maths at the time. I came away with a Bachelor degree in Computer Science and from there for about two to three years, I worked in banking in London. I'm not sure whether I enjoyed the '9-5' office lifestyle, I think there was always something missing there for me. I enjoyed being in London, the partying and work-hard/play-hard lifestyle that comes with it, but you can only do so much of that before it grows dull.

# 'At that time my father was running a hardware store in Epsom'

I started off working with Deutsche Bank and then moved to RBS, which was around ten to eleven years ago. Around that time RBS began to reduce their staff and there was a 'bug' of 'job uncertainty' that spread throughout the company. Fortunately, I wasn't made re-



I loved working on the tills with my dad

dundant, but when the news came out that there could be redundancies, I started to consider other areas of work I could do.

At that time my father was running a hardware store in Epsom. I was familiar with how the hardware shop operated, the profit margins, the whole logistics of it and so forth, as I used to run his store while he went on holiday. He knew he could rely on me while he had two weeks' vacation. Holidays are always a big issue when taking on a shop because you're self-employed. To staff a shop while you take time off isn't easy. I've never felt it's possible to just phone in sick or shut the doors for a fortnight. Some shopkeepers do, don't get me wrong. There are businesses where they just close their doors and go off on holiday, returning two weeks later, like nothing happened. I couldn't do that because I think people could easily shop elsewhere, so my mentality has always been to have my doors open and available for business.

'I hadn't even seen the shop'

Main picture:
Just graduated with my degree
in Computer Science

# It became a reality

As I started considering what I could do if I left banking, I realised I was fed up with going into London every day and found the idea of working for myself very appealing. I looked around for businesses that were available and I believe the Handyman's store here in Cranleigh was only the second business I ever went to see! The first one was in Oxford, which was too far away from West London. I had just got married at the time, back in 2010, to the love of my life. We hadn't been married a year when I took the step of leaving RBS and buying the Handyman's in Cranleigh.

### opened up'



The old shop

On paper the shop in Oxford seemed a better option but it felt just a bit too far to travel to and fro each day. From West London to Cranleigh is about 1 hour 10 minutes depending on traffic, so it's closer than Oxford. The day I came to see the Handyman's, driving from London towards Guildford, getting closer to Cranleigh I noticed nothing but woods, trees, hills and the countryside, which was completely different to what I'd grown up with in London, a concrete jungle. Before I got to Cranleigh I thought 'Am I really going to find a shop in and amongst all this? Where are all the people?' I honestly considered turning around a couple of times, as I came along the A281, because I wasn't sure I'd find anything worth pursuing here.

I still remember the moment I approached the couple of roundabouts coming into Cranleigh. It was a gorgeous day and from there on it just all opened up! The village itself looked absolutely stunning and that particular day 'Spring into Cranleigh' was happening. The Fair was out and I was surprised how vibrant the village was. From that moment I knew this was going to be the place to have my own business though I hadn't even seen the

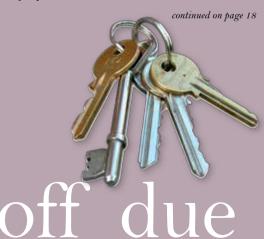


The village looked beautiful

### 'We shook hands and made

shop. Cranleigh seemed to appear so out of the blue, the weather was beautiful which made everything so much more appealing. If it had been raining and there was nothing else going on, I doubt I'd have responded so positively. It would have rested entirely on what the shop had to offer.

It was a massive decision for me, being very newly married, a commitment to running a shop would take up my Saturdays practically forever, and giving up a Saturday is not easy! That first amazing moment arriving in Cranleigh made up my mind. When I initially viewed the shop, I knew what I was looking for because I'd run my dad's shop when I was younger. The product range was perfect; predominantly decorating goods with housewares, ironmongery, key-cutting and timber. It was everything I was looking for, right up my street. I had a conversation with the owner Colum, my predecessor. We had a great chat and if I remember correctly, I believe we shook hands and made the deal the same day! I hadn't even gone back to consult with anyone else, I had already made up my mind, and I've never looked back since.



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#### 'Sometimes in life you find people that you get on with perfectly'

Within five or six weeks it was all sorted out. Colum is still a big part of my life now and comes in as a customer regularly. We have staff Christmas do's and he always comes along. He initially said he'd stick around for a couple weeks to show me the ropes. I began to visit from when I agreed the sale, and he said he'd stay about two weeks or so, and about four years later he decided to retire! Sometimes in life you find people that you get on with perfectly. Colum and I are two such people. We've often recalled the reason he was selling the business was in order for him to retire. But once he no longer owned the business, the weight of responsibility left his shoulders and it took on a new perspective for him.

I can't believe where the time has gone, but in August this year, I'll have had the shop for ten years! It feels like it's only been a few short years since I took it on. I haven't had time to get bored, none of the shop life has become tedious, none of it feels the same. It's new every day which is great because that's the sort of guy I am, I need to keep things fresh.



I can't believe I 've been in this little shop for over 10 years

It's absolutely key to employ the right staff and I have got the most fantastic team I have to say. Without the team of guys, I've got here, it simply wouldn't be possible to run the shop so smoothly, and year on year it continues to grow stronger and get better. Tim, Paul, Tony and I get on so well together, the way we work with one another and the way we handle our customers. I know I could leave any of them on the shop floor and they'd do a perfect, if not better job than if I was here!

If I'm away from the business, I don't worry at all.

When you've got that sort of backup, it makes running a business straightforward, it makes it nothing short of a pleasure. We each take a part of the responsibility, though ultimately, I know the main responsibility rests on my shoulders, but when you've got staff as great as I have, it takes a huge pressure away.

At the time Tim began to work with us, the similarities he and I shared were a revelation. We've both been in business and retail our whole lives. His father owned a shop and he'd run his dad's shop when he was younger. We can relate to how it is to be brought up in this way and the skills we've gained are very similar because of our past experiences. So even though there's a bit of an age gap between us, we have a common bond between us that breaches that.

#### 'People that come in are happy to have a laugh with us'

Speaking of friendship, I've never felt like a stranger here in the village. It feels like I've had a warm welcome since the moment I first arrived. Again it really helped that Colum stayed on, because he had built a wonderful rapport with the Handyman's customers. He had worked closely with Chris Webb and Tony Garstone, who had worked here for many years before I was on the scene and they were both very well known locally.



to having great cu

This really helped me settle in, and I felt right from day one, that I could naturally develop a banter with the customers, it was almost like the Two Ronnies. I can assure you there have been some moments just like their 'Fork Handles' sketch! And while we're on that topic, one of the guys who works here, Paul McKenna, was actually at the filming of that very sketch! He was in the audience on a works night out. When he first came into talk about the job, he mentioned this in his interview and I had no further questions! Who am I to say no to someone who was there during the filming of that infamous sketch?

Usually, the people that come in are happy to have a laugh with us, but if they don't, we'll politely serve them and move onto the next customer. It's a big feature of working here on a Saturday, we have a load of regulars who may or may not want a bit of time away from home and they pop into the shop. We have a laugh and joke with them and it feels like they've come to let their stresses go a bit. They spend a few bob and off they go. Between us we have a saying in the shop 'What happens in Handyman's, stays in Handyman's'. If there's a wife or husband who comes in at 3pm on a Saturday afternoon and needs a bed fixed, or the TV's come off the wall for any reason, they can come here and say whatever they like, and it'll never be heard of again! And you don't quite get that level of service with Amazon!





Inset: The now famous Paul McKenna.

Above: Out with the old windows as we extend the shop into Dappers next door

Opposite page: Our old reception area was very cramped and had to change

Opposite: We knew exactly where everything was but the shop had been well worn in places

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The extended premises, beginning to take shape

#### 'Thank God you're open, we'd be going crazy without you'

Some people might think that in ten years of business I'd have had as many ups as downs but I have to touch-wood here... When I started out, I was hesitant and anxious to recover my initial investment and always hoped for that. I believe because I'm really lucky with my staff team, the support of the local community and our regulars, we have been tremendously supported throughout the years I've been here. Year on year it has gone from strength to strength and I haven't yet, in this business anyway, had to consider or even think we might have a lower turnover one year than the previous year. It hasn't happened yet and the trend continues to go up, and I hope it carries on that way because we work very hard to achieve that.

in that regard, I thank my lucky stars every day. I'm a firm believer that you get out life whatever you put in. I have absolutely put my heart and soul into this place, my wife will tell you I always give the business a high priority in so many situations. It takes a really good woman behind you to give such strong support. We've had two wonderful children in these ten years as well. My wife I am sure, would have wanted me to spend more time with them. There are some things I've had to sacrifice in that respect, which has been most difficult at times.



We did a lot of the DIY ourselves, and yes that is me up a ladder

# eventually became



The new look displays were a hit with our customers

Some people will fondly remember Phil Hanley, who was a member of staff here for many years. He was an absolute star. Unfortunately, Phil died very suddenly some three years ago and that was a very hard time because we were so close. He was Colum's brother-in law and was a huge part of all of our lives. There are certain things we no longer stock in the store because we don't have his knowledge he had, a couple of categories that we simply don't have the experience that he possessed. We've all known people we've worked with who you can never replace and Phil was one such person.

This past year or so has been a rollercoaster. Again, I must touch-wood and be thankful that we are an essential business due to many factors. For example, we sell all types of fuel, we stock electrical and building materials as well so there are so many services we provide that have kept people going and it's for that reason we've managed to remain open right from the very beginning of the COVID-19 pandemic. For us it's been a very busy time, as not many stores were open during the first lockdown. It's been easier through the second and third lockdown as many places have fortunately been open throughout both of those. But that initial lockdown was tremendously busy. Some of the staff were furloughed at the outset as they didn't feel completely comfortable working when COVID first hit and were cautious due to the underlying conditions. At that difficult time, I ran the business together with my dad who was a tower of strength to me. The only way we could work it was to limit access to one or two customers at any given time. Because we couldn't let many people into the shop there were long queues outside.

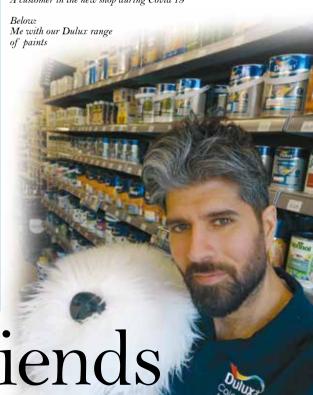
As you know mental health has been another side effect of COVID and we were glad we could play a part in the village community life during this time. Customers have all been very positive with their comments, by saying things like 'Thank God you're open, we'd be going crazy without you'. If I had a pound for every time someone said things like that this past year, I wouldn't need to work anymore! We became in a sense, a lifeline for people who needed us

Over the years you get to know customers so well and occasionally see them go from simply enquiring about DIY products and projects, to becoming quite an expert, they turn their hand to many jobs. It's so nice because we're constantly giving advice to people on a job and when we get positive feedback, it almost feels like we've had a hand in doing the task too. I can give you one example of that - Tim, one of the few people who wasn't known in the shop before he joined our team. When he

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A customer in the new shop during Covid 19



my best friends

continued from page 21

started, he literally didn't know how to change a lightbulb! I interviewed him in the shop itself because I was so short staffed. He and his wife Janet had just sold Cromwells, a local cafe at the time. I spoke to his wife Janet, before he came for the interview and she said he wasn't very handy around the house at all. I said don't worry, send him in and we'll have a chat. It's been five years since then and he still knows nothing! No putting all joking aside, in the last five years since he started, Tim's been advising most of Cranleigh how to do DIY jobs. So if Tim can do it, anyone can!

When I'm not working at the shop, up until recently I played football once a week. I've always been into the footy. I'm a Manchester United fan. I went to every single game of theirs when I was younger, especially during my university days. But having a family and a business takes those opportunities away and I follow most of the sport on TV now. When I was very young, I played cricket for Uxbridge, back in West London. That was until I was about 13 or 14 when I discovered football was 'way cooler' and I changed to football. What little time I have available now is taken up by my family. Normally it's just a Sunday I have off so I spend it with my wife and children. With the staff helping out more I sometimes manage to get a Wednesday off too. The way we've got our setup now I have a lot more time away from the stop which makes things a lot easier.

'That feeling of support is something I will always remember'

Janet and Tim Poll enjoying a local party Main Picture: My beautiful wife and two lovely daughters having a birthday party at home

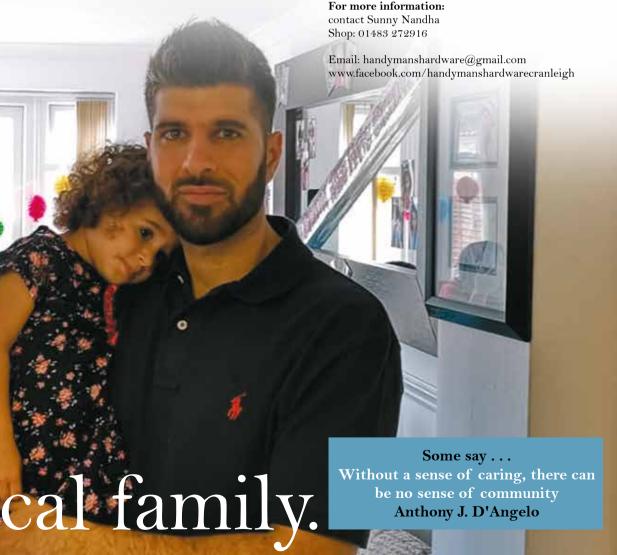
I can't imagine working in anything else now. There's no way I can go back to another job, this is me. I aim to improve all the time and find I can't rest if we say no to something for a customer. I feel like I've let that customer down. It happens every so often, perhaps because of supply issues during the pandemic and now with Brexit there can be delivery problems or delays. I wouldn't say I feel a failure but every time this happens, and we let them down, it really affects me. Perhaps in a bigger town where the customers are not so well known it would be a different story, but here in Cranleigh, I feel like I'm saying no to a friend.

I was 25 when I took over the business and I'm 35 now, so it's all I've known! We appreciate every single customer who comes in, we know most people on a first name basis and it's so warming to see them. One person in particular, Jackie May, brings us cakes every Thursday morning. She just comes in and says 'Love you boys', sometimes she's not even buying anything, she just pops

in out of kindness. We have so many customers like that and we never cease to welcome them! That feeling of support is something I will always remember. If everyone else supports other shops with the same kindness we've received, I think Cranleigh will continue to thrive.



Lets thrive together and support our local businesses





ver fancied trying the skillful and traditional sport of lawn green bowls?

Bowls is a sport that attracts both the competitive and non-competitive alike, and is played by men and women of all ages and backgrounds. The rules of how to play are very simple to master and it does not take long for beginners to become proficient in the art of bowls. Help and advice are provided by friendly qualified coaches and experienced club members, and takes place on one of the finest bowls greens in Surrey.



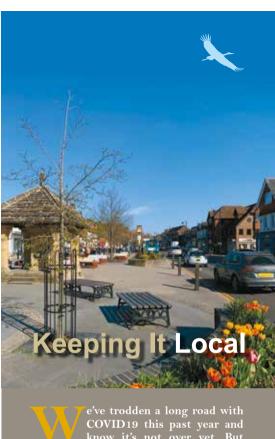
Beautifully kept greens and facilities

Cranleigh Bowling Club is holding two Introduction to Bowls Days the first is on Sunday 16th May 2021 at 10.00am and the Second is on Sunday 30th May 2021 at 10.00am is being run alongside the Bowls England National Introduction to Bowls Day.

All you need for the day is a pair of flat shoes/trainers and we will provide all other equipment.

Cranleigh Bowls Club is part of Cranleigh Village Sports and Social Club, Parsonage Road, Cranleigh, Surrey, GU6 7QN.

For more information please contact Eamon O'Flynn on 07464-424077 or email: info@cranleighbowlsclub.com



e've trodden a long road with COVID19 this past year and know it's not over yet. But there's progress and we're seeing an end to Lockdown which has given the country a new burst of energy.

These times have taught us we can adapt to a different way of life, review our priorities, invest in new ways of running our home and family, our work and leisure in order to survive, always remembering 'Stay safe, Stay alive.'

As a result, we've discovered how much we need one another, to stay connected with those closest to us; loved ones, friends, neighbours and we've developed a real sense of community locally and as a nation. Let's keep it that way.

#### Some say . . .

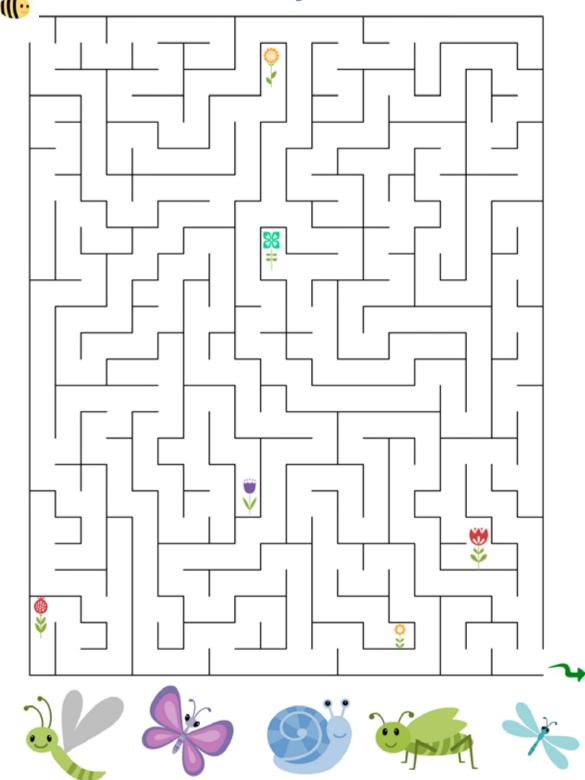
Tolerance and acceptance and love is something that feeds every community.

Lady Gaga





### Get Buzzy To His Friends!



#### May Crossword Puzzle

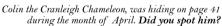
				J							
	1	2		3	4		5	6		7	
8											9
10					11						
12						13					
				14	15						
16											
										17	18
			19								
20		21									
22									23		
							24	25			
26								27			
	28						29				

#### Across

- 1 Limerick writer --- Lear (6) 2
- 5 It might be Swiss or Swaledale (6)
- 10 Computer workarounds (5)
- 11 Every airline passenger is instructed in their use, every time (4,5)
- 12 Spun a yarn (4)
- 13 Noble ape, upside down, is a 7 tall thin one (8) 8
- **16** Most senior officer (5,2,5)
- 19 Share dealers (12)
- 22 Inert medications (8)
- **23** Bean curd (4)
- 26 Rip in two (4,5)
- 27 Giver (5)
- 28 Maidenhair tree (6)
- 29 Most comprehensive (6)

#### Down

- 2 Dilapidated (8)
- 3 Too (4)
- 4 --- devils, whipped up by the wind (4)
- 5 What Monty Python's parrot had done (6,2,2)
- Regular fluctuation (3,3,4)
- 7 Rarely (6)
- 8 Mass cup (7)
- 9 Grey (5)
- **14** Inaccurate (3,3,4)
- 15 Bullfighting devotee (10)
- 17 Female protagonists (8)
- 18 Courtesy title for a man (7)
- 20 Overwhelming rush (5)
- 21 Largest of what used to be the Sandwich Islands (6)
- **24** Simmer (4)
- **25** Behavioral problem most common in boys (1,1,1,1)



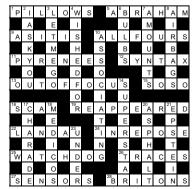
Crossword and Sudoku answers will appear in the next issue.

#### May Sudoku Puzzle 1 - Easy

		1		3	4		6	
			8				7	3
7			2			1		
5		7	6				3	
			1	4	5			
	4				2	5		6
		4			1			9
8	6				3			
	1		4	8		6		

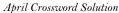
#### May Sudoku Puzzle 2 - Hard

					1			
6	5	1			8	9	4	
				5			8	
2	3		1			4		
		8	4		5	1		
		7			9		3	5
	8			6				
	4	3	8			6	5	9
			5					



2	9	7	8	5	1	6	4	3
8	5	4	3	6	7	9	1	2
6	1	3	9	4	2	7	8	5
5	7	1	6	2	9	8	3	4
4	8	2	1	7	3	5	9	6
3	6	9	5	8	4	2	7	1
1	2	5	4	9	8	3	6	7
7	3	8	2	1	6	4	5	9
9	4	6	7	3	5	1	2	8

5	3	6	4	1	2	9	8	7
7	4	1	8	3	9	5	2	6
9	2	8	5	7	6	1	3	4
8	5	3	6	9	4	2	7	1
2	9	4	1	8	7	3	6	5
6	1	7	3	2	5	8	4	9
4	6	2	9	5	3	7	1	8
1	7	5	2	6	8	4	9	3
3	8	9	7	4	1	6	5	2



April Sudoku Easy Solution

Apri; Sudoku Hard Solution





# Cranleigh & District Lions Club News



#### **Cranleigh Lions Classic Car Show**

It is with great reluctance that we have taken the decision not to proceed with our 2021 Classic Car Show, which was due to be held on Sunday 1 August.

The Car Show committee has been working for many months to find a way to hold a Covid compliant and safe event, but having considered the restrictions and regulations that are likely to apply to large events this summer, the committee decided that it will not be viable to run the event this year. We know that many people will be disappointed by this decision but we look forward to the show returning in 2022.

#### Classics on the Drive - Sunday 16 May

The good news for Classic Car lovers is that we are delighted to announce a return of Classics on the Drive, a display of around 80 classic cars on local driveways around the village. A walking tour map is being produced showing the location of the vehicles, which will be available from our



display stand on Stocklund Square on Saturday 15.

A parade of classics will take place along the high street on the Sunday afternoon, and there will be some great prizes up for grabs in our Grand Draw. The event will comply with the prevailing Covid regulations, which may change, so watch out for updates on social media.

#### Cranleigh Carnival - Saturday 26 June

Plans for the Carnival are now well advanced. Covid regulations will require us to make some changes to our traditional layout and possibly the parade. The full programme will be announced very shortly.

This year's theme is "Celebrating Our Community and Our Key Workers". In addition to our regular participants, we are inviting all volunteers and key workers to join in the Carnival Parade. Come in fancy dress or your uniform and bring your friends and family.

Organisations, businesses and charities are invited to book a stall on The Common. Other attractions include



a Fun Dog Show, a day-long programme of acts and entertainers and two new events:

- A Talent Showcase in our arena. This is not a competition but an opportunity for local musicians, dance groups and other performers to show off their talent to the community.
- The very first Brian Burt Memorial Flower Show, in memory of Brian Burt, our Carnival Chairman for many years, who sadly passed away last year.

For further details, booking forms, news and updates, please visit our website:

#### www.cranleighlions.org/events/carnival

If you are a business who is interested in helping to sponsor the Carnival and Fun Day, please complete the contact form on our website.

#### Event dates for 2021

All dates are subject to the prevailing Covid regulations:

Sunday 16 May - Classics on the Drive

Saturday 26 June - Cranleigh Carnival

Saturday 6 November - Bonfire & Fireworks

#### Don't Forget

Shopping Amazon - Simply sign up to Amazon Smile and select Cranleigh & District Lions CIO as your chosen charity. Amazon will then pay us 0.5% of the value of all eligible purchases.

**Shopping Co-op** - When Co-op members buy selected Co-op branded products and services, 2p in every  $\pounds 1$  spent is given back to community organisations and local caus-



es. Members should log on to their account and choose Cranleigh Lions as their local cause. If you are not a member but would like to help us, then you will need to sign up for Co-op membership. Full details can be found at: www.coop.co.uk/membership

Contact us - If you would like more information about the Lions or would like to help, please get in touch. www. cranleighlions.org or write to *The Secretary Cranleigh & District Lions Club, Hillview, Smithwood Common, Cranleigh, Surrey GU6 8QP*. Check out our website www. cranleighlions.org, or follow us on Facebook or Twitter.



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May 2021

By Miki Marks





melolontha) or Maybug

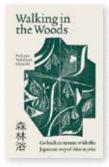
The Hornbeam (carpinus betulus) in Mount Road © Andy Bamford

his is the month when cockchafer beetles make their dramatic appearance. Appropriately, they are also known as Maybugs. Sometime on an evening in mid May the beetles erupt from the ground and climb the first available plant stalk. From there they launch into clumsy, noisy flight. They are quite large up to 30mm and as they fly, they make a droning sound. They are hugely destructive – apparently you can hear their jaws clicking as they strip the leaves of oak, lime and hazel. The females will soon be laying up to 80 eggs in a little underground pile which hatch in about a fortnight to produce the larvae. They are C shaped, creamy white with dark heads and tails. They live underground for up to 5 years and are as destructive as their beetle incarnation chewing the tender roots of plants. The only time they stop eating is during that mysterious pupal stage. It is a wonder of Nature that a creature can create round itself a tough protective capsule so that it can rest safely as it re-configures and emerges in a completely different form.

My old and trusty encyclopedia published 1890 clearly views cockchafers as a grim plague. It suggests half-heartedly that starlings should be encouraged near agricultural fields by putting up bird boxes — quite modern advice, one would think. But it prefers to recommend something which sounds most sinister called gas lime to poison the pests. Insecticides of various sorts have been

widely used in modern times. No cockchafer plagues now, but also hardly any horseshoe bats, either. These bats, always uncommon, fed principally on cockchafers.

I have just read a book by Professor Yoshifumi Miyazaki about shinrin-yoku — translated as 'forest bathing'. This term was coined in the 1980s and there has been research, especially in Japan about



the benefits of walking in woods. Apparently, because we have spent 99.99% of our evolution close to Nature, our present way of life, detached from Nature is the basis of our stress. It is a lovely idea and who wouldn't want a walk in the woods – doing Yogic breathing and keeping all their senses 'open'?

I do wonder, though, if this was rather a simplistic take on our relationship with dense woods and forests. I have met people who are definite dendrophobes – i.e. have a morbid fear of trees. They find trees threatening and brooding; and plot to cut them down. It makes sense to me that many people might have inherited some atavistic dread dating from ancient times when forests dominated and were places of danger. We now live with sparse woods round here – but long ago this area was the Forest of Anderida and early humans lived on the high chalk ridges, safe from ambush.



Maybug

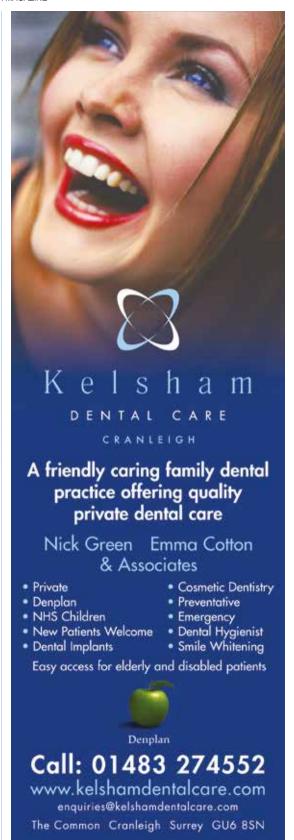
It is rather a puzzle why the native hornbeam (carpinus betulus) is not more widely planted, or even recognised. It is a native tree and its name proves that it has been with us for a long, long time: 'horn' for 'hard' and 'beam' being the old English name for tree. It is now mostly planted as hedging.

The tree, in late spring it is a beautiful sight with its male and female catkins and its small, pleated leaves unfolding. Looking up into the canopy on a sunny day, there seems to be a special gold green light up there. For a short while these medium sized trees, in the columnar form, were planted along roads — with whitebeams (sorbus aria). We have two or three of those early roadside plantings hanging on round here, in addition to the limes.

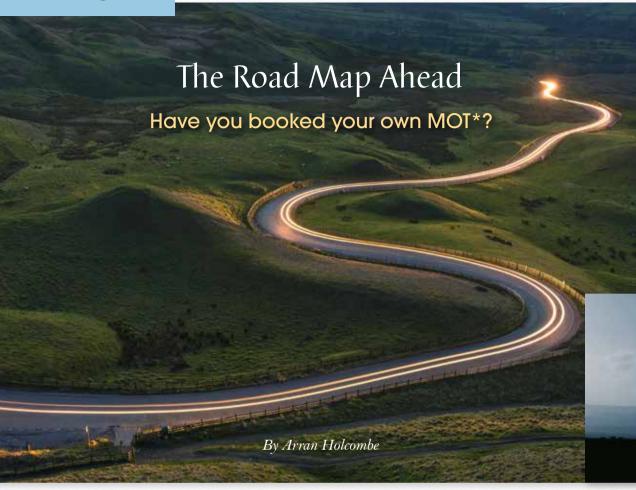
The main photograph shows a 'forest' hornbeam in Mount Road and long may it be safe from dendrophobes.



Beryl Harvey Fields is Cranleigh's nature conservation site. We need volunteers. For further information: visit our conservation site in Cranleigh – or better, volunteer. Contact Philip Townsend at: townsendp99@gmail.com for details.







n April 12th, the government proceeded with stage 2 of lifting of restrictions in England.

There's a bright light ahead and perhaps for once, we yearn to step into it. Though, cautiously we must tread, for the way ahead is uncertain. How best to prepare for the road map ahead? Why, your new and improved \*Mortal Ordinance Test, of course! Your car can wait . . .

First up are your lamps, reflectors and electrical equipment. Our brain and spine are pivotal to signalling bodily processes and movement. In turn, these electric messages help us to live, communicate and engage effectively with others. Common symptoms might include brain fog, poor balance and suboptimal digestion. I would indicate a trip to the Health Lounge to see Dr Carter, who will work diligently to return the spark to your life.

Next, a fundamental check on seat belts. These implements (a legal requirement since 1983) provide us with much needed safety, and a sense of security, which as a concept is vital to humans being able to use higher brain functions. According to Maslow, our physiological needs include air, water, food and shelter, in order that we then begin to focus on our safety needs. Put another way, the

inner parts of the brain - often referred to the monkey and lizard brains - will take control if we feel threatened in our environment. If we want people to behave like civilised humans and make thoughtful, selfless choices, we need to make them feel safe; not feed them with fear (hint: watch/read a little less of the news). Do reach out to the citizens advice and the Cranleigh Parish Council for advice and guidance if you have concerns about basic welfare of yourself or others.

Now secure, the quality of emissions and exhaust can tell us a lot about how well we are utilising fuel. From time to time, we may require treatments and change, in the form of a food supplement or medication. On the whole, broad nutritional science recommends meal plates made up of one half above ground vegetables (with some fruit), one quarter protein and one quarter healthy fats, coupled with 6-8 glasses of water per day. This input supports both our health and that of our gut microbiome. There are many local groups and practitioners who support positive dietary changes. A big part of the change is your consistency, but also support from those around you. Angie Jenkins and her team at The Natural Life Shop are great listeners and provide thoughtful advice on food and supplementaIt's also important that we check the body and structure. With respect of our body, it's important that we use it or lose it (especially true of muscle from age of roughly 30 onwards). This means up to 150 minutes moderate intensity activity per week, as well as strength training at least two days per week. This will help us to remain functional, strong and flexible. Any modifications will have implications on usage, and from time to time we'll need to account for repairs. In preparation for my first Virtual London Marathon in October, I'll be utilising Lucy Bushnell (i.e. Sunfit Cranleigh) for sports massages and pearls of wisdom.

Following on from this is a check on your brakes. Moving at speed is necessary from time to time, though doing it too often to an excessive extent comes with consequences, and sometimes not just for you. After all, what's the hurry in Surrey? It's far more effective to listen to your body, live economically and relax often to ensure we don't experience burnout. What we each do to relax is personal to our circumstances, but the consensus would be to be still



and/or focus; either through mindfulness or meditation, a walk in nature or other health-creating activity. Personally, I love to read books or compose music, but you might benefit from massage from Tasha Clisby at Idyllic Spa, or similar.

With these checks complete, we need to check your steering and suspension. What drives all of us, is our sense of purpose and belonging. Most are fortunate to experience this through interactions with our family, or through purposeful contributions at work or in the community. We will experience bumps in the road, which could be remedied by talking to others and getting good quality sleep. In the event of potholes, you may require professional help. If you're not able to access NHS IESO online talking therapies, perhaps consider an appointment with a local mindset practitioner like Amanda of Calmer Thoughts, who will support you to move forwards with your journey.

It's normal to feel tyred at night. It offers our body the fourth aspect of the MOT – a metaphorical replacement – in order that we feel refreshed and ready for future journeys. We should aim for 7 to 8 hours of sleep each night, supported by at least 30 minutes of morning light and a time-restricted, 12-hour window of eating to support

and align with our circadian rhythm. We need both deep (NREM) and dream (REM) sleep for physical and mental health respectively. I plan to release an affordable, online sleep course in the near future. After all, a good night's sleep is a night wheel spent.

Our view of the road ahead must be unobscured, if we're to navigate it safely, in health. The correct type of lighting and instruments must be used effectively according to weather conditions, in order that we can see and be seen. So to then, must we take account of our unique situations,



Being a part of the community

without overwhelming ourselves, in order that we can make positive, risk-benefit decisions for ourselves and others. Listen intently, be both critical and adaptive to change and most importantly, engage positively with others in your community.

As we move forwards into the so-called new normal, we do it with increased awareness, thanks to a once-in-a-lifetime experience. We've learnt a lot about ourselves and those with whom we live. This largely has been for the better, though unfortunately for some has not been particularly positive. Either way, it's never been more important to address our collective health for the good of ourselves, family, friends and the wider community. The next milestone on 17th May sees introduction of indoor public settings, increased limits on outdoor gatherings and international travel. Before we progress, let's take stock of where we've been. I've booked my MOT\* – have you?

Arran is a music educator, who established Surrey Health Collective in 2019 with local health practitioners, as a non-profit group that brings the community together to learn about and share our experiences in health creation. Search for us on social media using:

**@surreyhealthcollective** or visit our website: **www.surreyhealthcollective.org** 

#### Love To Be Local



By Sara Bridgeman

ello everyone and I hope you are enjoying the loosening of the lockdown rules. I finally got to see my lovely hairdresser (hooray) and got my hair sorted out.

When I moved to Cranleigh I wanted to settle in a place where I could get to know people and buy from local independent businesses. I spent a lot of time looking for recommendations and talking to business owners before making my choices. Sadly, due to the COVID pandemic and all the lockdowns a few have closed, but a lot of the businesses I support are still going strong. As a local business myself, I have been so lucky to continue to grow and work with lots of new clients and their dogs. And I work with local trainers as well.

To me, it's important to be part of the local community and supporting local businesses has become a way of life for me. I feel lucky to live here in Cranleigh and I'm beginning to know my way around. My dogs have their own local area too. In fact, because I don't have a garden as such, I take them out to the same place three or four times a day.



But they do always like to explore a new route

Do they get bored? I don't think so. I try and vary things a bit each walk so there are always new smells and interesting things to look at. And often we'll visit a local park or woodland for them to have a longer walk. However, being somewhere local is not always ideal when you let your dog off lead. Because they know where they are and are more likely to run off and not come back. They get overconfident and so do we sometimes. On a walk I am always



aware of "the point of no return" at which I need to put my dogs back on lead before they leg it! And that's part of getting your dog to come back even before you let your dog off.

If you're struggling to keep your dog local to you off lead, I'm running some monthly workshops on socialisation, loose lead walking and recall. Sign up to my newsletter list at my website to get the latest updates.

Enjoy the good weather and hope to see you all soon,

#### Sara, Edie and Rupert.

Contact me, Sara Bridgeman on 07504 925341 or visit my website at: www.rewardsdogtraining.co.uk



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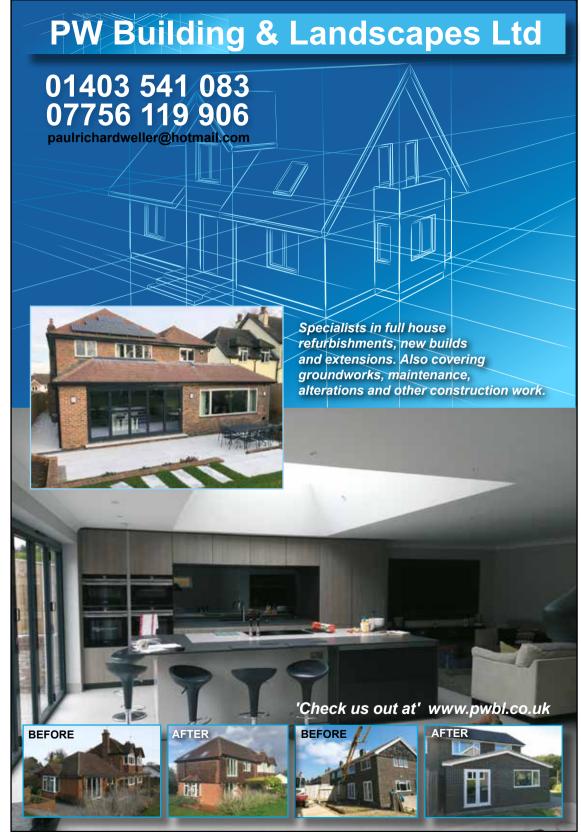
#### 퀴워크로 30 minute taster session \*

Taster sessions are subject to terms and conditions

For more information please telephone

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e: info@harrietshawfitness.co.uk

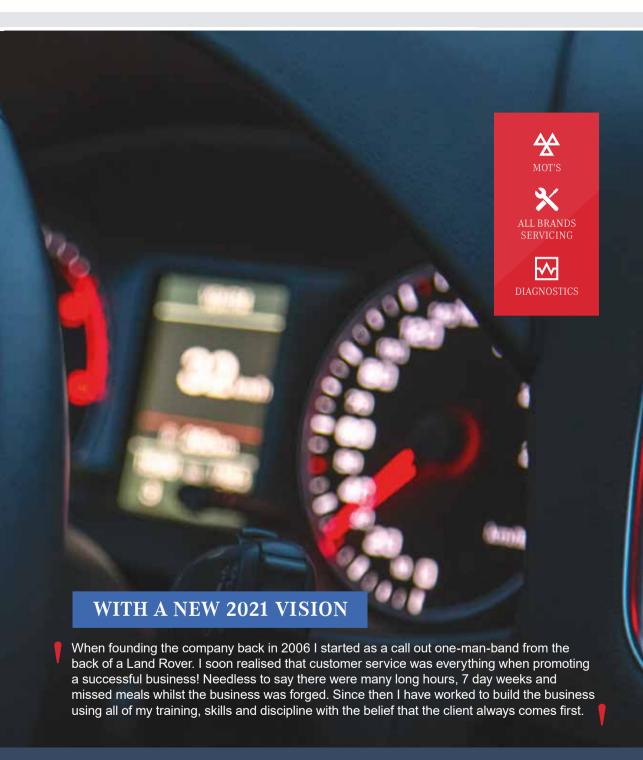




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Want to get more active? We're here to help! Walking's a great way to get fit, explore what's on your doorstep and make new friends. Tuesdays at 11am, 60 - 90 minute walk.

We meet up at Cranleigh Leisure Centre.

Sat every week



A  $5 \mathrm{km}$  running event taking place Saturdays at 9.00am, for anybody who wants to simply keep fit.

Bruce McKenzie Memorial Field Knowle Lane, Cranleigh

1 MAY



Join the outdoor Spring Willow Craft Workshop at this picturesque location and make a selection of Willow Crafts to take home. 10:00-16:00

Birtley Woodland Art Space, Bramley

19-20



Learn how to create delicious meals in a relaxed and informative environment surrounded by the crackle and pop of the fire. 10:00-16:30

The Salt Box, South Nutfield, RH1 4EJ

26 MAY



Come and experience the multi-award-winning midweek trail run series, best celebrated with a sunset drink from the Horsebox Bar! 17:00 – 19:00

Shalford Park, Guildford, GU4 8BL





Started a few months into 2019 and have between 10-14 players at a session. Play for an hour, with at least one break. Open to all 18:30 - 19:30

Cranleigh School, Horseshoe Lane, Surrey

1 - 16



To celebrate Bridget Riley's 90th birthday this year, this exhibition will explore the artist's love of sight and how it surprises us. 10:30 - 17:00

The Lightbox, Woking, Surrey, GU21 4AA

9 MAY

### BEE-KEEPING DEMONSTRATION

This exclusive session starts with an introduction into bees and bee-keeping with Sergio from Bee Friends, the only bee farmer in the Surrey Hills. 10:00 - 12:00

Albury Vineyard, Shere Road, GU5 9BW

23



Explore the beautiful grounds of Loseley Park and enjoy a feel-good festival environment with plenty of activities to treat your dog to a great day out. 9:30

Loseley Park, South Lodge Entrance, GU3 1HY

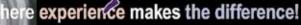
29-31



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#### By Penny Lynch

utility room is such a useful space to have in a home. Whether you're lucky enough to have a dedicated room, an area carved out from another room, or even just a cupboard, these are always high traffic areas that get a lot of use, and making the space work for you is key to helping your home run smoothly.

#### Make use of any spare wall space, floor to ceiling.

These slatted boards are an ideal choice for a utility area. Easily fit hooks, baskets or bins that make your space work efficiently. Plus they can be reconfigured very easily.



- Pull down ironing board. I rarely iron these days, just the odd shirt here and there, so having a pull down ironing board, firstly, takes up less space, as there are no cumbersome legs to it and secondly, can be popped down and back up incredibly easily.
- Concertina clothes airers are brilliant. They hold loads of laundry, you don't trip over them as you can with a free standing airer, and they tuck neatly against the wall when not in use.
- If you have a washing machine as well as a tumble drier, consider stacking them on top of one another, rather than having them side by side. This frees up valuable floor space.
- Consider if you need a door on your utility room or cupboard. Doors takes up valuable space (though pocket or sliding doors can help) and they can also potentially block light.

- Natural light is great, and you certainly don't want to be forced to do the chores in a poorly lit environment but you could consider resizing or repositioning the windows to give you more wall space.
- A combination of open shelving and cupboards will allow you to keep what you use all the time to hand, and less frequently used items hidden away.
- Utilise the inside of cupboards doors with hooks and small shelves. Really useful for storing cleaning products, for example.
- A utility area can be hidden with a curtain, if it's not located in it's own room. Easy to pull and conceal what's behind. And if you don't have a utility area or room, why not try and carve out a little niche somewhere in the house. Having a dedicated utility space makes doing the laundry or those dirtier jobs a lot easier.
- Consider mounting a small hanging rail. Perfect for drying shirts or t-shirts on a hanger, as well as having somewhere to put them once they are ironed.
- If you're like me and always finding loose change at the bottom of the washing machine, consider putting a donation box for your favourite charity into your utility room, then any coins that are found can go straight into the donation box.
- And don't forget to have a bag or container for those single socks, awaiting their partner!

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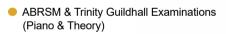
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#### Gardening Tips for May -

#### **A Local View**

By Gill Ford



A beautiful Bullfinch

The bitter cold spell last month did lots of damage to a number of shrubs, especially Camellias and Magnolias, turning all the flowers to brown soggy messes, which is such a shame. I had also planted out my brassicas and corn, so I am mindful of the following old saying 'Ne're cast a clout 'til May is out.' This is not referring to the month of May, but to the shrubby Hawthorn tree and it warns us not to think summer has arrived or to put our vests away just yet! Hawthorn is often referred to as May because it flowers this month

and with the blossom come the stunning Bullfinches, lovers of buds, especially those of the Hawthorn (inset). They are really lovely birds apart from their appetite for buds – so do look out for them in your garden and in fields and hedges.



I heard a very useful tip the other day regarding the purchase of herbs. It is much cheaper to buy pots of herbs in supermarkets and then split the plants into 3 – 4 separate plants and replant in other pots – they will grow stronger, last longer and some such as thyme, parsley and coriander can be replanted outside - a bargain especially as the lack of imports from the EU is causing problems with stock. Also, more people are gardening, so veggie seedlings and compost are becoming harder to find - darn it!

The increase in gardening activity means that now home gardens are the biggest source of food for pollinating insects such as bees and wasps in towns and cities, accounting for 85% of the nectar produced in urban areas, according to recent research. Three gardens can generate up to a teaspoon a day of the sugar-rich liquid found in flowers that pollinators drink for energy. This is the equivalent of more than a ton of food for an adult human being and is enough to fuel thousands of bees! So, get out there sowing seeds of poppies, wildflowers to many other species marked with the bee symbol in garden centres. I heard another amazing snippet on the radio today about foxgloves being introduced into the US. Apparently they grow really tall over there because of the warmer climate. Charles Darwin noted that the flowers in the UK are pollinated by bees but in the US, because of their height, these flowers are pollinated by humming bees!

I love this month because the bright yellows of the daffodils are replaced by a softer palette of blues and pinks and the range of plants is almost overpowering and SO tempting. I am introducing some more varieties of geraniums – which incidently bees love – such as the smaller G. 'Purple Pillow' and the taller G. 'Summer Skies'; also my favourite Aquilegia 'Blue Star' and 'Crimson Star', in clumps of 3 to give strength to the flower borders.

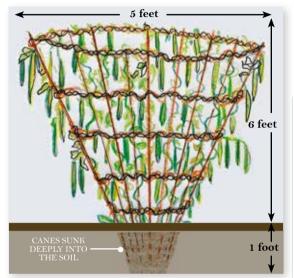


Geranium

I am trying out a new way of growing runner beans that I saw in Kirdford a few years ago and I have drawn a picture of it (opposite) and it might be worth trying this year too, if you are pressed for space to grow veggies!

Firstly you will need to really enrich the soil in your raised bed, with peat free compost and add slow releasing food granules. Then choose 12-15 sturdy canes or poles and arrange them in a circle, pushing them as far down as possible into the soil, so they are secure and angled outwards as shown. Then secure the canes together by winding string or willow prunings, in and out of the canes and then tying them to make a sturdy structure. It is also useful if you put in a central pole to use as an anchor for the rest of the structure. Then plant one or two bean plants next to each cane and tie them gently onto it with string.

### AN EXPERIMENT! CLIMBING RUNNER BEANS GROWING THE BEANS UP A CIRCULAR FRAME



The advantages of this structure, rather than using the normal wigwam, are as follows:

It takes up much less space in your veggie patch, so you can grow lots of other crops.
The plants have much more light and space.
The beans are more visible and easier to pick.
It looks more unusual and fun!

I will let you know how it works! Do enjoy your time in your garden, no matter how big or small and I find it so relaxing watching nature springing back to life.







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By Raymond Holt (An ex Cranleigh Village Bobby)

Old Henry was a gentleman,
A little bit old fashioned.
But all the ladies loved him,
His manners were never rationed.

Had a gentle sense of humour, With a twinkle in his eye. But sadly Henry became very ill, Would he live or would he die?

Inside the Cottage Hospital He made a little friend. A squirrel sat on his bed post, Played with him 'till the end.

On that dreaded day
When Henry passed away,
All the nurses stood around his bed
And cried.

And on his funeral day,
Half way to the church they say,
The alarm went off
On the undertaker's hearse.

People pointed stopped and stared
As the embarrassed driver did declare,
"I can't stop it
until we reach the church!"

The driver simply cursed
It was something not rehearsed
When a noise was heard
From inside Henry's coffin.

The sound was slightly muffled, Was it Henry having a chuckle? As his boys ran red faced into the church.

I'm sure Henry had a smile
As they carried him down the aisle,
A sense of humour
Is something he put first.

An excerpt from the book LOOKING OVER MY SHOULDER Copies are available by email: haygwen12@gmail.com for a list price of £7.99

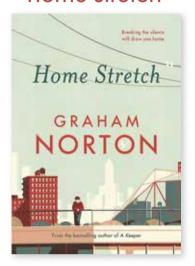








# Book Review Home Stretch



By Graham Norton

hame and longing can drift through generations, but the mysteries of the heart will not be buried for all time.

It is 1987, and a small Irish community is arranging a wedding. The day before the ceremony a group of young friends, along with the bride and groom, drive out to the beach. There is an accident. Three live, but three are killed.

The lives of the families are devastated and the rifts between them are felt throughout the small town. Connor is one of the survivors. But staying among the enraged and the mourning is almost as hard as living with the guilt of being the driver. He leaves the only place he's ever known for another life, taking his guilt with him. Travelling first to Liverpool, then London, he makes a home, of sorts, for himself in New York. The city gives refuge and hope for the displaced, somewhere Connor can forget his past and build a new life.

But the past, the unspoken longings and regrets that have come to haunt those left behind will not be stifled. And before long, Connor will have to face his past.

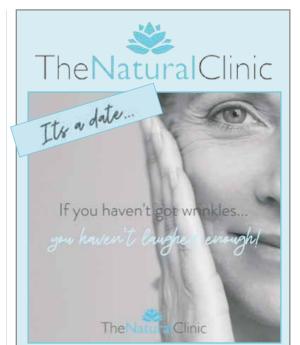
Graham Norton's powerful and timely novel of exile and return reveals his keen understanding of the power of stigma and secrecy, with shattering results.

"A compelling and moving story, expertly told, that will draw you in and keep you in its grip until the last page."

- The Daily Express

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# **Eating Local**

By Simone Conti

# Lazy Sunday Rosti Potato Serves 4

This easy-to-prepare dish can be used in many ways. I love to prepare it for brunch at the weekend but it can be served as a starter for dinner. I love to use duck eggs especially when poached, as there's so much more flavour with the delicious big yolk. The spicy tomato sauce will bring a bit of freshness, with a twist of spice to the dish. If you don't like spice don't add the chilli.

#### **Ingredients**

2kg Maris Piper potatoes, 80ml extra virgin olive oil, 200g of streaky bacon, white wine vinegar, 4 duck eggs, salt and black pepper to taste

#### For the Sauce

50ml of olive oil, 1 garlic glove, finely sliced, 1 small dried bird eye's chilli, seeded and chopped, 1 tsp dried oregano, 1 can of chopped tomato (400g)

#### **Preparation**

- 1. First let's start the sauce. Heat the olive oil in a heavy-based saucepan, add the garlic, chilli and oregano, and cook for 1 minute. Stir in the chopped tomatoes and cook over a low heat for 15 minutes, stirring occasionally. Keep warm until ready to serve.
- 2. While the sauce is simmering, peel the potatoes, then coarsely grate them into a colander. In handfuls, squeeze out as much moisture from the potatoes as you can and discard it, then put the potatoes in a bowl. Season the potatoes with salt and pepper.
- 3. Cook the streaky bacon in a large, non-stick frying pan until crispy. Remove from the pan and set aside to drain on kitchen paper.
- 4. Add the olive oil to the streaky bacon fat left in the pan and heat until smoking, then add the grated potatoes and push down evenly to form a large cake. Cook for 5-7 minutes until golden brown on the base, then flip over and cook for another 5-7 minutes. Transfer to large, warmed plate and keep hot.
- 5. Bring a pan of salted hot water to simmer add a dash of vinegar. Crack the eggs into the water (2 at a time max) and poach for about 3 minutes until just cooked.
- 6. Lift out the eggs and drain briefly on kitchen paper, then place on the potato rosti. Add the streaky bacon and drizzle the sauce over the top.

Recommended Wine:
Prosecco (Italy)

# 2 Creamy Fish Casserole Serves 6

I got this recipe when I was working (1998) in Wheeler's restaurant in Chancery Lane, a recipe originally from the early 80s. If you like fish pie you will love this. Blanch our potatoes with the skin on so we don't lose our potato starch and keep a nice texture and use a cider for the sauce. In our area we've got some amazing cider producers so we can ideally serve it with a lovely cold glass of delicious cider. This dish is very rich and so doesn't need any side, I usually just prepare a fresh mixed salad to go with it, which will cleanse your palate and bring freshness to the dish.

#### **Ingredients**

700g Hake, skinned and cut into bite sized pieces, 30g plain flour, salt and black pepper to taste, 40g butter, 15ml vegetable oil, 600ml dry cider, 2 bay leaves, crumbled, 900g old floury potatoes, scrubbed, 150ml single cream, 30g chopped fresh parsley

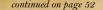
#### Preparation

- 1. Coat the pieces of hake in the flour seasoned with salt and black pepper to taste.
- 2. Melt 25g of the butter with the oil in a frying pan, add the pieces of hake and fry gently until golden on all sides. Remove from the pan with a slotted spoon and set aside.
- 3. Pour the cider into the frying pan and stir to dislodge the sediment from the bottom of the pan. Add the bay leaves and salt and pepper. Bring to boil and simmer for 5-7 minutes, then pour in a jug.
- 4. Blanch the potatoes in their skins in boiling salted water. Drain leave until cool enough to handle, then peel off the skins and slice.
- Put half the fish in the bottom of a shallow casserole. Stir the cream into the cider mixture, mix it well and then pour half over the fish.
- 6. Cover with half the potato slices, overlapping them so that they cover the fish completely. Sprinkle with half the parsley. Put the remaining fish on top of the potatoes, then pour over the remaining cider and cream.
- Cover with the remaining potato slices as before, then dot with remaining butter. Cook in the oven at 190c (mark 5) for 45 minutes. Sprinkle the remaining parsley over the top before serving. Done!





Recommended Drink: Cider (England)









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# Cranleigh Camera Club

**Latest News** 



ranleigh Camera Club was established in the 1960s and currently has around forty members of various photographic abilities. Below is the provisional programme for future meetings:

#### May 2021

6th - Outside Events competition | **Dave Brooker** 13th - 3 of a kind - 1 subject photographed 3 ways Members' participation

20th - Best PDI & Print; Best image of the year competition | Tony Baverstock

27th - Presentation: Creative flower portraits and still life | Polina Plotnikova

#### June 2021

1st - AGM & awards, followed by Refreshments | Members' participation

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If you would like to try bowls before these dates please do ring Roger on 01403 753140. Flat soled shoes are required, all other equipment is provided.

If you have recently moved to the area you will be made most welcome, please contact either of the above to find out more about our Club.

We look forward to welcoming you to our friendly club.

Please check these dates in light of COVID 19





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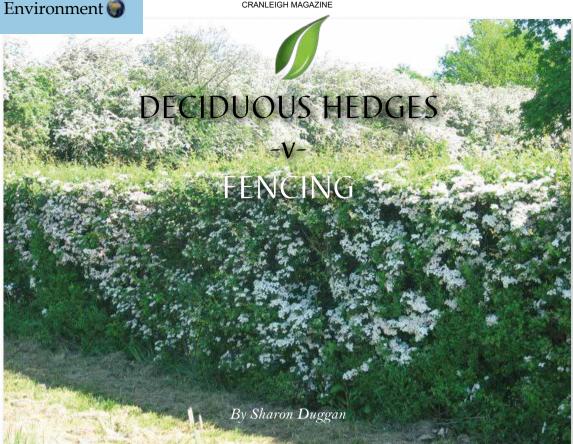
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y garden is completely surrounded by mixed deciduous hedging with a little bit of holly at Lathe top – and I love it, as do the birds! I have to admit that I've watched with dismay as some neighbours have pulled out their hedging, only to say some years later how much they miss it. I'm writing this month, therefore, to highlight the benefits of choosing hedging or even, if you're considering ripping your hedge out, to perhaps persuade you to change your mind!

As the title of this article suggests, I'm not talking about non-native evergreen hedging here that can quickly get out of hand, like Leylandii or laurel which also don't encourage wildlife or plants beneath them. No, I'm talking about deciduous native shrubs and slow growing trees from the U.K.

On one of my regular walks recently, it was a joy to watch a traditional hedge being laid. Unfortunately, this skill is dying out as more people get fencing instead - but the gradual demise of hedgerows in our gardens has an environmental consequence: soil erosion, more pests, more wind, more dust and far, far less biodiversity. This is especially the case if you live somewhere without lots of tree cover. Indeed, the RSPB have stated that: "... hedges may support up to 80% of our woodland birds, 50% of our mammals and 30% of our butterflies. They also provide habitat for frogs, toads, newts and reptiles."

#### The benefits of hedging

As such, our sometimes oblivious replacement of hedging with fencing is doing more damage than we could possible realise. There are numerous reasons, therefore, why it's better to opt for hedging over fencing, and here are some of them:

- Hedges capture pollution, so if you suffer with a respiratory problem e.g. asthma, a hedge is more of a must than an option. Indeed, I remember seeing a news item a few years ago whereby a hedge had been planted at the front of a row of houses on a busy road, as a scientific experiment. It decreased the air pollution in a quantifiable way.
- Hedges mitigate flooding risk, plus they actually conserve water by blocking summer winds which speed up evaporation (this is worst of all on a windy day apparently!). Instead, hedgerow trees and shrubs store water in their root systems and will ultimately save you time watering your garden!
- Hedges provide food and shelter for wildlife and also act as "wildlife corridors", providing a safe channel for wildlife to move around; a deciduous hedge will also encourage more wildlife diversity than planting a wildflower patch!
- Hedges stabilise soil erosion by slowing down water as it runs over the hedge roots.

- There's absolutely no doubt that a native, deciduous hedge looks gorgeous – there just no contest when it comes to how a hedge looks compared to a fence!
- A hedge is much more effective as a sound barrier than a fence. My own hedge is testament to this!
- Hedges are a great security feature, especially if you plant prickly shrubs/trees like hawthorn, blackthorn or dog rose!
- Hedging is ultimately a much cheaper option, as you
  won't need to replace it or paint it at regular intervals
  plus, if you choose slow growing shrubs and trees
  they will be relatively low maintenance.
- Hedges can also of course provide you with food! You
  can grow a number of edibles in a hedge (more
  recently called a "fedge") for example: blackberries,
  blueberries, hazel nuts and lots more!
- If you're still not convinced then ensure that any fencing you opt for is FSC fencing (Forestry Stewardship Council), otherwise you could find that your fence panels have come from the Amazon rain forest (about 18% of wood imported into this country is from tropical rainforest) – and of course, fencing has

no benefits for wildlife! I'm particularly thinking here of the fencing we see these days with concrete all along the bottom preventing hedgehogs, toads, frogs,



newts from travelling between gardens (and we know for certain that hedgehogs – whose population has plummeted over the past thirty years – need to be able to move between a few gardens in order to thrive). If you have a fence, then cut a CD sized hole in it at the bottom so that animals can move from one garden to another.



Hopefully I've convinced you and I do appreciate that if you're starting from scratch it will take time for a hedge to become established (four – eight years) – but it's worth the wait because, quite apart from all the benefits I've mentioned above, hedges are interesting to look at, with scent and insects etc. and don't make you feel boxed in like a fence does, because they're alive.

#### **Choosing hedging plants**

Finally, what types of trees and shrubs should you choose? Well, on the one hand you want slow growing

plants because then you won't have to cut the hedge too often, but on the other you want it to be nice and dense. I'd recommend the following:

- Alder Buckthorn Beech Blackthorn \*
- Hazel (catkins)
   Holly \*
   Wild cherry \*
- Wild privet \*

(N.B. \* indicates that these are flowering plants)

... and while you're waiting, you can always plant some honeysuckle. It's a rampant grower so it will provide cover quickly, in addition to which it has beautiful flowers with a heady scent).

**More information:** If you want to find out more, then have a look at this report from the Royal Horticultural Society:

www.rhs.org.uk/science/pdf/increasing-environmental-resilience-of-gardens.pdf

www.facebook.com/howtoliveagreenerlife





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By Stephen Dennison (Volunteer)

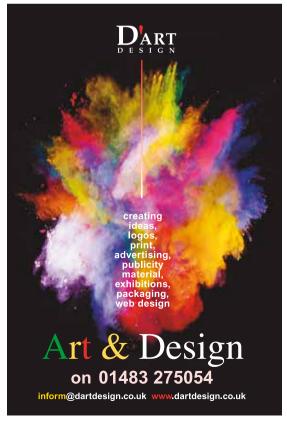
y wife Gina and I have been volunteering at Cranleigh Arts Centre since the mid 1990's when Harry Secombe was the Patron, Catherine Pike the Chairman of Trustees, Sainsbury's was still Gateway and Cranleigh had a specialist bookshop and the Regal Cinema! During that time Cranleigh Arts has become the cultural hub of our community. Gina was at the desk for Friday Box Office and I joined as a Trustee to help with business and finances. I eventually became Chairman of Trustees and did my bit to steer the Centre to the successful and thriving community charity that it has become. I am what you might call a multi-purpose volunteer. I understand that volunteering means commitment and I am one amongst the one hundred or so volunteers in total who generously donate their time to Cranleigh Arts.

My first interest in marketing and promotion of Cranleigh Arts to the community, both in Cranleigh and surrounding villages. Three times a year I walk through Ewhurst and Rudgwick delivering Cranleigh Arts brochures. It gets me out and keeps me fit. I know all the dogs who bite! Most of all I enjoy meeting people on my rounds; engaging with them about what Cranleigh Arts does. For me, these walks are part of building our community. Secondly, I volunteer as a Duty Manager. This is based at the Centre on the High Street and starts with security and well-being of volunteers and customers while they are in the building. It is very sociable since there is always a continuous stream of local people dropping in, coming for a class or a coffee, tea and cake! I much enjoy people who come in to find out about what is coming up for entertainment, to enquire about the building, for a tour of the current art exhibition, or are

new to the area and want to be introduced to the village. I am very much looking forward to welcoming people through our doors again. My third volunteer activity is an indulgence of my passion for classical music. In 2015 I started the Cranleigh Arts relationship with the Martin Music Scholarship Fund of the Philharmonia Orchestra whereby a number of their young performers were encouraged to get chamber concert experience outside of London. My volunteer role is to plan the annual concert season by instrument, identify and select top class international professional performers to bring to Cranleigh Arts for the entertainment of our local community.

Generally, I am looking forward to a return to active volunteering and joining the many volunteers I used to see regularly and restarting the chat and conversations and shared stories which we all enjoy. The standards of customer service that we achieve at Cranleigh Arts are a credit to the whole team and I am proud to contribute my little bit. Which is why I am very happy to be able to announce that Cranleigh Arts will be reopening with a piano recital from Luke Jones on 19th May 2021. As well as opening to full capacity events 21st June 2021 with (event).

Tickets are available right now on our website www.cranleighartscentre.org and be sure to follow us on Facebook/ Twitter/Instagram @CranleighArts to stay up to date on all our upcoming events. I hope to be able to welcome you soon to one of our world class events.



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# Cranleigh Cottage Hospital Building Updates

By Sue Dale

Readers may have noticed unmarked white vans at the Old Cranleigh Hospital building recently. Three lads from a roofing contractors spent some time removing tiles, then an elder tree and other vegetation which had grown against the sloping roof, and then replacing the tiles. This is a start on the long journey to making the Grade II listed building (15th Century) safe from the elements. NHS Property Services usually use these chaps. They were happy to chat and commented that the interior "smelt like my old aunty's place". When asked about the chimneys they replied that they are not on their work list. We did notice that the roofers used cement to re-set the tiles - which would not have been used in the distant past, but perhaps it is unavoidable.

NHS Property Services are hoping to gain permission from the NHS about future uses of this oldest part of the complex, and perhaps release it for villagers to use. This is because it has lain unused for ten years and is unsuitable for modern clinical use. There are many other rooms that are also unused, but they are Victorian or younger, and could be soundly converted for more services, which the League of Friends and SMART Cranleigh, and others, are campaigning for. Cranleigh Society, working with the League of Friends and Cranleigh Parish Council, plus Surrey County Council (Cllr Andrew Povey), are working on a feasibility study for its future. We look forward to getting on with this, once the NHS reply to NHSPS.

Sue Dale, secretary Cranleigh Civic Society membership@cranleighsociety.org
Beverley Bell, Cranleigh Parish Council clerk@cranleighpc.org





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We have all known the long loneliness, and we have found that the answer is community. **Dorothy Day** 







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ranleigh Arts is proud to announce it's reopening for socially distanced audiences on 19th May 2021 (Government roadmap depending) alongside our fantastic programme of live streamed events.



Classical:

Florian Mitrea – Pianist, 4th May 2021, 1pm – Donations Appreciated. Online stream Only

Described by Martha Argerich as 'an outstanding young pianist', British-Romanian pianist Florian Mitrea was

a double-laureate at the 2017 Scottish, 2015 Hamamatsu, and 2014 ARD Munich International Piano Competitions. He won the 2018 Royal Overseas League Piano Competition, and was a major prize winner at the 2018 Harbin – China, 2017 St Priest, and 2016 James Mottram-Manchester International Piano Competitions. He was the top prize winner at the 2018 New York International Piano Festival, and consequently gave his debut performance at Carnegie Hall. He was a Making Music 2017-19 Young Artist, a Kirckman Concert Society artist, and was selected to perform in the historic Manchester Mid-Day Concerts series.

#### Programme:

L. van Beethoven -

Sonata op. 53 in C major 'Waldstein' (25')

Fr. Liszt -

Apres une lecture du Dante, Fantasia quasi Sonata (18') The Cranleigh Arts lunchtime concert series is kindly sponsored by Informed Choice Independent Financial Planners.



Classical:
Luke Jones – Pianist 19th May 2021,
7:30pm – Tickets: £15.
Online stream and socially distanced audience

Luke Jones is a Welsh pianist. Originally from Wrexham in North Wales,

he started playing the piano at the age of 5 and made his debut recital at Oriel Wrecsam aged 10. Luke has won prizes in competitions around Europe notably 2nd Prize and Mompou Prize at the prestigious Maria Canals Inter-

national Piano Competition, 1st Prize at the Bromsgrove International Musicians Competition, 1st Prize in "Aci Bertoncelj" International Piano Competition, Slovenia. 1st Prize in "Section A" Chopin-Roma International Piano Competition, Italy. Luke was also awarded the RNCM Gold Medal, the college's highest award for Performance. He has performed with orchestras such as BBC National Orchestra of Wales, Manchester Camerata, Orchestra of the Swan and Jove Orquestra Nacional de Catalunya. Luke would like to express his gratitude to the Drake Calleja Trust for their financial assistance in his studies and career development.

#### Programme:

Bach: Italian Concerto in F (12')

Bach: French Suite No.5 in G (17')

Feinberg-Tchaikovsky:

Scherzo from Symphony No.6 (9')

Interval

Myaskovsky:

Sonata No.2 in f-sharp minor, Op.13 (14')

Liszt: Sonata in B minor, S.178 (33')



Classical: Mithras Trio – 28th May, 7:30pm – Online Stream and Socially distanced Audience. Tickets £15

Mithras Trio; winners of the 10th

Trondheim International Chamber Music Competition, 67th Royal Over-Seas League Music Competition, Royal Philharmonic Society Henderson Award 2019, Cavatina Intercollegiate Chamber Music Competition 2019 and the St. James Chamber Music Competition 2018, the Mithras Trio came together in 2017 at the Guildhall School of Music and Drama. They have performed at many of London's major venues, including Queen Elizabeth Hall, Purcell Room and Milton Court Concert Hall. They were selected as Kirckman Concert Society Young Artists for the 2019/2020 season, and are on the Countess of Munster Trust Recital Scheme. They are passionate exponents of contemporary music, having worked extensively with Helen Grime and Julian Philips, and gave the world première of a new piece by Péter Tornyai at the Solti Hall in Budapest, who dedicated the work to the Mithras Trio after working with them.

#### Programme:

Mozart: Piano Trio in B flat Major, K. 502 (21')

I. Allegro

II. Larghetto

III. Allegretto

Schumann: Piano Trio No. 2 in F Major, Op. 80 (24')

I. Sehr lebhaft

II. Mit innigem Ausdruck

III. In mässiger Bewegung

IV. Nicht zu rasch

Interval

**Chausson:** Piano Trio in G minor, Op. 3 (45')

I. Pas trop lent. Anime

II. Vite III. Assez lent IV. Anime

**BOX OFFICE INFORMATION** - Tickets available for both online stream and in person audiences available only at *www.cranleighartscentre.org* 

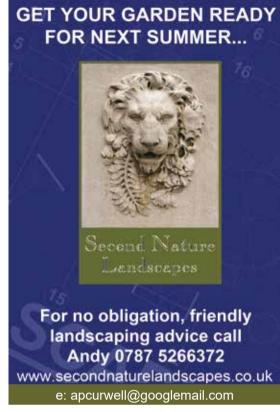
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Mrs Johnson, Godalming



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# The Wonderful World of Props

### What is a Prop Maker?

By Christopher Sutton



A replica puppet of 'Robin the Muppet' from the Muppets

hen someone asks what exactly I do, and I respond with 'Prop Maker', more often than not I'm met with a slightly nonplussed semi absent minded kind of expression. One that if you were to see out of context could well be mistaken for that of bemusement or in extreme cases, the lack of all comprehensive brain function entirely. The truth is though that to attempt to define 'Prop Making' you really are opening up a whole can of worms. From puppets to model making, to displays and stage props, the list is ever growing and seemingly never ending. In this article I hope to sum up exactly what I personally see as the broad definition of a 'Prop Maker' broken down in terms of the key principles and thought process that goes into each and every build.

When someone approaches me about a commission it could essentially be anything. In the past I've hand made parts for vintage cars and more recently, built a replica of 'Robin the Muppet'! My first impulse is always to find a way to connect and engage with the object, more often than not in my world that's very easy, with my love of film and TV, making cinematic replicas etc is an easy thumbs up. Sometimes though this connection and therefore drive can be found through the process of design or my wish to excel my knowledge in a particular build process and have an excuse to forward my understanding of the given materials involved. Often this connection can lead to the understanding of how to get a project to the finishing line in the best way possible and enable me to really engage with the research.

Before setting sail on any build the main thing is to really get stuck into the research. This could be about a particular design aesthetic for example, or the best way to go about constructing the piece and the workability of any given materials involved. This step can actually often take up the greater majority of a commission schedule, but once that framework is in place and I know with as much



Twenty Wood Turned Cork Trophies in the process of being made'

certainty as I can how each step will progress in turn, the pressure can really ease off and the creativity and confidence is able to drive me forwards. This can also free up mental space to contemplate any unforeseen issues that can arise and find the solution with a much clearer head. The more I find myself aware that the goal is not just to be a good maker, but a researcher and planner, the more I find I'm able to understand the scope of a build and how I'm to go about it.



A full size replica 'Wicket the Ewok' from 'Star Wars

In order to have the ability and confidence to take on such a broad scope of jobs it's important to have enough knowledge of past experiences in any given area to fall back on. This stands as a foundation for which avenues to explore in terms of the construction methods and best ways to approach the task altogether. In the early days jobs definitely seemed much more daunting, but I'm now lucky enough to have had the chance to work on such a large and exciting array of jobs and with specialist equipment that my initial instincts can usually grasp where exactly I should start my investigations and planning for how to best reach my end goal to meet the client's wishes. When a build is particularly perplexing, through prior experience to even understand the most basic line of inquiry to begin planning, I can usually find where to start which ultimately helps me reach my goal. Another positive outcome from this is that in the future the experience gained will be added to my forever growing arsenal for later projects and provide even more of a broad skill set.

To sum up, in my opinion the job of a 'Prop Maker' isn't one that can necessarily be rounded off and explained in just one sentence. It covers such a huge spectrum of skills and creativity that very often don't quite fit into a clean definition. To me any maker that can approach their project with an open mind and certain way of thinking could be called a 'Prop Maker', no matter what level that is on, profession or otherwise. I think it's very important to find that connection with the job no matter what that may be, and help get it done just right. To this day, every single project that leaves my door I truly feel I have engaged with wholeheartedly and become passionate about. Researching the task to its fullest also helps grow confidence during the build that frees up the mind to overcome any difficulties that will inevitably arise. Finally, the greater the backlog of experience the more easily the starting point can be found and more knowledge will be gained to be utilised when the proper time arises.



Hand machined 'Sonic Screwdrivers' from 'Doctor who' two designed by myself

In the future when people pretend to understand what I mean when I say 'I'm a Prop Maker' with a little half -hearted nod for courtesy, then proceed to ask what I've acted in lately or what camera equipment I use (yes this has happened!) I may have some sympathy, it really isn't completely public knowledge what exactly it means to be a prop maker and the definition is ever growing, expanding and to me truly exciting. When those people need someone to make a model of the surface of the moon, a fully articulated whale skeleton or even life cast their own head, I'll know I've always got an ace up my sleeve...

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